ETF Selections & Timing

Watercourse Way Holdings, LLC P.O. Box 830396 Richardson, TX 75083-0396 972-680-2366

September 20, 2010 (data through previous Friday close)

Volume 1

Issue 35

Semantics Aside

As of today, it is official. NBER, the non-profit company appointed to determine the starts and ends of recessions, declared that the recent recession ended in June 2009. It began in December 2007. The recession lasted 18 months, which is the longest since WW II.

Since its end, the economy grew 5.0% in the first quarter thereafter, but has since slowed to 1.6% in the second quarter of 2010.

They also made the comment that if the economy goes into another recession, it will not be considered a double-dip.

So, there we have it. There is no double-dip possible, if only because of semantics.

But I would agree. The economy has recovered and it has been sufficiently long enough not to be classified as a

(Continued on bottom right on page 6 see REVIEW)



The chart shows the daily S&P 500 with red smoothed line an 80-day moving average and orange line a relative comparison to the bond market. The lower part shows blue volume and red spikes as possible trading signals.

SCOREBOARD

Model	YTD	52-week	26-week	13-week	4-week	1-week
ETF Income Portfolio	5.9%		4.2	4.3	1.4	1.0%
ETF Growth Portfolio	5.1%		2.8	1.2	3.1	0.8%
Aggrgt Bond (AGG)	4.6%		3.0	1.7	-0.4	0.4%
Wilshire 5000	2.1%		-2.6	0.6	5.3	1.6%

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Income Portfolio

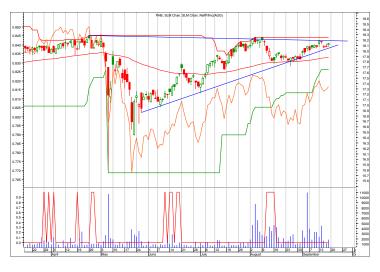
ACTION I	ACTION FOR PORTFOLI			IO DETAILS	3				Value as of	date:	9/10/2010		
Action			Action	# of	Action		Closing		Start	Ending	# of	Current	Percent of
Date	Action	Symbol	Price	Shares	Value	Symbol	Stop	Description	Price	Price	Shares	Value	Total
10-May	buy	PHB	17.75	563.4	10,000	PHB			17.71	18.14	2,626.7	47,649.14	45.3%
						TIP	106.80		104.93	107.39	120.6	12,950.68	12.3%
17-May	sell	PHB	17.47	300	5,241	BSV			80.25	81.43	303.8	24,736.24	23.5%
17-May	buy	AGG	105.13	47.6	5,000	AGG			105.13	107.89	168.2	18,144.83	17.3%
25-May	sell	TIP	105.70	120	12,684								
25-May	buy	BSV	80.53	149.0	12,000								
7-Sep	sell	PHB	18.02	600	10,812								
7-Sep	buy	AGG	108.33	120.0	13,000								
						Money N	1arket			1.00	1,620	1,620.00	1.5%
										Total \	Valuation=	105,100.88	100.0%

SYMBOL	NAV	RoC
TBF	41.67	
PFF	39.91	49.68%
PCY	27.47	37.10%
TLT	102.32	27.96%
TLH	119.21	25.88%
HYG	88.33	24.86%
LQD	110.85	23.90%
PHB	18.08	23.47%
PLW	29.23	21.62%
IEF	96.78	17.29%
BWX	56.49	13.30%
TIP	107.53	12.83%
GVI	109.37	10.22%
BND	81.80	9.96%
AGG	107.50	9.58%
BSV	81.27	4.86%
MBB	108.91	3.59%
IGOV	100.57	3.15%
SHY	84.09	1.34%
FXE	126.66	-18.96%
PST	41.31	-61.14%
TBT	33.44	-91.94%

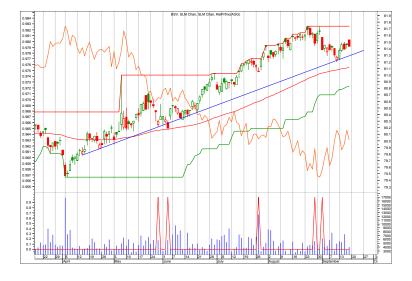
WEEKLY REVIEW and PREVIEW

No changes this week.

Income Charts







PHB—high yield ETF.

PHB is rallying back into resistance. I'll watch for more profit-taking points.

TIP—Treasury inflation protection

Good buying opportunity.

BSV—short term bonds

9/20/10 Rallied off its long-term uptrend line where I had said it was a good buying opportunity.

9/13/10 Still a good buying areas.

Each chart shows daily prices (top portion), volume (bottom portion), a moving average (smoothed red line on price portion, a relative strength indicator between the ETF and AGG (Aggregated bond ETF) (orange line), and red spikes. The spikes show potential places to buy and sell short. If the moving average is trending down, the spike shows a potential sell shorts. If the moving average is trending up, the spike shows potential buys. The charts do not show selling or covering signals.

Growth Portfolio

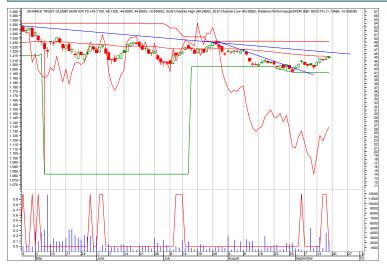
ACTION FOR PORTFOL			O DETAILS	3				Value as of	date:	9/10/2010			
Action			Action	# of	Action		Closing		Start	Ending	# of	Current	Percent of
Date	Action	Symbol	Price	Shares	Value	Symbol	Stop	Description	Price	Price	Shares	Value	Total
						LONG E	TFs-						
23-Aug	sell	ILF	45.41	226.3	10,276	IWR	85.00		82.25	88.78	241.5	21,440.37	20.2%
						IGW	40.00		43.72	44.85	230.0	10,315.50	9.7%
30-Aug	buy	WR	82.17	120.0	9,860	ICF	61.00		57.42	63.54	174.2	11,068.67	10.5%
30-Aug	buy	EWS	12.14	400.0	4,856	ΙΥΜ	58.00		61.38	67.47	162.9	10,990.86	10.4%
30-Aug	buy	XLU	30.67	300.0	9,201								
7-Sep	sell	FXI	40.54	259.9	10,536	EWS	12.50		12.14	12.87	400.0	5,148.00	4.9%
						XLU	30.00		30.67	30.85	300.0	9,255.00	8.7%
13-Sep	buy	IGW	43.72	230.0	10,056								
						SHORT	ETFs-						
													0.0%
													0.0%
							om short					-	0.0%
						Money N	/larket			1.00	37,675	37,675.00	35.6%
										Total \	Valuation=	105,893.40	100.0%

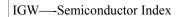
WEEKLY REVIEW

Things seem to be in gear to the upside for now. Will look to redeploy the remainder of the money market position into growth ETFs on any weakness.

See performance rankings of the equity oriented ETFs on page six.

Growth Charts





So far, so good. First target is about \$47.00.



IWR—Russell mid-cap index

9/20/10 IWR gapped through its consolidation top. This is bullish.

9/13/10 IWR has formed a nice head and shoulders pattern. Today (Monday 9/13/10) may prove to be the breakout point. If so, it is projected to rise to a first target of about 95



ICF-REIT

9/20/10 Except for the low volume, things appear positive.

9/13/10 ICF is projected to move at least another 10% higher from here.

Each chart shows daily prices (top portion), volume (bottom portion), a moving average (smoothed red line on price portion), a relative performance indicator between the ETF and S&P 500 (orange line), and red spikes. The spikes show potential buy and sell short signals. Generally speaking, it the moving average is trending down, the spike shows a potential sell short. If the moving average is trending up, but the ETF declines, the spike shows a potential buy. The charts do not show selling or covering signals.

ETF Growth Performance Page

SYMBOL	NAV	RoC
EWM	13.41	132.70%
ICF	62.34	
RWR	57.66	
IYR	53.04	
EWS	12.74	
EWD	26.45	95.30%
EWY	50.92	94.85%
IGV	50.92	
EZA	62.08	
EWA	22.70	89.76%
EPP	42.16	
IYM =	61.94	
ILF	47.34	
EWZ	70.91	76.20%
EWH	16.87	75.08%
VCR	51.23	
EEM	42.26	
IYT	79.72	72.21%
VAW	69.09	71.23%
XLY	32.29	70.64%
XLI	30.40	66.40%
VO	63.65	64.12%
EWL	22.38	63.63%
IWS	39.38	
XLB	32.82	
GLD	121.73	
IAU	12.18	
IWR	87.16	
EWC	27.24	
EWW	50.47	59.56%
IWP	47.45	
IYJ	56.07	
EWT	12.66	
RSP	41.06	
IYC		
	58.63	
QQQQ	46.60	
VBK	62.55	
VXF	45.16	53.95%
DVY	46.05	53.29%
VB	60.05	52.97%
DSG	87.46	52.76%
PEY	8.08	51.18%
VBR	56.95	50.49%
IXP	54.93	
DSV	58.68	49.10%
IYK	58.54	48.28%
EWU	15.85	47.54%
PGJ	24.28	46.77%
VDC	69.28	41.71%
XLU	31.44	41.49%
IWM	63.72	41.14%

IDII	70.00	40.470/
IDU	76.09	40.47%
IGN	27.42	40.43%
VPU	66.28	40.32%
IGE	33.47	40.03%
VTI	56.69	38.93%
VUG	52.76	38.90%
IYY	55.61	38.71%
ELV	58.51	38.03%
ELG ISI	48.64	37.86%
ISI	50.40	37.85%
XLP	27.52	37.79%
VV	50.75	37.52%
EFA	52.81	36.57%
EWK	12.21	35.86%
IEV	36.11	34.91%
VFH	29.76	33.76%
PWO	41.46	33.65%
PWC	37.83	32.90%
FXI	40.79	31.52%
XLK	21.74	31.10%
XLF	14.53	31.03%
IXG	43.37	30.95%
IYF	52.14	30.84%
VGT	51.91	29.67%
OEF	50.55	29.61%
FEU	32.29	29.29%
IYW		28.61%
IGM	54.19	
	51.05	27.86%
EWN	18.77	27.64%
100	56.58	26.09%
EWO	17.91	25.77%
IXJ	49.14	25.60%
DGT	53.00	24.38%
IYH	61.53	23.57%
XLE	54.52	23.34%
DBC	23.20	22.90%
VHT	52.66	22.59%
EWG	20.43	21.64%
XLV	29.77	21.09%
EWQ	22.40	19.69%
IXN	52.29	19.31%
IYE	31.47	19.25%
EWJ	9.80	15.92%
ITF	42.59	15.47%
FEZ	34.83	14.01%
EZU	32.38	13.82%
IXC	32.46	13.06%
IBB	84.00	12.06%
EWP	38.72	9.49%
EWP IYG	51.32	5.30%
EWI	15.77	-1.52%
IGW	42.37	-5.91%

The two columns to the left show the rankings of the equity oriented ETFs in our database through the previous Friday's close.

These rankings are based on momentum indicators around which we generally want to trade. Our general strategy is to invest with the stronger performing ETFs by investing with the main trend and against the minor trend down. This means that in a bear (down) market, we want to short the funds that rally against their main trend downward. In a bull market, we want to buy during selloffs with the main trend up.

(Continued from page 1) REVIEW

double-dip. The problem though is unemployment. It is still nearly at 10%, which is a 27-year high. If we include Americans in parttime jobs and those who have given up, the rate increases to 16%. There's no double-dip for these people if only because it never recovered at all.

In other news, the Federal Reserve reported that US companies are sitting on a record \$18.4 trillion dollars. Keep in mind that is earning roughly 0.01% in a typical money market. M&A should pick up, but there is a lot of caution.

As to the stock market, it greeted the economic news today (Monday 9/20/10) with a rally. It appears to be breaking to the upside of its recent consolidation pattern. This suggests higher prices ahead.

ETF Database

Exchange Traded Fund	Symbol	Base	Provider	Exchange Traded Fund	Symbol	Base	Provider
streetTRACKS DJ Global Titans ETF	DGT	Broad	streetTRACKS	iShares MSCI United Kingdom Index Fund	EWU	Intrntl	iShares
DIAMONDS	DIA	Broad	PDR Services LLC	iShares MSCI-Mexico	EWW	Intrntl	BGI
streetTRACKS DJ Wilshire Small Cap ETF	DSC	Broad	streetTRACKS	iShares MSCI-South Korea Index Fund	EWY	Intrntl	iShares
streetTRACKS DJ Wilshire Small Cap Growth ETF	DSG	Broad	streetTRACKS	iShares MSCI-Brazil Index Fund	EWZ	Intrntl	iShares
streetTRACKS DJ Wilshire Small Cap Value ETF	DSV	Broad	streetTRACKS	iShares MSCI-South Africa	EZA	Intrntl	BGI
iShares Dow Jones Select Dividend Index Fund	DVY	Broad	BGI	iShares MSCI-EMU	EZU	Intrntl	BGI
streetTRACKS DJ Wilshire Large Cap Growth ETF	ELG	Broad	streetTRACKS	streetTRACKS Dow Jones STOXX 50 Index Fund	FEU	Intrntl	streetTRACKS
streetTRACKS DJ Wilshire Large Cap ETF	ELR	Broad	streetTRACKS	streetTRACKS Dow Jones EURO STOXX 50 Index Fund	FEZ	Intrntl	NA
streetTRACKS DJ Wilshire Large Cap Value ETF	ELV	Broad	streetTRACKS	iShares FTSE/Xinhua China 25 Index Fund	FXI	Intrntl	BGI
streetTRACKS DJ Wilshire Mid Cap Growth ETF	EMG	Broad	streetTRACKS	iShares S&P Europe 350 Index Fund	IEV	Intrntl	iShares
streetTRACKS DJ Wilshire Mid Cap ETF	EMM	Broad		iShares S&P Latin America 40	ILF	Intrntl	BGI
streetTRACKS DJ Wilshire Mid Cap Value ETF	EMV	Broad		iShares S&P/TOPIX 150	ITF	Intrntl	BGI
First Trust Dow Jones Select MicroCap Index Fund	FDM		First Trust ETF	Vanguard European VIPERs	VGK	Intrntl	Vanguard
streetTRACKS Gold Shares	GLD	Broad	streetTRACKS	Vanguard Pacific VIPERs	VPL	Intrntl	Vanguard
iShares COMEX Gold Trust	IAU	Broad	iShares	Vanguard Emerging Markets VIPERs	VWO	Intrntl	Vanguard
iShares S&P MidCap 400 Index Fund	IJH	Broad	iShares	iShares Nasdaq Biotechnology	IBB	Sector	BGI
iShares S&P MidCap 400 Value Index Fund	IJJ IJK	Broad	iShares iShares	iShares Cohen & Steers Realty Majors	ICF IDU	Sector Sector	BGI iShares
iShares S&P MidCap 400 Growth Index Fund iShares S&P SmallCap 600 Index Fund	IJR	Broad Broad	iShares	iShares Dow Jones U.S. Utilities Sector Index Fund iShares Goldman Sachs Natural Resources	IGE	Sector	BGI
iShares S&P SmallCap 600 Value Index Fund	IJS	Broad	iShares	iShares Goldman Sachs Technology	IGM	Sector	BGI
iShares S&P SmallCap 600 Growth Index Fund	IJT	Broad	iShares	iShares Goldman Sachs Networking	IGN	Sector	BGI
iShares S&P 1500 Index Fund	ISI	Broad	iShares	iShares Goldman Sachs Software	IGV	Sector	BGI
iShares S&P 500 Value Index Fund	IVE	Broad	iShares	iShares Goldman Sachs Semiconductor	IGW	Sector	BGI
iShares S&P 500 Index	IVV	Broad	iShares	iShares S&P Global Energy Sector	IXC	Sector	BGI
iShares S&P 500 Growth Index Fund	IVW	Broad		iShares S&P Global Financial Sector	IXG	Sector	BGI
iShares Russell 1000	IWB	Broad	BGI	iShares S&P Global Healthcare Sector	IXJ	Sector	BGI
iShares Russell 1000 Value	IWD	Broad		iShares S&P Global Information Technology Sector	IXN	Sector	BGI
iShares Russell 1000 Growth	IWF	Broad		iShares S&P Global Telecommunications Sector	IXP	Sector	BGI
iShares Russell 2000	IWM	Broad		iShares Dow Jones U.S. Consumer Services Sector Index Fund	IYC	Sector	iShares
iShares Russell 2000 Value	IWN	Broad		iShares Dow Jones U.S. Energy Sector Index Fund	IYE	Sector	iShares
iShares Russell 2000 Growth	IWO	Broad	BGI	iShares Dow Jones U.S. Financial Sector Index Fund	IYF	Sector	iShares
iShares Russell Midcap Growth Index Fund	IWP	Broad	BGI	iShares Dow Jones U.S. Financial Services Index Fund	IYG	Sector	iShares
iShares Russell Midcap Index Fund	IWR	Broad		iShares Dow Jones U.S. Healthcare Sector Index Fund	IYH	Sector	iShares
iShares Russell Midcap Value Index Fund	IWS	Broad		iShares Dow Jones U.S. Industrial Sector Index Fund	IYJ	Sector	iShares
iShares Russell 3000	IWV	Broad		iShares Dow Jones U.S. Consumer Goods Sector Index Fund	IYK	Sector	iShares
iShares Russell 3000 Value	IWW	Broad	BGI	iShares Dow Jones U.S. Basic Materials Sector Index Fund	IYM	Sector	iShares
iShares Russell 3000 Growth	IWZ	Broad	BGI	iShares Dow Jones U.S. Real Estate Index Fund	IYR	Sector	iShares
iShares Dow Jones U.S. Total Market Index	IYY	Broad	iShares	iShares Dow Jones Transportation Average Index Fund	IYT	Sector	iShares
MidCap SPDRS	MDY	Broad	PDR Services LLC	iShares Dow Jones U.S. Technology Sector Index Fund	IYW	Sector	iShares
iShares S&P 100 Index Fund	OEF	Broad	BGI	iShares Dow Jones U.S. Telecommunications Sector Index Fund	IYZ	Sector	iShares
SPDR O-Strip ETF	000	Broad	State Street	streetTRACKS KBW Bank ETF	KBE	Sector	streetTRACKS
PowerShares WilderHill Clean Energy Portfolio	PBW	Broad	PowerShares ETF	streetTRACKS KBW Capital Markets ETF	KCE	Sector	streetTRACKS
PowerShares High Yield Equity Dividend Achievers Portfolio	PEY	Broad	PowerShares ETF	streetTRACKS KBW Insurance ETF	KIE	Sector	streetTRACKS
PowerShares Dividend Achievers Portfolio	PFM	Broad	PowerShares ETF	streetTRACKS Morgan Stanley Technology ETF	MTK	Sector	streetTRACKS
PowerShares Golden Dragon Halter USX China Portfolio	PGJ	Broad	PowerShares ETF	PowerShares Dynamic Biotechnology & Genome Portfolio	PBE	Sector	PowerShares ETF
PowerShares High Growth Rate Dividend Achievers Portfolio	PHJ	Broad		PowerShares Dynamic Food & Beverage Portfolio	PBJ	Sector	PowerShares ETF
PowerShares International Dividend Achievers Portfolio	PID		PowerShares ETF	PowerShares Dynamic Media Portfolio	PBS	Sector	
PowerShares Value Line Timeliness Select Portfolio	PIV	Broad	PowerShares ETF	PowerShares Dynamic Leisure & Entertainment Portfolio	PEJ	Sector	PowerShares ETF
PowerShares Dynamic Large Cap Growth Portfolio	PWB	Broad	PowerShares ETF	PowerShares Water Resource Portfolio	PHO	Sector	PowerShares ETF
PowerShares Dynamic Market Portfolio	PWC	Broad	PowerShares ETF	PowerShares Dynamic Hardware & Consumer Electronics Portfolio	PHW	Sector	PowerShares ETF
PowerShares Dynamic Mid Cap Growth Portfolio	PWJ	Broad	PowerShares ETF	PowerShares Dynamic Insurance Portfolio	PIC	Sector	PowerShares ETF
PowerShares Dynamic OTC Portfolio	PWO	Broad	PowerShares ETF	PowerShares Dynamic Pharmaceuticals Portfolio	PJP		PowerShares ETF
PowerShares Dynamic Mid Cap Value Portfolio	PWP	Broad	PowerShares ETF	PowerShares Dynamic Building & Construction Portfolio	PKB	Sector	PowerShares ETF
PowerShares Dynamic Small Cap Growth Portfolio	PWT	Broad	PowerShares ETF	PowerShares Dynamic Retail Portfolio	PMR	Sector	
PowerShares Dynamic Large Cap Value Portfolio	PWV	Broad	PowerShares ETF	PowerShares Aerospace & Defense Portfolio	PPA	Sector	PowerShares ETF
PowerShares Dynamic Small Cap Value Portfolio	PWY	Broad	PowerShares ETF	PowerShares Dynamic Semiconductors Portfolio	PSI	Sector	PowerShares ETF
PowerShares Zacks Micro Cap Portfolio	PZI	Broad	PowerShares ETF	PowerShares Dynamic Software Portfolio	PSJ	Sector	PowerShares ETF
Nasdaq-100 Index Tracking Stock	QQQQ RSP	Broad	Nasdaq Financial Products Rydex ETF	PowerShares Dynamic Telecom & Wireless Portfolio	PTE PUI	Sector	PowerShares ETF
Rydex S&P Equal Weight ETF SPDR Dividend ETF	SDY	Broad Broad	,	PowerShares Dynamic Utilities Portfolio PowerShares Dynamic Energy Exploration & Production Portfolio	PXE	Sector	PowerShares ETF PowerShares ETF
SPDR Dividend ETF SPDRS	SPY		PDR Services LLC	PowerShares Dynamic Energy Exploration & Production Portfolio PowerShares Dynamic Oil Services Portfolio	PXL	Sector	PowerShares ETF
streetTRACKS DJ Wilshire Total Market ETF	TMW		streetTRACKS	PowerShares Lux Nanotech Portfolio	PXJ		PowerShares ETF
Vanguard Small-Cap VIPERs	VB		Vanguard	PowerShares Dynamic Networking Portfolio	PXQ		PowerShares ETF
Vanguard Small-Cap Virers Vanguard Small-Cap Growth VIPERs	VBK		Vanguard	streetTRACKS DJ Wilshire REIT ETF	RWR	Sector	
Vanguard Small-Cap Value VIPERs	VBR		Vanguard	Vanguard Materials VIPERs	VAW	Sector	Vanguard
Vanguard Mid-Cap VIPERs	VO	Broad		Vanguard Consumer Discretionary VIPERs	VCR	Sector	Vanguard
Vanguard Total Stock Market VIPERs	VTI		Vanguard	Vanguard Consumer Staples VIPERs	VDC	Sector	Vanguard
Vanguard Value VIPERs	VTV		Vanguard	Vanguard Energy VIPERs	VDE	Sector	
Vanguard Growth VIPERs	VUG		Vanguard	Vanguard Financials VIPERs	VFH		Vanguard
Vanguard Large-Cap VIPERs	VV	Broad		Vanguard Information Technology VIPERs	VGT	Sector	Vanguard
Vanguard Extended Market VIPERs	VXF	Broad		Vanguard Health Care VIPERs	VHT	Sector	Vanguard
Rydex Russell Top 50 ETF	XLG		Rydex ETF	Vanguard Industrials VIPERs	VIS	Sector	-
iShares MSCI Emerging Markets	EEM	Intrntl		Vanguard REIT VIPERs	VNQ	Sector	-
iShares MSCI-EAFE	EFA	Intrntl		Vanguard Telecommunication Services VIPERs	VOX		Vanguard
iShares MSCI-Pacific Ex-Japan	EPP	Intrntl	BGI	Vanguard Utilities VIPERs	VPU	Sector	Vanguard
iShares MSCI-Australia	EWA	Intrntl	BGI	Select Sector SPDR-Materials	XLB	Sector	State Street
iShares MSCI-Canada		Intrntl	BGI	Select Sector SPDR-Energy	XLE	Sector	State Street
iShares MSCI Sweden Index Fund	EWC			Select Sector SPDR-Financial	XLF	Sector	State Street
iShares MSCI-Germany	EWD	Intrntl	iShares				State Street
	EWD EWG	Intrntl	BGI	Select Sector SPDR-Industrial	XLI	Sector	
iShares MSCI Hong Kong Index Fund	EWD EWG EWH	Intrnti Intrnti	BGI iShares	Select Sector SPDR-Technology	XLK	Sector	State Street
iShares MSCI Hong Kong Index Fund iShares MSCI Italy Index Fund	EWD EWG EWH	Intrntl Intrntl Intrntl	BGI iShares iShares	Select Sector SPDR-Technology Select Sector SPDR-Consumer Staples	XLK XLP	Sector Sector	State Street State Street
iShares MSCI Hong Kong Index Fund iShares MSCI Italy Index Fund iShares MSCI Japan Index Fund	EWD EWG EWH EWI EWJ	Intrntl Intrntl Intrntl Intrntl	BGI iShares iShares iShares	Select Sector SPDR-Technology Select Sector SPDR-Consumer Staples Select Sector SPDR-Utilities	XLK XLP XLU	Sector Sector Sector	State Street State Street State Street
iShares MSCI Hong Kong Index Fund iShares MSCI Italy Index Fund IShares MSCI Japan Index Fund iShares MSCI Belgium Index Fund	EWD EWG EWH EWI EWJ EWK	Intrnti Intrnti Intrnti Intrnti Intrnti	BGI iShares iShares iShares iShares	Select Sector SPDR-Technology Select Sector SPDR-Consumer Staples Select Sector SPDR-Utilities Select Sector SPDR-Health Care	XLK XLP XLU XLV	Sector Sector Sector	State Street State Street State Street State Street
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Descriptions & Disclosures

PORTFOLIO DESCRIPTIONS (pages 2 and 3)

Our guiding goal is to provide the most return with the least risk consistently over time through bull and bear markets.

Income Portfolio, page2: Uses a proprietary selection methodology on all of the monitored bond-oriented ETFs to pick the top ETFs. I then use a proprietary timing model to decide whether to buy, sell, hold, or avoid.

Growth Portfolio, page 3: Uses the same methodologies as in the Income Portfolio, except as it is applied to stock-oriented ETFs.

All portfolios were started on 1/1/10 with \$100,000.

Portfolio changes will usually be made at the close on Monday, unless otherwise noted in any emailed hotline update. Issues are normally posted on Mondays by 1:30pm cst.

Portfolios are updated through the Friday close the week before.

Dividends are reinvested in additional shares. Commissions of \$5/trade and short-term redemption charges, if any, are applied. Interest is zero for the money market (cash) position.

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Unless otherwise noted, the weekly eNewsletter is posted by 1:30 PM central time each Monday, except for holidays and then on Tuesday. It may contain actionable, specific buy or sell advice to take that day at the Monday close in each portfolio. Portfolio data will be updated through the previous Friday's close. Fund symbols, rather than names, are the official identification used for activity.

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