Stock Selections & Timing

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> October 4, 2010 (data through previous Friday's close Volume 1 Issue 18

Short-Term Top

It is always interesting to look back and try to correlate the market's moves with investor emotions. Sometimes we can clearly see the turning points. It's an art though, not a science. It also doesn't always work to perfection.

For example, remember back in July when the market looked like it would plunge?

The majority of services became very bearish. I countered that the "new" low was part of the same correction pattern and that the market should instead form a bottom.

More recently we are seeing the opposite. Advisors and investors are increasingly bullish. Yet we are at a market high.

It's not how we want to invest; that is, getting bearish at the lows and bullish at the highs. We want to do the opposite, trying to "buy in fear" and "sell in greed". In other words, we want to try to buy at lows and sell at highs.

The idea works in tandem. To have the capital available at

(Continued on bottom left on page 4)



The chart is the daily S&P 500 with an 80-day moving average.

SCOREBOARD

Model	YTD	52-week	26-week	13-week	4-week	1-week
Stock Portfolio	2.1%		0.8%	-1.0%	2.2%	0.6%
Dow30 Portfolio	3.9%		-1.0%	10.8%	3.5%	0.1%
Wilshire 5000	4.4%		-1.3%	12.6%	5.3%	0.1%
Dow Industrials	3.9%		-0.9%	11.8%	3.7%	-0.3%

CONTENTS

Stock Portfolio

ACTION F	OR				PORTFOL	O DETAILS				,	Value as of	date:	10/1/2010
Action			Action	# of	Action	(Closing		Start	Ending	# of	Current	Percent of
Dates	Action	Symbol	Price	Shares	Value	Symbol	Stop	Yield	Price	Price	Shares	Value	Total
2/8-2/12	buy	TIII	1.28	7,813	10,000	TIII			1.28	1.26	7,813	9,844.38	9.6%
						DRAD			1.95	2.05	5,128	10,512.40	10.3%
2/22	buy	DRAD	1.95	5,128	10,000	ECGI			0.98	0.86	10,204	8,775.44	8.6%
						GENC			7.82	7.11	1,278	9,086.58	8.9%
4/5 -	buy	ECGI	0.98	10,204	10,010	SILU			1.41	1.80	7,092	12,765.60	12.5%
6/1 -	buy	GENC	7.82	1,278	10,004	TAXI		8.6%	7.11	8.06	1,406	11,332.36	11.1%
6/14 -	buy	QCC	1.41	7,092	10,010								
5-Aug	buy	TAXI	7.11	1,406	10,000								
23-Aug	buy	ANH buy up to	6.86 o \$6.95	1,449	9,952								
25-Aug	stop	ANH	6.72	1,449	9,747								
						Money Ma	arket			1.00	39,795	39,795.00	39.0%
										Total \	/aluation=	102,111.76	100.0%

REVIEW since last issue

TAXI has had a nice ride.

DRAD starting to stir again.

Dow 30 Portfolio

ACTION	FOR				PORTFOLI	O DETAILS	}			١	√alue as of	date:	10/1/2010
Action			Action	# of	Action		Closing		Start	Ending	# of	Current	Percent of
Date	Action	Symbol	Price	Shares	Value	Symbol	Stop I	Description	Price	Price	Shares	Value	Total
3-May	sell	CVX	82.83	43	3,562	DIA			103.83	108.32	771.04	83,519.05	80.4%
3-May	buy	VZ	29.29	50	1,475								
3-May	buy	PFE	16.91	60	1,025								
3-May	buy	AA	13.15	231	3,048								
						PFE			17.86	17.18	227	3,899.86	3.8%
2-Aug	sell	T	26.69	120	3,213	AA			13.15	12.23	231	2,825.13	2.7%
2-Aug	sell	VZ	29.56	155	4,592	XOM			65.11	62.54	46	2,876.84	2.8%
2-Aug	buy	BAC	14.44	200	2,898	BAC			14.44	13.30	200	2,660.00	2.6%
2-Aug	buy	JNJ	58.72	50	2,946	JNJ			58.72	61.75	50	3,087.50	3.0%
						Money M	l arket			1.00	4,985 _ /aluation=	4,985.00 103,853.38	4.8%
										iotai v	aluation-	100,000.00	100.070

Company	Symbol
Alcoa	AA
American Express	AXP
Boeing	ВА
Bank of America	BAC
Catepillar	CAT
Cisco	CSCO
Chevron	CVX
DuPont	DD
Disney	DIS
GE	GE
Home Depot	HD
Hewlitt Packard	HPQ
IBM	IBM
Intel	INTC
Johnson & Johnson	JNJ

Company	Symbol
JP Morgan	JPM
Kraft	KFT
Coca-Cola	KO
McDonalds	MCD
3M Company	MMM
Merck	MRK
Microsoft	MSFT
Pfizer	PFE
Proctor & Gamble	PG
ATT	Т
Travelers	TRV
United Technologies	UTX
Verizon	VZ
Wal-Mart	WMT
Exxon Mobil	XOM

For this portfolio, we seek to outperform the Dow Industrials using proprietary timing and weighting formulas of the underlying thirty stocks of the Dow Industrials . We also will use the ETF that tracks the same. The symbol is DIA.

We monitor the underlying individual stocks for buys and sells in order to overweight the portfolio to what is expected to outperform and underweight the portfolio with what is expected to underperform.

REVIEW since last issue

Sell 1/2 DIA today.

Feature Company

NONE THIS ISSUE

(Continued from page 1)

lows, we have to sell at highs.

So, with that in mind, I intend to be a bit more active in the portfolios in the months ahead. For example, the market appears at a short term high. So I will sell part of DIA in the Dow 30 Port-

folio. It is at a short-term resistance area. You can see this on the chart on page 1.

Basically the market was realizing what I've been saying all along. The economy is not in that bad of shape. Yes, things have slowed down, but it is still expanding. As such, it is not contracting, which would imply a recession.

So, I expect a market pull-back here and will look to reenter at lower levels.

Descriptions & Disclosures

PORTFOLIO DESCRIPTIONS (pages 2 and 3)

Our guiding goal is to provide the most return with the least risk.

The portfolios were started on 1/1/10 with \$100,000.

Portfolio changes will usually be made either at the close on Monday (the day this eNewsletter is posted), unless otherwise noted.

Portfolios are updated through the preceding Friday's close.

Dividends are paid in cash. Interest is zero for the money market (cash) position.

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