ETF Selections & Timing

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August 30, 2010 (data through previous Friday close)

Volume 1

Issue 32

Entry Area

We are at an interesting juncture for a number of reasons. Interesting in the sense that we are at a low risk entry point with high gain potential.

The economy has slowed considerably, and the market has corrected to reflect that. But a slowdown does not necessar-

ily mean recession.

The second issue is that we are coming into the historically weakest period for stocks. It is the notorious September to October time frame.

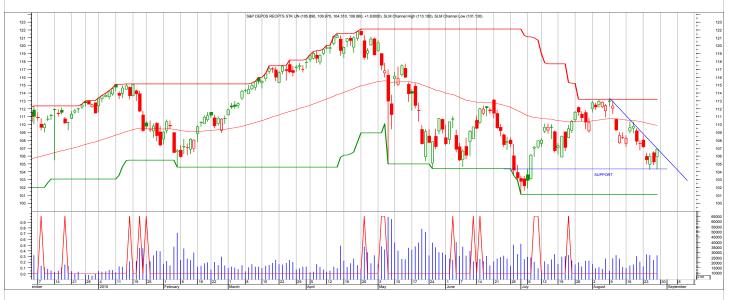
The deal is that everyone knows this. So, I have to wonder whether this too contributed

to the market's sell off.

So, these two discounting factors, a slower economy and a weaker time frame, may already be priced in.

The level to watch for breach is on the S&P 500

(Continued on bottom right on page 6 see REVIEW)



The chart shows the daily S&P 500 with red smoothed line an 80-day moving average and orange line a relative comparison to the bond market. The lower part shows blue volume and red spikes as possible trading signals.

SCOREBOARD

Model	YTD	52-week	26-week	13-week	4-week	1-week
ETF Income Portfolio	4.4%		4.2	4.4	0.1	0.0%
ETF Growth Portfolio	1.7%		2.0	0.0	-1.1	-0.2%
Aggrgt Bond (AGG)	4.8%		3.4	2.3	0.3	-0.2%
Wilshire 5000	-3.5%		-3.0	-2.7	-3.4	-0.5%

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Income Portfolio

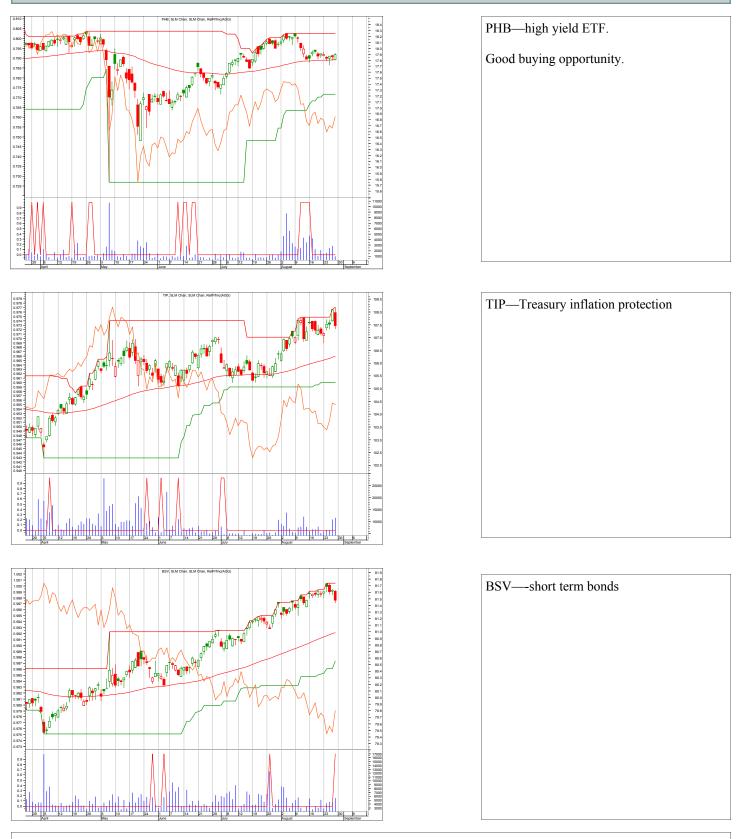
ACTION F	FOR				PORTFOL	IO DETAIL	DETAILS				Value as of date:			
Action			Action	# of	Action		Closing		Start	Ending	# of	Current	Percent of	
Date	Action	Symbol	Price	Shares	Value	Symbol	Stop	Description	Price	Price	Shares	Value	Total	
10-May	buy	PHB	17.75	563.4	10,000	PHB			17.71	17.90	3,226.7	57,758.72	55.3%	
						TIP			104.93	107.46	120.4	12,939.45	12.4%	
17-May	sell	PHB	17.47	300	5,241	BSV			80.25	81.48	303.2	24,704.57	23.7%	
17-May	buy	AGG	105.13	47.6	5,000	AGG			105.13	108.13	48.0	5,194.02	5.0%	
25-May	sell	TIP	105.70	120	12,684									
25-May	buy	BSV	80.53	149.0	12,000									
						Money	Market			1.00	3,808	3,808.00	3.6%	
										Total \	√aluation=	104,404.77	100.0%	

SYMBOL	NAV	RoC
TBF	40.73	
TLT	105.35	57.37%
PFF	39.95	50.55%
TLH	121.21	46.27%
PCY	27.64	44.55%
PLW	29.70	38.93%
LQD	111.89	33.69%
IEF	98.07	32.99%
BWX	57.78	26.29%
BND	82.38	17.88%
AGG	108.13	17.15%
GVI	109.79	15.55%
TIP	107.46	14.71%
HYG	87.02	10.31%
IGOV	101.36	10.25%
PHB	17.90	9.21%
BSV	81.48	7.88%
MBB	109.26	7.12%
SHY	84.21	2.98%
FXE	126.89	-23.97%
PST	40.65	-85.68%
TBT	31.95	-133.60%

WEEKLY REVIEW and PREVIEW

No changes for now. If right about stocks, then we should see PHB respond.

Income Charts



Each chart shows daily prices (top portion), volume (bottom portion), a moving average (smoothed red line on price portion, a relative strength indicator between the ETF and AGG (Aggregated bond ETF) (orange line), and red spikes. The spikes show potential places to buy and sell short. If the moving average is trending down, the spike shows a potential sell shorts. If the moving average is trending up, the spike shows potential buys. The charts do not show selling or covering signals.

Growth Portfolio

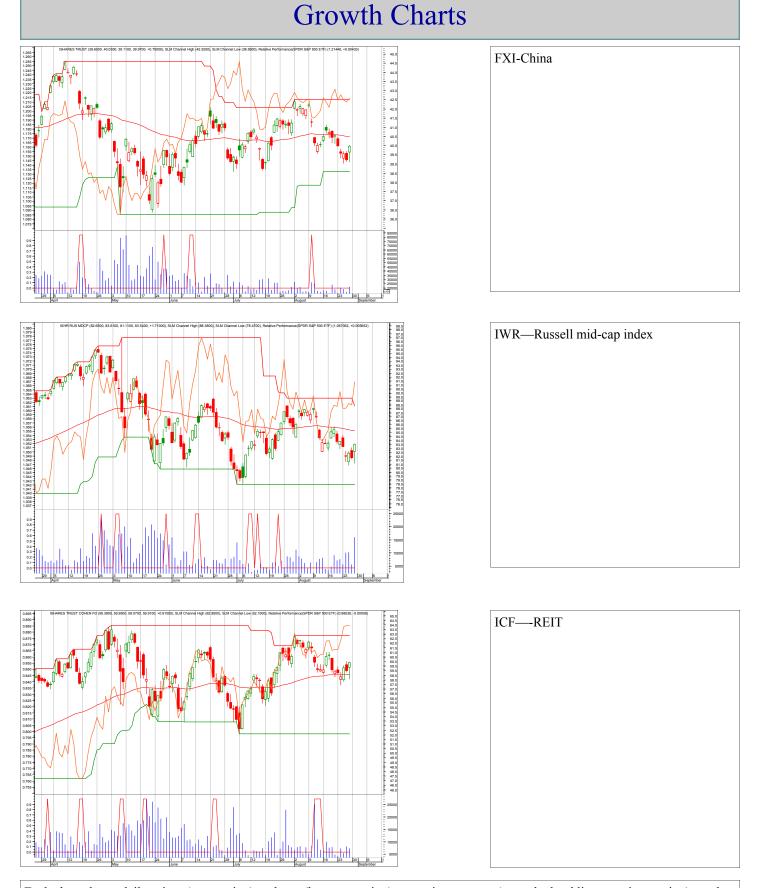
ACTION FOR PORTFOL			O DETAILS	3				Value as of	date:	8/27/2010			
Action			Action	# of	Action		Closing		Start	Ending	# of	Current	Percent of
Date	Action	Symbol	Price	Shares	Value	Symbol	Stop	Description	Price	Price	Shares	Value	Total
						LONG E	TFs-						
23-Aug	sell	ILF	45.41	226.3	10,276	IWR	81.43		82.32	83.54	121.5	10,150.11	10.0%
30-Aug	buy	IWR		120.0		ICF	55.30		57.42	59.91	174.2	10,436.32	10.3%
30-Aug	buy	EWS		400.0		ΙΥΜ	55.85		61.38	58.94	162.9	9,601.33	9.4%
30-Aug	buy	XLU		300.0									
						FXI	38.50		38.48	39.97	259.9	10,388.20	10.2%
						EWS	11.80						
						XLU	30.00						
						SHORT	ETFs-						
													0.0%
													0.0%
						Cash fro	m short					-	0.0%
						Money N	/larket			1.00	61,112	61,112.00	60.1%
										Total '	Valuation=	101,687.96	100.0%

WEEKLY REVIEW

Make the purchases as noted above. After the purchases, the portfolio will be about 60% invested and 40% in cash.

The stop levels have also been modified.

See performance rankings of the equity oriented ETFs on page six.



Each chart shows daily prices (top portion), volume (bottom portion), a moving average (smoothed red line on price portion), a relative performance indicator between the ETF and S&P 500 (orange line), and red spikes. The spikes show potential buy and sell short signals. Generally speaking, it the moving average is trending down, the spike shows a potential sell short. If the moving average is trending up, but the ETF declines, the spike shows a potential buy. The charts do not show selling or covering signals.

ETF Growth Performance Page

SYMBOL	NAV	RoC
EWM	12.96	96.46%
ICF	59.91	
RWR	55.31	71.12%
IYR	50.98	67.07%
IAU	12.12	52.87%
GLD	121.01	52.29%
EWS	12.20	48.23%
IGV	48.04	45.58%
EWD	24.81	45.46%
XLU	31.14	
EWY	48.00	38.14%
EZA	58.48	37.14%
VPU	65.58	36.47%
IDU	75.29	36.41%
IXP	53.45	34.46%
EWH	16.14	33.13%
EWL	21.46	30.23%
IYM	58.94	
ILF	45.43	29.21%
VCR	48.70	27.97%
EWZ	68.69	26.57%
XLY	30.69	26.47%
EEM	40.49	25.88%
EPP	39.52	25.08%
EWA	21.17	24.78%
DVY	44.69	
PEY	7.91	23.82%
VO	60.99	23.21%
VAW	66.07	23.08%
IWS	37.78	23.03%
IYK	56.67	22.20%
EWT	12.36	21.86%
IYT	75.81	21.36%
EWW	48.73	
IWR	83.54	20.79%
VDC	67.17	18.79%
IWP	45.40	18.68%
EWC	26.32	18.29%
EWU	15.17	17.78%
EWK	11.89	16.75%
IYC	55.91	16.37%
XLB	31.38	15.52%
XLP	26.69	15.23%
VXF	43.55	13.89%
RSP	39.29	13.74%
VBK	60.23	12.31%
IBB	84.00	12.06%
XLI	28.74	11.85%
PWO	39.94	11.83%
DSG	84.35	10.76%
VB	57.91	10.52%
4 D	57.51	10.02/0

VBR	55.13	9.23%
QQQQ	44.07	9.16%
PGJ	23.73	6.60%
ELV	56.40	6.48%
IYJ	53.16	4.83%
DSV	56.73	4.26%
IXJ	47.12	3.30%
VUG	50.61	3.15%
VTI	54.38	2.94%
IYY	53.33	2.80%
VV	48.66	2.35%
ISI	48.35	2.03%
PWC	36.52	1.85%
IGN		
	26.36	1.64%
IYH	58.99	0.07%
XLK	21.04	-0.02%
EFA	50.52	-0.03%
ELG	46.61	-0.19%
IWM	61.65	-0.29%
FXI	39.97	-0.39%
VHT	50.56	-0.70%
IEV	34.39	-1.26%
XLV	28.57	-2.49%
VGT	50.36	-2.79%
IYW	52.48	-3.56%
IGM	49.48	-4.07%
EWO	17.47	-4.22%
OEF	48.44	-5.06%
IGE	32.15	-5.13%
100	54.36	-5.42%
FEU	30.68	-6.00%
DGT	50.88	-7.49%
EWN	18.04	-8.25%
EWJ	9.52	-10.30%
IXG	41.45	
DBC	22.54	-10.95%
	28.27	-11.09%
VFH ITF	41.24	-11.93%
IGW	43.10	-12.04%
IYF	49.67	-12.67%
IXN	50.69	-14.39%
EWG	19.62	-15.94%
XI F	13.73	-17.44%
XLF EWP	37.17	-17.50%
XLE	52.10	-17.30 <i>%</i> -18.31%
IYE	30.12	-10.31% -19.92%
EZU	30.12	-19.92% -21.66%
EWQ	21.21	-21.00% -24.27%
	22.40	
FEZ	33.19	-25.06%
IXC	31.11	-26.55%
EWI	15.14	-36.56%
IYG	48.71	-38.73%

The two columns to the left show the rankings of the equity oriented ETFs in our database through the previous Friday's close.

These rankings are based on momentum indicators around which we generally want to trade. Our general strategy is to invest with the stronger performing ETFs by investing with the main trend and against the minor trend down. This means that in a bear (down) market, we want to short the funds that rally against their main trend downward. In a bull market, we want to buy during selloffs with the main trend up.

(Continued from page 1) REVIEW

104.35. It's shown on the chart on the front page. I've also drawn in the primary downtrend line.

So, see the Growth Portfolio for buys and stops as I try to take advantage of where the market is and where it might be heading.

ETF Database

Security (1997) Security (Exchange Traded Fund	Symbol	Base	Provider	Exchange Traded Fund	Symbol	Base	Provider
Section Control Cont			Broad	streetTRACKS			Intrntl	iShares
Section Control Cont	DIAMONDS	DIA	Broad	PDR Services LLC	iShares MSCI-Mexico	EWW	Intrntl	BGI
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Descriptions & Disclosures

PORTFOLIO DESCRIPTIONS (pages 2 and 3)

Our guiding goal is to provide the most return with the least risk consistently over time through bull and bear markets.

Income Portfolio, page2: Uses a proprietary selection methodology on all of the monitored bond-oriented ETFs to pick the top ETFs. I then use a proprietary timing model to decide whether to buy, sell, hold, or avoid.

Growth Portfolio, page 3: Uses the same methodologies as in the Income Portfolio, except as it is applied to stock-oriented ETFs.

All portfolios were started on 1/1/10 with \$100,000.

Portfolio changes will usually be made at the close on Monday, unless otherwise noted in any emailed hotline update. Issues are normally posted on Mondays by 1:30pm cst.

Portfolios are updated through the Friday close the week before.

Dividends are reinvested in additional shares. Commissions of \$5/trade and short-term redemption charges, if any, are applied. Interest is zero for the money market (cash) position.

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Unless otherwise noted, the weekly eNewsletter is posted by 1:30 PM central time each Monday, except for holidays and then on Tuesday. It may contain actionable, specific buy or sell advice to take that day at the Monday close in each portfolio. Portfolio data will be updated through the previous Friday's close. Fund symbols, rather than names, are the official identification used for activity.

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