

ETF Selections & Timing

Watercourse Way Holdings, LLC

P.O. Box 830396
Richardson, TX 75083-0396
972-680-2366

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Volume 1
Issue 42

Buy on Rumor and Sell on News

As we all know, the Federal Reserve has begun its quantitative easing round II program (QE II). It will buy some \$600 billion of bonds in an effort to expand the money supply, bring down long-term interest rates, and stimulate the economy. So far, however, bonds have tum-

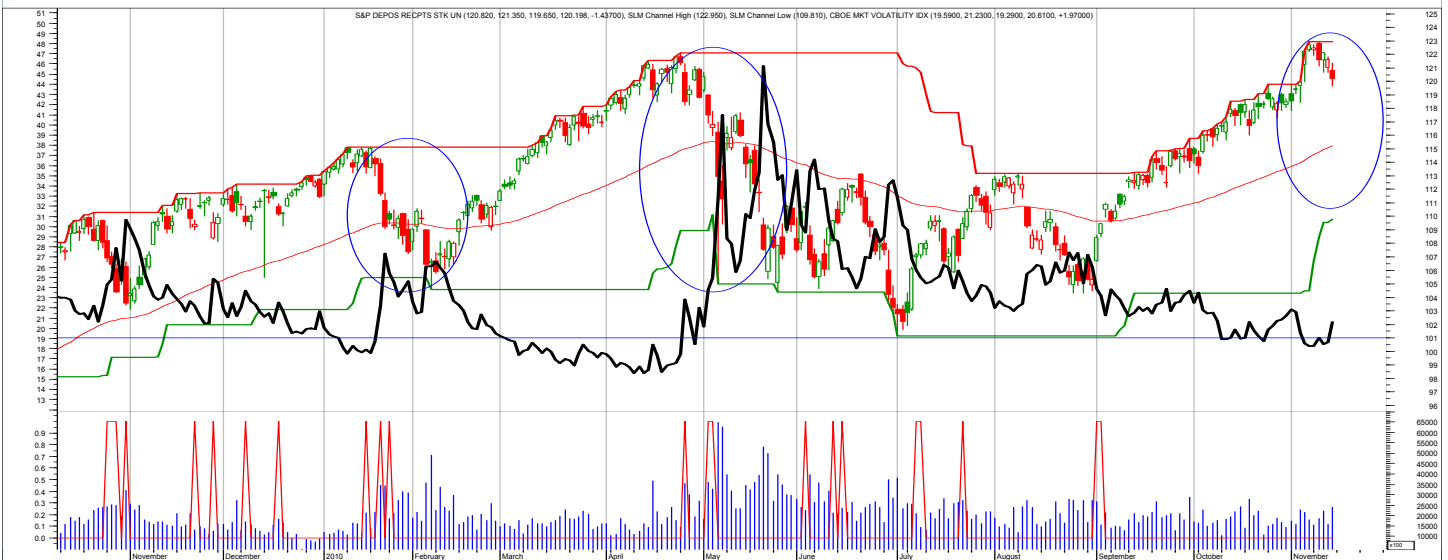
bled and the stock market has marked a peak at the announcement on November 4. The week's tale is told on the Scoreboard below.

The chart below shows the S&P 500 and the VIX index (volatility). Over the last year, each time the VIX index fell

below 19 and then rallied back above 19, it marked a top. I've circled the two previous times this happened and the subsequent corrections.

The first time this happened the S&P 500 fell about 9% to its

(Continued on bottom right on page 6 see REVIEW)



The chart shows the daily S&P 500 with red smoothed line an 80-day moving average. The black is the VIX index. The lower part shows blue volume and red spikes as possible trading signals.

SCOREBOARD

Model	YTD	52-week	26-week	13-week	4-week	1-week
ETF Income Portfolio	6.4%		5.5	2.6	-0.7	-1.1%
ETF Growth Portfolio	7.4%		4.4	5.6	0.1	-0.3%
Aggrgt Bond (AGG)	4.2%		2.4	-0.4	-0.5	-1.0%
Wilshire 5000	9.6%		6.1	12.4	2.2	-2.1%

CONTENTS

Page 2-3Income
Page 4-6Growth
Page 7Database
Page 8Disclaimers

Income Portfolio

ACTION FOR			PORTFOLIO DETAILS				Value as of date: 11/12/2010						
Action Date	Action	Symbol	Action Price	# of Shares	Action Value	Symbol	Closing Stop	Description	Start Price	Ending Price	# of Shares	Current Value	Percent of Total
7-Sep	sell	PHB	18.02	600	10,812	PHB			17.71	18.57	1,050.6	19,509.59	18.3%
7-Sep	buy	AGG	108.33	120	13,000	TIP	108.00		104.93	110.01	120.9	13,302.17	12.5%
27-Sep	sell	PHB	18.20	600	10,920	BSV	81.00		80.25	81.51	204.5	16,669.53	15.7%
27-Sep	sell	BSV	81.70	100	8,170	AGG			105.13	107.51	169.0	18,167.79	17.1%
27-Sep	buy	PCY	27.65	651	18,000	PCY			27.65	27.88	654	18,220.86	17.1%
4-Oct	sell	PHB	18.28	1,000	18,280	TLT			101.08	95.81	100	9,619.99	9.0%
18-Oct	buy	TLT	101.08	100	10,108								
						Money Market			1.00		10,890	10,890.00	10.2%
									Total Valuation=			106,379.93	100.0%

PERFORMANCE RANK

SYMBOL	NAV	RoC
PCY	27.88	20.81%
IEF	98.03	20.37%
BWX	60.04	20.04%
PHB	18.57	18.57%
TIP	110.01	18.33%
PFF	39.57	16.69%
HYG	89.82	13.57%
TLH	117.42	12.41%
LQD	110.45	9.81%
GVI	109.97	9.19%
BND	81.84	7.06%
AGG	107.51	6.69%
PLW	28.58	6.15%
MBB	109.36	6.09%
IGOV	104.62	4.91%
BSV	81.51	4.64%
FXE	136.40	2.73%
SHY	84.16	1.07%
TLT	95.81	-8.75%
TBF	43.77	-12.17%
TBT	36.82	-24.83%
PST	39.50	-63.73%

INCOME DATABASE

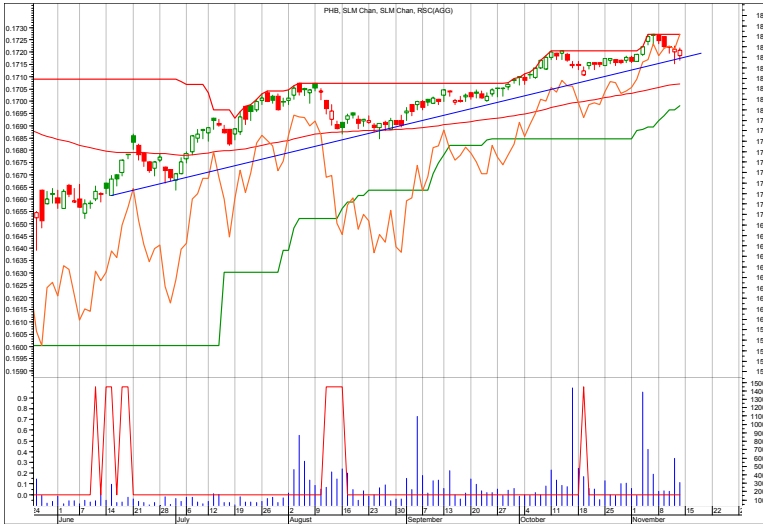
iShares Agg Bond	AGG
Vngrd TTL Bond	BND
Vngrd ShrtTrm Bond	BSV
SPDR Intrntl TBond	BWX
iShares Inter Gov	GVI
iShares High Yld	HYG
iShares 7-10yr Trsry	IEF
iShares Intrntl Tbond	IGOV
iShares Long Corp Bond	LQD
iShares Inter Bond	MBB
PS Emrg Mrkt Bnd	PCY
PS High Yield	PHB
PS Laddrd 1-30 T	PLW
iShares 1-3 yr Trsry	SHY
iShares Trsry Infltn	TIP
iShares 10-20 Trsry	TLH
iShares 20+ yr Trsry	TLT
Currency	FXE
Preferred	PFF
Ultrashort 7-10 yr T bond	PST
Short 20 yr T bond	TBF
Ultrashort 20 yr T bond	TBT

WEEKLY REVIEW and PREVIEW

Things have certainly reversed quickly in the bond market from up to down over the last week.

I will look to make some adjustments in the weeks ahead as the macro environment seems to be changing on QE II.

Income Charts



PHB—high yield ETF.

11/15/10 Pullback to a major uptrend line. If it declines through it, I will look to sell.

11/8/10 Still looking strong.

11/1/10 Still in an uptrend

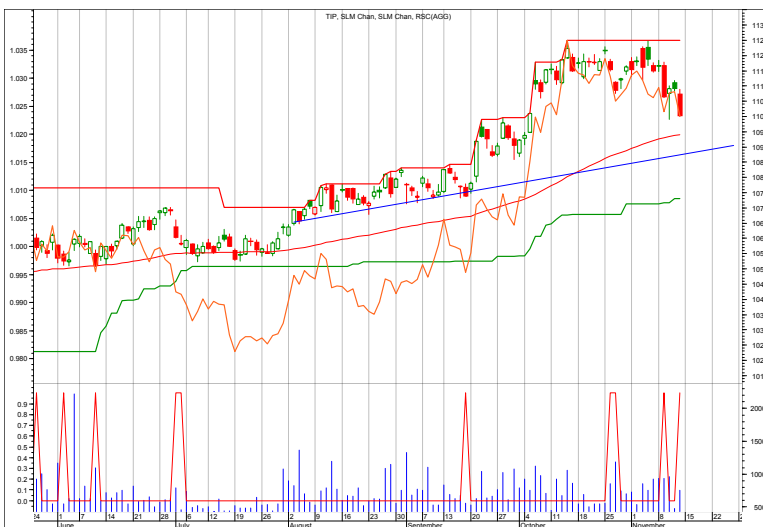
10/25/10 Needs to hold its intermediate-term up trend line.

10/18/10 Recovery highs.

10/4/10 Take further profits on the rally.

9/27 Take profits and redeploy as noted on page 2.

9/20 PHB is rallying back into resistance. I'll watch for more profit-taking points.



TIP—Treasury inflation protection

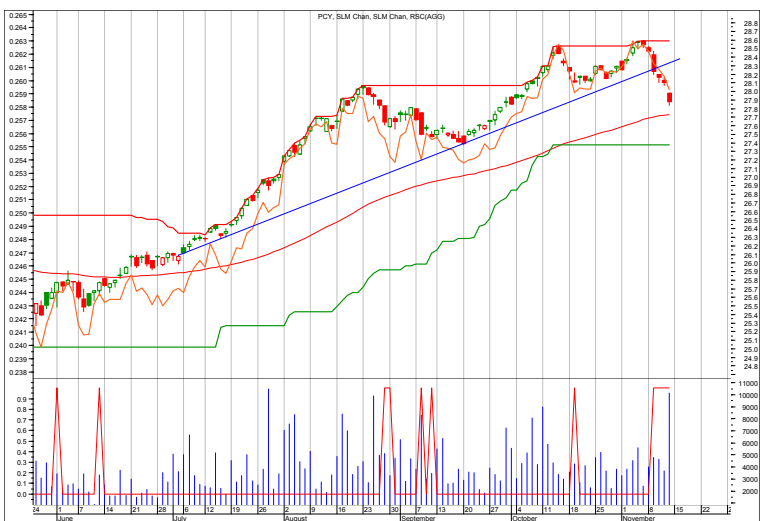
11/15/10 Consolidation appears to have changed to profit taking. Sit tight for now.

11/8/10 Consolidation phase.

11/1/10 Continue to hold.

10/25/10 Shot higher the past month.

10/18/10 Inflation fears pushing it up.



PCY—Emerging Market Sovereign Debt

11/15/10 Dollar has rallied, which has pulled PCY lower. Will look to sell.

11/8/10 Hit the new high. See if the dollar has an oversold rally, which would pull this index lower.

11/1/10 Expecting another new high.

10/25/10 Higher highs and higher lows is bullish.

10/18/10 Nice trade.

10/4/10 Should make a new high, else consolidation period ahead.

9/27/10 Good buying opportunity.

Each chart shows daily prices (top portion), volume (bottom portion), a moving average (smoothed red line on price portion, a relative strength indicator between the ETF and AGG (Aggregated bond ETF) (orange line), and red spikes. The spikes show potential places to buy and sell short. If the moving average is trending down, the spike shows a potential sell shorts. If the moving average is trending up, the spike shows potential buys. The charts do not show selling or covering signals.

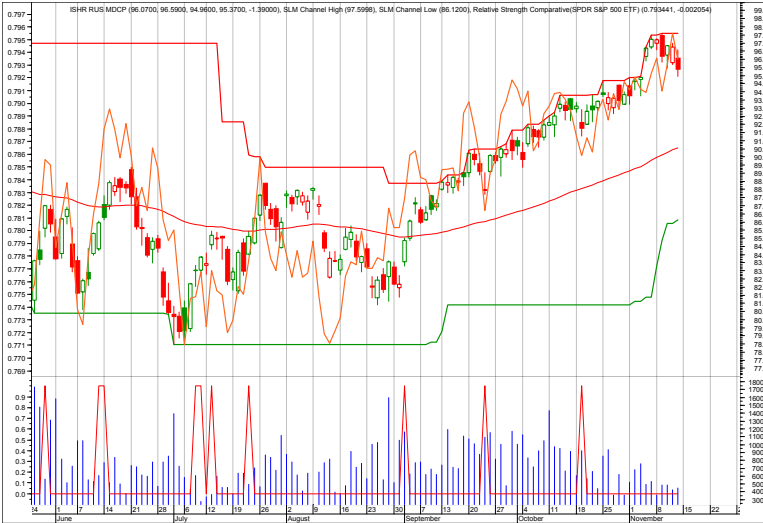
Growth Portfolio

ACTION FOR			PORTFOLIO DETAILS				Value as of date:		11/12/2010				
Action Date	Action	Symbol	Action Price	# of Shares	Action Value	Symbol	Closing Stop	Description	Start Price	Ending Price	# of Shares	Current Value	Percent of Total
						LONG ETFs-							
30-Sep	sell	IGW	47.31	230	10,881	IWR	89.00		82.25	95.37	21.5	2,050.46	1.9%
30-Sep	sell	EWS	13.21	400	5,284								
30-Sep	sell	IWR	90.34	220	19,875	IYM	66.00		61.38	70.74	162.9	11,523.55	10.7%
30-Sep	buy	RSW	47.93	200	9,586	XLU	31.00		30.67	31.34	300.0	9,402.00	8.8%
8-Oct	sell	RSW	45.93	100	4,603								
18-Oct	sell	ICF	65.32	174.2	11,389	RSW			47.93	42.97	100.0	4,297.00	4.0%
15-Nov	buy	IWR		100									
15-Nov	buy	EWS		400									
						SHORT ETFs-							
						RSW is a 200% short position							
						Cash from short							
						Money Market							
						1.00 80,121 80,121.00 74.6%							
						Total Valuation= 107,394.00 100.0%							

WEEKLY REVIEW

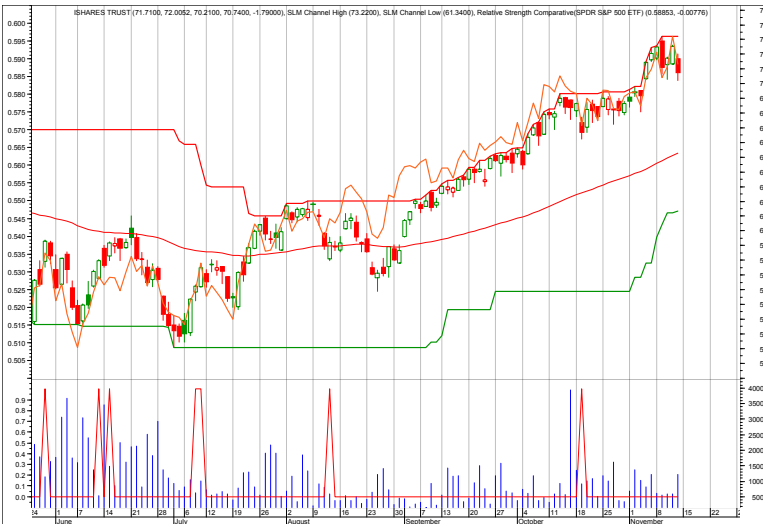
I will reenter IWR today (Monday) as noted above. I will also buy EWS on this pullback.

Growth Charts



IWR—Midcap

11/15/10 Buy on the pullback.



IYM—Basic Materials

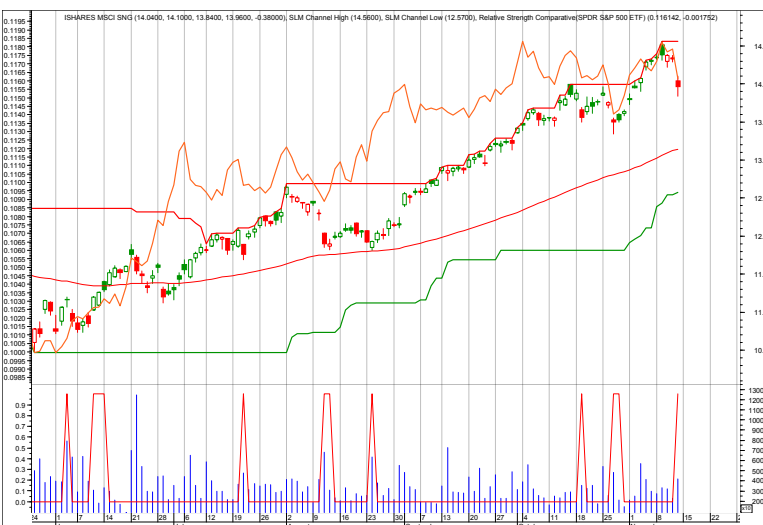
11/15/10 No sign of weakness.

11/8/10 Great ride. Watch for weakness as a signal to take profits.

11/1/10 Continue to hold.

10/25/10 Holding on.

10/18/10 Powering higher.



EWS—Singapore

11/15/10 Buy on the pullback.

Each chart shows daily prices (top portion), volume (bottom portion), a moving average (smoothed red line on price portion), a relative performance indicator between the ETF and S&P 500 (orange line), and red spikes. The spikes show potential buy and sell short signals. Generally speaking, if the moving average is trending down, the spike shows a potential sell short. If the moving average is trending up, but the ETF declines, the spike shows a potential buy. The charts do not show selling or covering signals.

ETF Growth Performance Page

SYMBOL	NAV	RoC
EWH	19.71	93.80%
IAU	13.38	86.61%
GLD	133.69	86.52%
EZA	70.51	83.17%
VCR	57.89	82.67%
EWS	13.96	81.59%
IYM	70.74	81.33%
IGE	38.58	77.61%
XLY	36.01	77.29%
EWM	13.92	76.13%
EWV	58.35	75.53%
DSG	100.77	75.46%
XLE	62.94	74.17%
IGV	55.13	73.17%
VBK	71.52	70.96%
IYE	36.20	69.66%
IYC	65.18	67.24%
QQQQ	52.51	66.74%
IWP	52.79	65.48%
EWT	13.99	64.01%
VXF	50.69	63.59%
VAW	77.27	63.54%
PGJ	28.01	63.40%
IGN	31.33	63.39%
EPP	46.68	63.04%
IYT	86.93	62.23%
RWR	59.68	62.03%
ICF	64.11	61.46%
VO	70.11	61.38%
PWO	46.82	60.85%
VB	67.54	60.24%
EWY	55.46	59.21%
ILF	52.21	56.78%
IYR	54.96	56.75%
IWR	95.37	56.71%
PWC	42.21	56.31%
IWM	72.03	55.39%
IGW	47.70	55.16%
EEM	46.41	54.53%
IGM	58.38	53.90%
VGT	59.34	53.42%
VUG	58.58	53.10%
IXC	37.02	52.42%
IYW	61.77	51.93%
EWA	24.79	51.69%
ELG	54.06	51.61%
EWG	23.77	51.48%
VBR	63.13	50.18%
RSP	44.55	49.64%
IWS	42.47	48.94%
DSV	64.70	47.35%

EWU	17.47	47.06%
XLK	24.34	46.50%
EWC	29.39	46.45%
XLI	32.41	45.67%
IYJ	60.37	45.08%
XLB	35.51	44.79%
IYK	62.50	44.43%
IXP	59.26	44.28%
VTI	61.68	43.04%
IYY	60.33	42.07%
VV	54.95	40.61%
ISI	54.53	40.49%
FXI	46.02	39.13%
DBC	25.26	38.72%
IXN	58.65	36.83%
EWD	28.57	36.67%
EWZ	76.75	35.73%
EWL	23.79	34.46%
PEY	8.58	33.84%
VDC	72.92	33.49%
ELV	61.82	33.31%
DVY	48.17	32.35%
OEF	54.19	31.54%
IOO	61.69	31.42%
EWO	20.64	29.09%
XLP	28.71	28.84%
EFA	57.44	28.68%
DGT	57.00	27.51%
EWK	13.52	27.16%
IEV	39.48	26.33%
FEU	34.80	19.44%
EWQ	24.93	18.78%
VHT	55.34	18.60%
EWN	20.66	18.28%
IXJ	51.35	16.72%
IYH	64.01	15.92%
IDU	76.78	15.45%
VPU	66.85	15.40%
VFH	30.89	14.47%
XLV	30.93	14.26%
EZU	35.93	13.93%
IYF	54.21	13.54%
IBB	84.00	12.06%
EWJ	10.25	12.03%
ITF	44.50	11.53%
XLU	31.34	10.60%
XLF	14.94	8.75%
FEZ	38.08	5.75%
IXG	45.36	4.98%
IYG	53.46	4.09%
EWI	17.18	-5.87%
EWP	39.99	-33.31%

The two columns to the left show the rankings of the equity oriented ETFs in our database through the previous Friday's close.

These rankings are based on momentum indicators around which we generally want to trade. Our general strategy is to invest with the stronger performing ETFs by investing with the main trend and against the minor trend down. This means that in a bear (down) market, we want to short the funds that rally against their main trend downward. In a bull market, we want to buy during selloffs with the main trend up.

(Continued from page 1) REVIEW

low. The second time it fell about 15%. I've circled the current one we are in. If the market also declines this time by about 10%, then the low is projected around 110 in the S&P 500. In Dow Jones Industrials' terminology, that would be a pullback of about 1,100 points or to 10,400.

I actually don't expect that much of a correction this time for a couple of reasons. The main one is that the economy is showing some improvements. Retail is doing better. Job growth is doing better. Interest rates are declining.

So, a pullback is needed to offset investor complacency, to raise some fear, to rebuild the wall of worry, but after that, I expect the market to move higher.

ETF Database

Exchange Traded Fund	Symbol	Base	Provider	Exchange Traded Fund	Symbol	Base	Provider
streetTRACKS DJ Global Titans ETF	DGT	Broad	streetTRACKS	iShares MSCI United Kingdom Index Fund	EWU	Intrntl	iShares
DIAMONDS	DIA	Broad	PDR Services LLC	iShares MSCI-Mexico	EWW	Intrntl	BGI
streetTRACKS DJ Wilshire Small Cap ETF	DSC	Broad	streetTRACKS	iShares MSCI-South Korea Index Fund	EWY	Intrntl	iShares
streetTRACKS DJ Wilshire Small Cap Growth ETF	DSG	Broad	streetTRACKS	iShares MSCI-Brazil Index Fund	EWZ	Intrntl	iShares
streetTRACKS DJ Wilshire Small Cap Value ETF	DSV	Broad	streetTRACKS	iShares MSCI-South Africa	EZA	Intrntl	BGI
iShares Dow Jones Select Dividend Index Fund	DVY	Broad	BGI	iShares MSCI-EMU	EZU	Intrntl	BGI
streetTRACKS DJ Wilshire Large Cap Growth ETF	ELG	Broad	streetTRACKS	streetTRACKS Dow Jones STOXX 50 Index Fund	FEU	Intrntl	streetTRACKS
streetTRACKS DJ Wilshire Large Cap ETF	ELR	Broad	streetTRACKS	streetTRACKS Dow Jones EURO STOXX 50 Index Fund	FEZ	Intrntl	NA
streetTRACKS DJ Wilshire Large Cap Value ETF	ELV	Broad	streetTRACKS	iShares FTSE/Xinhua China 25 Index Fund	FXI	Intrntl	BGI
streetTRACKS DJ Wilshire Mid Cap Growth ETF	EMG	Broad	streetTRACKS	iShares S&P Europe 350 Index Fund	IEV	Intrntl	iShares
streetTRACKS DJ Wilshire Mid Cap ETF	EMM	Broad	streetTRACKS	iShares S&P Latin America 40	ILF	Intrntl	BGI
streetTRACKS DJ Wilshire Mid Cap Value ETF	EMV	Broad	streetTRACKS	iShares S&P/TOPIX 150	ITF	Intrntl	BGI
First Trust Dow Jones Select MicroCap Index Fund	FDM	Broad	First Trust ETF	Vanguard European VIPERs	VGK	Intrntl	Vanguard
streetTRACKS Gold Shares	GLD	Broad	streetTRACKS	Vanguard Pacific VIPERs	VPL	Intrntl	Vanguard
iShares COMEX Gold Trust	IAU	Broad	iShares	Vanguard Emerging Markets VIPERs	VWO	Intrntl	Vanguard
iShares S&P MidCap 400 Index Fund	IJH	Broad	iShares	iShares Nasdaq Biotechnology	IBB	Sector	BGI
iShares S&P MidCap 400 Value Index Fund	IJJ	Broad	iShares	iShares Cohen & Steers Realty Majors	ICF	Sector	BGI
iShares S&P MidCap 400 Growth Index Fund	IJK	Broad	iShares	iShares Dow Jones U.S. Utilities Sector Index Fund	IDU	Sector	iShares
iShares S&P SmallCap 600 Index Fund	IJR	Broad	iShares	iShares Goldman Sachs Natural Resources	IGE	Sector	BGI
iShares S&P SmallCap 600 Value Index Fund	IJS	Broad	iShares	iShares Goldman Sachs Technology	IGM	Sector	BGI
iShares S&P SmallCap 600 Growth Index Fund	IJT	Broad	iShares	iShares Goldman Sachs Networking	IGN	Sector	BGI
iShares S&P 1500 Index Fund	ISI	Broad	iShares	iShares Goldman Sachs Software	IGV	Sector	BGI
iShares S&P 500 Value Index Fund	IVE	Broad	iShares	iShares Goldman Sachs Semiconductor	IGW	Sector	BGI
iShares S&P 500 Index	IVV	Broad	iShares	iShares S&P Global Energy Sector	IXC	Sector	BGI
iShares S&P 500 Growth Index Fund	IWW	Broad	iShares	iShares S&P Global Financial Sector	IXG	Sector	BGI
iShares Russell 1000	IWB	Broad	BGI	iShares S&P Global Healthcare Sector	IXJ	Sector	BGI
iShares Russell 1000 Value	IWD	Broad	BGI	iShares S&P Global Information Technology Sector	IXN	Sector	BGI
iShares Russell 1000 Growth	IWF	Broad	BGI	iShares S&P Global Telecommunications Sector	IXP	Sector	BGI
iShares Russell 2000	IWM	Broad	BGI	iShares Dow Jones U.S. Consumer Services Sector Index Fund	IYC	Sector	iShares
iShares Russell 2000 Value	IWN	Broad	BGI	iShares Dow Jones U.S. Energy Sector Index Fund	IYE	Sector	iShares
iShares Russell 2000 Growth	IWO	Broad	BGI	iShares Dow Jones U.S. Financial Sector Index Fund	IYF	Sector	iShares
iShares Russell Midcap Growth Index Fund	IWP	Broad	BGI	iShares Dow Jones U.S. Financial Services Index Fund	IYG	Sector	iShares
iShares Russell Midcap Index Fund	IWR	Broad	BGI	iShares Dow Jones U.S. Healthcare Sector Index Fund	IYH	Sector	iShares
iShares Russell Midcap Value Index Fund	IWS	Broad	BGI	iShares Dow Jones U.S. Industrial Sector Index Fund	IYJ	Sector	iShares
iShares Russell 3000	IWV	Broad	BGI	iShares Dow Jones U.S. Consumer Goods Sector Index Fund	IYK	Sector	iShares
iShares Russell 3000 Value	IWW	Broad	BGI	iShares Dow Jones U.S. Basic Materials Sector Index Fund	IYM	Sector	iShares
iShares Russell 3000 Growth	IWZ	Broad	BGI	iShares Dow Jones U.S. Real Estate Index Fund	IYR	Sector	iShares
iShares Dow Jones U.S. Total Market Index	IYY	Broad	iShares	iShares Dow Jones Transportation Average Index Fund	IYT	Sector	iShares
MidCap SPDRs	MDY	Broad	PDR Services LLC	iShares Dow Jones U.S. Technology Sector Index Fund	IYW	Sector	iShares
iShares S&P 100 Index Fund	QEF	Broad	BGI	iShares Dow Jones U.S. Telecommunications Sector Index Fund	IYZ	Sector	iShares
SPDR O-Strip ETF	OOO	Broad	State Street	streetTRACKS KBW Bank ETF	KBE	Sector	streetTRACKS
PowerShares WilderHill Clean Energy Portfolio	PBW	Broad	PowerShares ETF	streetTRACKS KBW Capital Markets ETF	KCE	Sector	streetTRACKS
PowerShares High Yield Equity Dividend Achievers Portfolio	PEY	Broad	PowerShares ETF	streetTRACKS KBW Insurance ETF	KIE	Sector	streetTRACKS
PowerShares Dividend Achievers Portfolio	PFM	Broad	PowerShares ETF	streetTRACKS Morgan Stanley Technology ETF	MTK	Sector	streetTRACKS
PowerShares Golden Dragon Halter USX China Portfolio	PGJ	Broad	PowerShares ETF	PowerShares Dynamic Biotechnology & Genome Portfolio	PBE	Sector	PowerShares ETF
PowerShares High Growth Rate Dividend Achievers Portfolio	PHJ	Broad	PowerShares ETF	PowerShares Dynamic Food & Beverage Portfolio	PBJ	Sector	PowerShares ETF
PowerShares International Dividend Achievers Portfolio	PID	Broad	PowerShares ETF	PowerShares Dynamic Media Portfolio	PBS	Sector	PowerShares ETF
PowerShares Value Line Timeliness Select Portfolio	PIV	Broad	PowerShares ETF	PowerShares Dynamic Leisure & Entertainment Portfolio	PEJ	Sector	PowerShares ETF
PowerShares Dynamic Large Cap Growth Portfolio	PWB	Broad	PowerShares ETF	PowerShares Dynamic Water Resource Portfolio	PHO	Sector	PowerShares ETF
PowerShares Dynamic Market Portfolio	PWC	Broad	PowerShares ETF	PowerShares Dynamic Hardware & Consumer Electronics Portfolio	PHW	Sector	PowerShares ETF
PowerShares Dynamic Mid Cap Growth Portfolio	PWJ	Broad	PowerShares ETF	PowerShares Dynamic Insurance Portfolio	PIC	Sector	PowerShares ETF
PowerShares Dynamic OTC Portfolio	PWO	Broad	PowerShares ETF	PowerShares Dynamic Pharmaceuticals Portfolio	PJP	Sector	PowerShares ETF
PowerShares Dynamic Mid Cap Value Portfolio	PWP	Broad	PowerShares ETF	PowerShares Dynamic Building & Construction Portfolio	PKB	Sector	PowerShares ETF
PowerShares Dynamic Small Cap Growth Portfolio	PWT	Broad	PowerShares ETF	streetTRACKS Morgan Retail Portfolio	PMR	Sector	PowerShares ETF
PowerShares Dynamic Large Cap Value Portfolio	PWV	Broad	PowerShares ETF	PowerShares Aerospace & Defense Portfolio	PPA	Sector	PowerShares ETF
PowerShares Dynamic Small Cap Value Portfolio	PWY	Broad	PowerShares ETF	PowerShares Dynamic Semiconductors Portfolio	PSI	Sector	PowerShares ETF
PowerShares Zacks Micro Cap Portfolio	PZI	Broad	PowerShares ETF	PowerShares Dynamic Software Portfolio	PSJ	Sector	PowerShares ETF
Nasdaq-100 Index Tracking Stock	QQQQ	Broad	Nasdaq Financial Products	PowerShares Dynamic Telecom & Wireless Portfolio	PTE	Sector	PowerShares ETF
Rydex S&P Equal Weight ETF	RSP	Broad	Rydex ETF	PowerShares Dynamic Utilities Portfolio	PUI	Sector	PowerShares ETF
SPDR Dividend ETF	SDY	Broad	NA	PowerShares Dynamic Energy Exploration & Production Portfolio	PXE	Sector	PowerShares ETF
SPDRs	SPY	Broad	PDR Services LLC	PowerShares Dynamic Oil Services Portfolio	PXJ	Sector	PowerShares ETF
streetTRACKS DJ Wilshire Total Market ETF	TMW	Broad	streetTRACKS	PowerShares Lux Nanotech Portfolio	PXN	Sector	PowerShares ETF
Vanguard Small-Cap VIPERs	VB	Broad	Vanguard	PowerShares Dynamic Networking Portfolio	PXQ	Sector	PowerShares ETF
Vanguard Small-Cap Growth VIPERs	VBK	Broad	Vanguard	streetTRACKS DJ Wilshire REIT ETF	RWR	Sector	streetTRACKS
Vanguard Small-Cap Value VIPERs	VBR	Broad	Vanguard	Vanguard Materials VIPERs	VAW	Sector	Vanguard
Vanguard Mid-Cap VIPERs	VO	Broad	Vanguard	Vanguard Consumer Discretionary VIPERs	VCR	Sector	Vanguard
Vanguard Total Stock Market VIPERs	VTI	Broad	Vanguard	Vanguard Consumer Staples VIPERs	VDC	Sector	Vanguard
Vanguard Value VIPERs	VTV	Broad	Vanguard	Vanguard Energy VIPERs	VDE	Sector	Vanguard
Vanguard Growth VIPERs	VUG	Broad	Vanguard	Vanguard Financials VIPERs	VFH	Sector	Vanguard
Vanguard Large-Cap VIPERs	VV	Broad	Vanguard	Vanguard Information Technology VIPERs	VGT	Sector	Vanguard
Vanguard Extended Market VIPERs	VXF	Broad	Vanguard	Vanguard Health Care VIPERs	VHT	Sector	Vanguard
Rydex Russell Top 50 ETF	XLG	Broad	Rydex ETF	Vanguard Industrials VIPERs	VIS	Sector	Vanguard
iShares MSCI Emerging Markets	EEM	Intrntl	BGI	Vanguard REIT VIPERs	VNQ	Sector	Vanguard
iShares MSCI-EAFE	EFA	Intrntl	BGI	Vanguard Telecommunication Services VIPERs	VOX	Sector	Vanguard
iShares MSCI-Pacific Ex-Japan	EPP	Intrntl	BGI	Vanguard Utilities VIPERs	VPU	Sector	Vanguard
iShares MSCI-Australia	EWA	Intrntl	BGI	Select Sector SPDR-Materials	XLB	Sector	State Street
iShares MSCI-Canada	EWC	Intrntl	BGI	Select Sector SPDR-Energy	XLE	Sector	State Street
iShares MSCI Sweden Index Fund	EWD	Intrntl	iShares	Select Sector SPDR-Financial	XLF	Sector	State Street
iShares MSCI-Germany	EWG	Intrntl	BGI	Select Sector SPDR-Industrial	XLI	Sector	State Street
iShares MSCI Hong Kong Index Fund	EWH	Intrntl	iShares	Select Sector SPDR-Technology	XLK	Sector	State Street
iShares MSCI Italy Index Fund	EWI	Intrntl	iShares	Select Sector SPDR-Consumer Staples	XLP	Sector	State Street
iShares MSCI Japan Index Fund	EWJ	Intrntl	iShares	Select Sector SPDR-Utilities	XLU	Sector	State Street
iShares MSCI Belgium Index Fund	EWK	Intrntl	iShares	Select Sector SPDR-Health Care	XLV	Sector	State Street
iShares MSCI Switzerland Index Fund	EWL	Intrntl	iShares	Select Sector SPDR-Consumer Discretionary	XLY	Sector	State Street
iShares MSCI Malaysia Index Fund	EWM	Intrntl	iShares				
iShares MSCI Netherlands Index Fund	EWN	Intrntl	iShares	iShares Lehman Aggregate Bond Fund	AGG	Broad	BGI
iShares MSCI-Austria	EWO	Intrntl	BGI	iShares GS \$ InvesTopTM Corporate Bond Fund	LQD	Broad	BGI
iShares MSCI Spain Index Fund	EWP	Intrntl	iShares	iShares Lehman 1-3 Year Treasury Bond Fund	SHY	Broad	BGI
iShares MSCI France Index Fund	EWQ	Intrntl	iShares	iShares Lehman 7-10 Year Treasury Bond Fund	IEF	Broad	BGI
iShares MSCI Singapore (Free) Index Fund	EWS	Intrntl	iShares	iShares Lehman 20+ Year Treasury Bond Fund	TLT	Broad	BGI
iShares MSCI Taiwan Index Fund	EWT	Intrntl	iShares				

This information is reformatted from the American Stock Exchange.

Descriptions & Disclosures

PORTFOLIO DESCRIPTIONS (pages 2 and 3)

Our guiding goal is to provide the most return with the least risk consistently over time through bull and bear markets.

Income Portfolio, page2: Uses a proprietary selection methodology on all of the monitored bond-oriented ETFs to pick the top ETFs. I then use a proprietary timing model to decide whether to buy, sell, hold, or avoid.

Growth Portfolio, page 3: Uses the same methodologies as in the Income Portfolio, except as it is applied to stock-oriented ETFs.

All portfolios were started on 1/1/10 with \$100,000.

Portfolio changes will usually be made at the close on Monday, unless otherwise noted in any emailed hotline update. Issues are normally posted on Mondays by 1:30pm est.

Portfolios are updated through the Friday close the week before.

Dividends are reinvested in additional shares. Commissions of \$5/trade and short-term redemption charges, if any, are applied.

Interest is zero for the money market (cash) position.

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Unless otherwise noted, the weekly eNewsletter is posted by 1:30 PM central time each Monday, except for holidays and then on Tuesday. It may contain actionable, specific buy or sell advice to take that day at the Monday close in each portfolio. Portfolio data will be updated through the previous Friday's close. Fund symbols, rather than names, are the official identification used for activity.

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