

ETF Selections & Timing

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 Volume 1
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Still The Economy

Recurring fears of an economic slowdown have hit the stock and bond markets in opposite ways the last couple of weeks. For stocks, they took a negative hit, but for bonds, it was positive. Take a look at the Scoreboard returns on the table below.

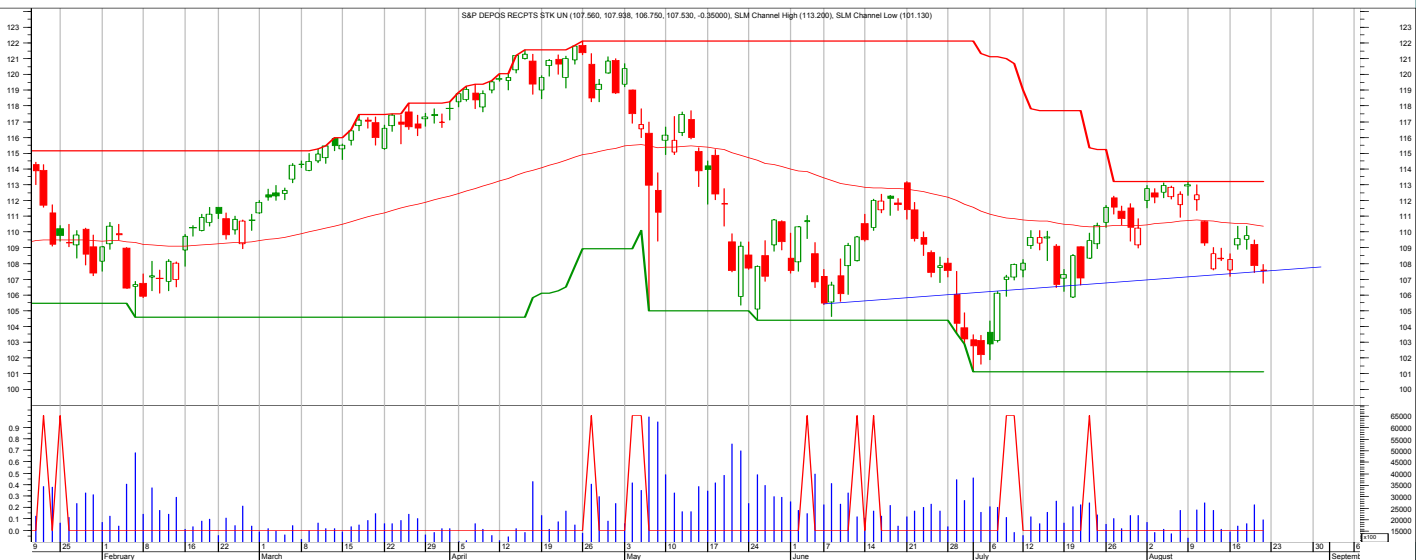
The main two drags are housing and employment. After a year of recovery, the unemployment rate is actually up 0.1% from 9.4% to 9.5% currently. Investors are beginning to wonder what it will take for this to change.

The second drag is housing.

According to Bloomberg, in 7 of the last 8 recessions, housing led the recovery. This time, however, given the overhang and foreclosures, it may drag the economy back down.

But the reality for stocks is

(Continued on bottom right on page 6 see REVIEW)



The chart shows the daily S&P 500 with red smoothed line an 80-day moving average and orange line a relative comparison to the bond market. The lower part shows blue volume and red spikes as possible trading signals.

SCOREBOARD

Model	YTD	52-week	26-week	13-week	4-week	1-week
ETF Income Portfolio	4.4%		4.8	4.5	0.2	0.6%
ETF Growth Portfolio	1.9%		2.1	0.9	-1.2	0.2%
Aggrgt Bond (AGG)	5.0%		4.1	2.3	0.8	0.3%
Wilshire 5000	-3.0%		-3.0	-1.7	-3.1	-0.5%

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Income Portfolio

ACTION FOR			PORTFOLIO DETAILS			Value as of date: 8/20/2010							
Action Date	Action	Symbol	Action Price	# of Shares	Action Value	Symbol	Closing Stop Description	Start Price	Ending Price	# of Shares	Current Value	Percent of Total	
10-May	buy	PHB	17.75	563.4	10,000	PHB		17.71	17.91	3,226.7	57,790.99	55.3%	
						TIP		104.93	107.16	120.4	12,903.33	12.4%	
17-May	sell	PHB	17.47	300	5,241	BSV		80.25	81.58	303.2	24,734.89	23.7%	
17-May	buy	AGG	105.13	47.6	5,000	AGG		105.13	108.30	48.0	5,202.19	5.0%	
25-May	sell	TIP	105.70	120	12,684								
25-May	buy	BSV	80.53	149.0	12,000								
						Money Market				1.00	3,808	3,808.00	3.6%
										Total Valuation=		104,439.40	100.0%

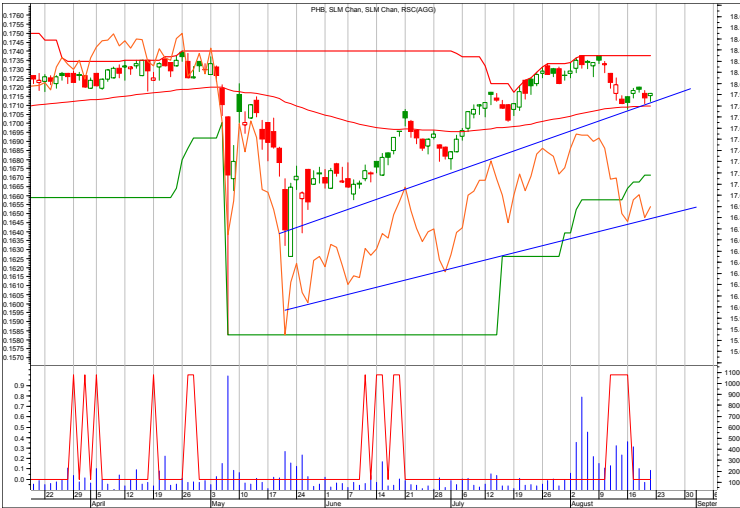
SYMBOL	NAV	RoC
TBF	43.00	
PFF	39.58	64.53%
PCY	27.47	45.03%
BWX	58.50	43.13%
TLH	118.13	33.63%
LQD	110.39	31.67%
TLT	100.10	29.61%
IEF	96.88	28.51%
HYG	88.37	28.30%
PLW	28.95	26.23%
PHB	18.19	25.98%
IGOV	102.90	25.67%
BND	82.03	17.69%
GVI	109.46	16.14%
AGG	107.63	15.55%
TIP	107.06	15.05%
MBB	109.88	11.46%
BSV	81.45	9.52%
FXE	132.45	8.99%
SHY	84.23	3.53%
PST	41.81	-82.28%
TBT	35.78	-96.25%

WEEKLY REVIEW and PREVIEW

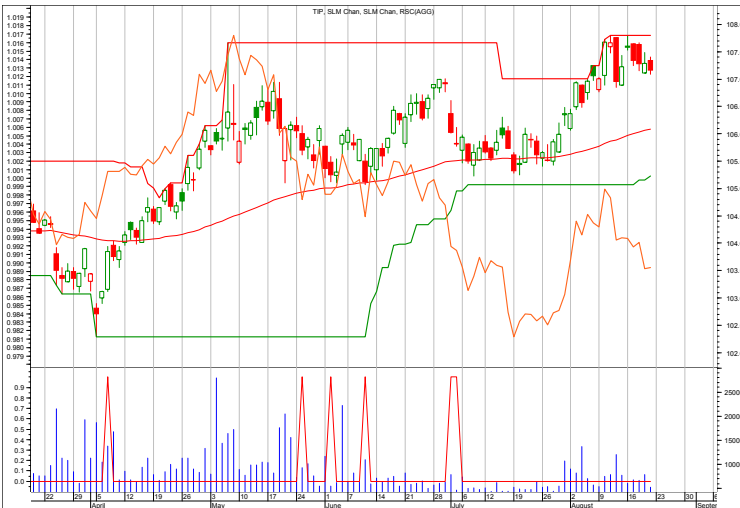
Bonds have been rallying substantially this year. The laggard of the group is the high-yield area, which comprises about half the total portfolio. This divergence is very noticeable over the last two weeks, as investment grade, and especially Treasuries have rallied to all-time high prices (record low yields). High yields, however, sold off the last two weeks on economic fears.

Given a slow growth environment, not a recession, this should correct itself going forward.

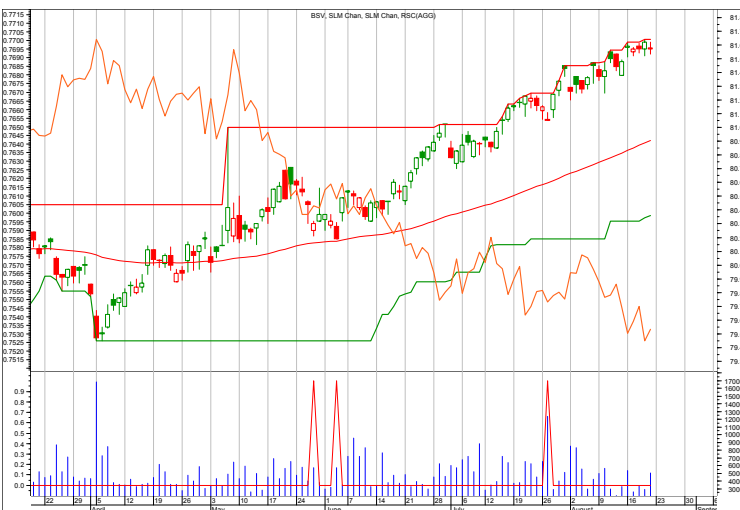
Income Charts



PHB—high yield ETF.
Good buying opportunity.



TIP—Treasury inflation protection



BSV—short term bonds

Each chart shows daily prices (top portion), volume (bottom portion), a moving average (smoothed red line on price portion, a relative strength indicator between the ETF and AGG (Aggregated bond ETF) (orange line), and red spikes. The spikes show potential places to buy and sell short. If the moving average is trending down, the spike shows a potential sell shorts. If the moving average is trending up, the spike shows potential buys. The charts do not show selling or covering signals.

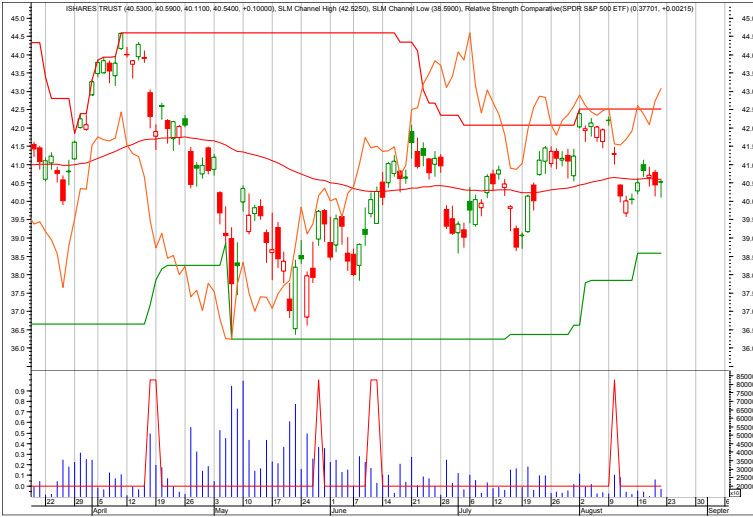
Growth Portfolio

ACTION FOR			PORTFOLIO DETAILS						Value as of date:		8/20/2010		
Action Date	Action	Symbol	Action Price	# of Shares	Action Value	Symbol	Closing Stop	Description	Start Price	Ending Price	# of Shares	Current Value	Percent of Total
23-Aug		ILF		226.3	-	LONG ETFs-							
					-	IWR	81.43		82.32	83.87	121.5	10,190.21	10.0%
					-	ICF	53.40		57.42	58.98	174.2	10,274.32	10.1%
					-	IYM	53.20		61.38	59.20	162.9	9,643.68	9.5%
					-	FXI	38.72		38.48	40.54	259.9	10,536.35	10.3%
					-	ILF	42.55		44.18	46.05	226.3	10,421.12	10.2%
					-	SHORT ETFs-							
					-								0.0%
					-								0.0%
					-	Cash from short							
					-	Money Market							
					-								-
					-								1.00
					-								50,836
					-								50,836.00
					-								49.9%
					-								Total Valuation=
					-								101,901.66
					-								100.0%

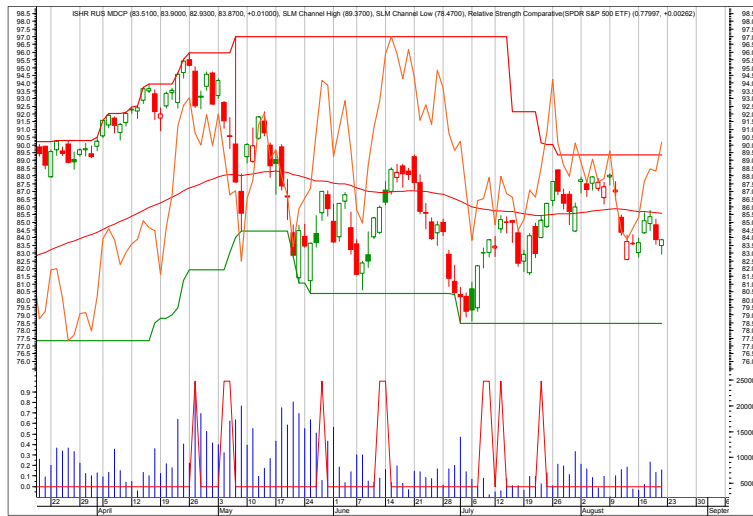
WEEKLY REVIEW

No changes this week.

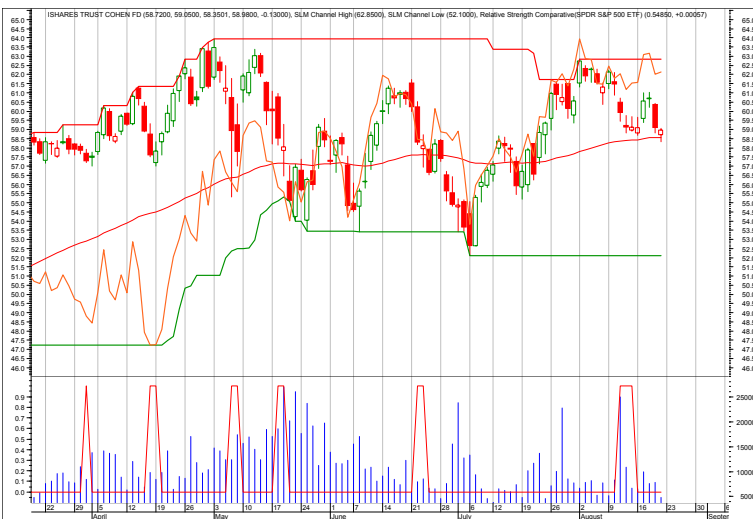
Growth Charts



FXI-China



IWR—Russell mid-cap index



ICF—REIT

Each chart shows daily prices (top portion), volume (bottom portion), a moving average (smoothed red line on price portion), a relative performance indicator between the ETF and S&P 500 (orange line), and red spikes. The spikes show potential buy and sell short signals. Generally speaking, if the moving average is trending down, the spike shows a potential sell short. If the moving average is trending up, but the ETF declines, the spike shows a potential buy. The charts do not show selling or covering signals.

ETF Growth Performance Page

SYMBOL	NAV	RoC
ICF	61.31	117.04%
RWR	56.88	112.34%
EWD	27.28	105.25%
IYR	52.28	102.04%
EZA	61.51	89.16%
EWM	12.38	86.48%
EWS	12.42	80.64%
EWY	50.66	76.73%
XLI	30.85	68.05%
IYT	80.54	67.09%
IYM	61.45	62.08%
ILF	47.20	61.88%
EWZ	71.08	61.11%
EWH	16.44	60.30%
EEM	42.08	60.23%
VCR	50.95	58.93%
PGJ	24.88	58.61%
EWO	18.87	58.46%
EWV	51.82	58.18%
EWA	22.07	57.45%
EPP	40.97	56.95%
IYJ	56.90	56.72%
EWU	16.01	56.39%
XLY	32.03	54.03%
VO	63.85	53.38%
IWS	39.51	52.80%
EWK	12.65	51.76%
DSG	88.89	51.06%
IWR	87.29	50.95%
VXF	45.81	49.93%
EWG	21.71	49.19%
VBK	63.29	48.98%
VB	61.02	48.65%
QQQQ	46.76	48.59%
VBR	58.15	47.98%
EWT	12.70	47.84%
RSP	41.26	47.81%
IWP	47.41	47.73%
IGV	48.00	47.54%
VAW	68.40	47.12%
IGN	27.88	46.08%
PEY	8.19	46.06%
IXP	54.62	45.68%
EWN	19.76	45.49%
DVY	45.97	44.08%
IEV	37.09	43.83%
DSV	59.59	41.49%
IAU	11.80	41.22%
IYK	58.03	41.05%
GLD	117.84	40.71%
IYW	56.32	40.27%

IXG	44.87	40.22%
FEU	33.18	39.72%
EFA	53.75	38.98%
VGT	53.81	38.42%
EWC	26.88	38.19%
IDU	75.27	38.14%
IWM	65.14	37.66%
XLB	32.49	37.43%
VPU	65.56	37.29%
IGM	52.96	37.15%
IYC	58.07	36.85%
EWP	41.30	36.82%
EWQ	23.51	36.16%
PWO	42.18	36.03%
XLU	30.99	35.84%
VUG	53.34	35.37%
EZU	34.18	34.60%
VTI	57.27	34.51%
XLK	22.28	34.14%
EWL	21.78	33.73%
IYY	56.07	33.27%
FXI	41.95	33.10%
ELG	49.14	33.03%
ISI	50.81	32.89%
VV	51.15	32.30%
IOO	57.81	32.28%
VDC	68.25	31.93%
VFH	30.30	29.67%
IXN	54.52	29.48%
IGW	46.59	28.89%
FEZ	36.67	27.62%
OEF	51.15	27.09%
PWC	38.09	26.69%
XLP	27.09	26.65%
IYF	53.13	26.49%
ELV	58.17	26.37%
IGE	33.88	26.02%
XLF	14.78	25.83%
DGT	53.66	22.42%
XLE	55.64	19.90%
DBC	23.29	19.71%
EWI	16.81	17.74%
VHT	52.68	16.14%
IYH	61.32	14.55%
IYE	31.96	14.13%
IXJ	48.68	13.41%
XLV	29.71	12.23%
IBB	84.00	12.06%
EWJ	9.86	11.76%
ITF	42.74	11.42%
IXC	33.23	10.76%
IYG	53.12	6.51%

The two columns to the left show the rankings of the equity oriented ETFs in our database through the previous Friday's close.

These rankings are based on momentum indicators around which we generally want to trade. Our general strategy is to invest with the stronger performing ETFs by investing with the main trend and against the minor trend down. This means that in a bear (down) market, we want to short the funds that rally against their main trend downward. In a bull market, we want to buy during selloffs with the main trend up.

(Continued from page 1) REVIEW

always the answer to the question, what is ahead? There are still two main positives.

The leading economic indicators for their part were back up slightly last month after declining the month before. The indicator is up substantially from a year ago, but has moved sideways the last few months.

Fiscal policy remains accommodative, although no new stimulus is planned. And with debt as a percentage of GDP so high, new stimulus is limited.

Interest rates are still the main positive helping the economy. Homeowners refinance as they can, saving hundreds a month. Primarily, however, it makes stock earnings appear cheap. To equalize, the Dow Industrials could double.

So, the markets should continue to muddle along for now without major moves in one direction or the other.

ETF Database

Exchange Traded Fund	Symbol	Base	Provider	Exchange Traded Fund	Symbol	Base	Provider
streetTRACKS DJ Global Titans ETF	DGT	Broad	streetTRACKS	iShares MSCI United Kingdom Index Fund	EWU	Intrntl	iShares
DIAMONDS	DIA	Broad	PDR Services LLC	iShares MSCI-Mexico	EWW	Intrntl	BGI
streetTRACKS DJ Wilshire Small Cap ETF	DSC	Broad	streetTRACKS	iShares MSCI-South Korea Index Fund	EWY	Intrntl	iShares
streetTRACKS DJ Wilshire Small Cap Growth ETF	DSG	Broad	streetTRACKS	iShares MSCI-Brazil Index Fund	EWZ	Intrntl	iShares
streetTRACKS DJ Wilshire Small Cap Value ETF	DSV	Broad	streetTRACKS	iShares MSCI-South Africa	EZA	Intrntl	BGI
iShares Dow Jones Select Dividend Index Fund	DVY	Broad	BGI	iShares MSCI-EMU	EZU	Intrntl	BGI
streetTRACKS DJ Wilshire Large Cap Growth ETF	ELG	Broad	streetTRACKS	streetTRACKS Dow Jones STOXX 50 Index Fund	FEU	Intrntl	streetTRACKS
streetTRACKS DJ Wilshire Large Cap ETF	ELR	Broad	streetTRACKS	streetTRACKS Dow Jones EURO STOXX 50 Index Fund	FEZ	Intrntl	NA
streetTRACKS DJ Wilshire Large Cap Value ETF	ELV	Broad	streetTRACKS	iShares FTSE/Xinhua China 25 Index Fund	FXI	Intrntl	BGI
streetTRACKS DJ Wilshire Mid Cap Growth ETF	EMG	Broad	streetTRACKS	iShares S&P Europe 350 Index Fund	IEV	Intrntl	iShares
streetTRACKS DJ Wilshire Mid Cap ETF	EMM	Broad	streetTRACKS	iShares S&P Latin America 40	ILF	Intrntl	BGI
streetTRACKS DJ Wilshire Mid Cap Value ETF	EMV	Broad	streetTRACKS	iShares S&P/TOPIX 150	ITF	Intrntl	BGI
First Trust Dow Jones Select MicroCap Index Fund	FDM	Broad	First Trust ETF	Vanguard European VIPERs	VGK	Intrntl	Vanguard
streetTRACKS Gold Shares	GLD	Broad	streetTRACKS	Vanguard Pacific VIPERs	VPL	Intrntl	Vanguard
iShares COMEX Gold Trust	IAU	Broad	iShares	Vanguard Emerging Markets VIPERs	VWO	Intrntl	Vanguard
iShares S&P MidCap 400 Index Fund	IJH	Broad	iShares	iShares Nasdaq Biotechnology	IBB	Sector	BGI
iShares S&P MidCap 400 Value Index Fund	IJJ	Broad	iShares	iShares Cohen & Steers Realty Majors	ICF	Sector	BGI
iShares S&P MidCap 400 Growth Index Fund	IJK	Broad	iShares	iShares Dow Jones U.S. Utilities Sector Index Fund	IDU	Sector	iShares
iShares S&P SmallCap 600 Index Fund	IJR	Broad	iShares	iShares Goldman Sachs Natural Resources	IGE	Sector	BGI
iShares S&P SmallCap 600 Value Index Fund	IJS	Broad	iShares	iShares Goldman Sachs Technology	IGM	Sector	BGI
iShares S&P SmallCap 600 Growth Index Fund	IJT	Broad	iShares	iShares Goldman Sachs Networking	IGN	Sector	BGI
iShares S&P 1500 Index Fund	ISI	Broad	iShares	iShares Goldman Sachs Software	IGV	Sector	BGI
iShares S&P 500 Value Index Fund	IVE	Broad	iShares	iShares Goldman Sachs Semiconductor	IGW	Sector	BGI
iShares S&P 500 Index	IVV	Broad	iShares	iShares S&P Global Energy Sector	IXC	Sector	BGI
iShares S&P 500 Growth Index Fund	IWW	Broad	iShares	iShares S&P Global Financial Sector	IXG	Sector	BGI
iShares Russell 1000	IWB	Broad	BGI	iShares S&P Global Healthcare Sector	IXJ	Sector	BGI
iShares Russell 1000 Value	IWD	Broad	BGI	iShares S&P Global Information Technology Sector	IXN	Sector	BGI
iShares Russell 1000 Growth	IWF	Broad	BGI	iShares S&P Global Telecommunications Sector	IXP	Sector	BGI
iShares Russell 2000	IWM	Broad	BGI	iShares Dow Jones U.S. Consumer Services Sector Index Fund	IYC	Sector	iShares
iShares Russell 2000 Value	IWN	Broad	BGI	iShares Dow Jones U.S. Energy Sector Index Fund	IYE	Sector	iShares
iShares Russell 2000 Growth	IWO	Broad	BGI	iShares Dow Jones U.S. Financial Sector Index Fund	IYF	Sector	iShares
iShares Russell Midcap Growth Index Fund	IWP	Broad	BGI	iShares Dow Jones U.S. Financial Services Index Fund	IYG	Sector	iShares
iShares Russell Midcap Index Fund	IWR	Broad	BGI	iShares Dow Jones U.S. Healthcare Sector Index Fund	IYH	Sector	iShares
iShares Russell Midcap Value Index Fund	IWS	Broad	BGI	iShares Dow Jones U.S. Industrial Sector Index Fund	IYJ	Sector	iShares
iShares Russell 3000	IWV	Broad	BGI	iShares Dow Jones U.S. Consumer Goods Sector Index Fund	IYK	Sector	iShares
iShares Russell 3000 Value	IWW	Broad	BGI	iShares Dow Jones U.S. Basic Materials Sector Index Fund	IYM	Sector	iShares
iShares Russell 3000 Growth	IWZ	Broad	BGI	iShares Dow Jones U.S. Real Estate Index Fund	IYR	Sector	iShares
iShares Dow Jones U.S. Total Market Index	IYY	Broad	iShares	iShares Dow Jones Transportation Average Index Fund	IYT	Sector	iShares
MidCap SPDRs	MDY	Broad	PDR Services LLC	iShares Dow Jones U.S. Technology Sector Index Fund	IYW	Sector	iShares
iShares S&P 100 Index Fund	OEF	Broad	BGI	iShares Dow Jones U.S. Telecommunications Sector Index Fund	IYZ	Sector	iShares
SPDR O-Strip ETF	OOO	Broad	State Street	streetTRACKS KBW Bank ETF	KBE	Sector	streetTRACKS
PowerShares WilderHill Clean Energy Portfolio	PBW	Broad	PowerShares ETF	streetTRACKS KBW Capital Markets ETF	KCE	Sector	streetTRACKS
PowerShares High Yield Equity Dividend Achievers Portfolio	PEY	Broad	PowerShares ETF	streetTRACKS KBW Insurance ETF	KIE	Sector	streetTRACKS
PowerShares Dividend Achievers Portfolio	PFM	Broad	PowerShares ETF	streetTRACKS Morgan Stanley Technology ETF	MTK	Sector	streetTRACKS
PowerShares Golden Dragon Halter USX China Portfolio	PGJ	Broad	PowerShares ETF	PowerShares Dynamic Biotechnology & Genome Portfolio	PBE	Sector	PowerShares ETF
PowerShares High Growth Rate Dividend Achievers Portfolio	PHJ	Broad	PowerShares ETF	PowerShares Dynamic Food & Beverage Portfolio	PBJ	Sector	PowerShares ETF
PowerShares International Dividend Achievers Portfolio	PID	Broad	PowerShares ETF	PowerShares Dynamic Media Portfolio	PBS	Sector	PowerShares ETF
PowerShares Value Line Timeliness Select Portfolio	PIV	Broad	PowerShares ETF	PowerShares Dynamic Leisure & Entertainment Portfolio	PEJ	Sector	PowerShares ETF
PowerShares Dynamic Large Cap Growth Portfolio	PWB	Broad	PowerShares ETF	PowerShares Dynamic Water Resource Portfolio	PHO	Sector	PowerShares ETF
PowerShares Dynamic Market Portfolio	PWC	Broad	PowerShares ETF	PowerShares Dynamic Hardware & Consumer Electronics Portfolio	PHW	Sector	PowerShares ETF
PowerShares Dynamic Mid Cap Growth Portfolio	PWJ	Broad	PowerShares ETF	PowerShares Dynamic Insurance Portfolio	PIC	Sector	PowerShares ETF
PowerShares Dynamic OTC Portfolio	PWO	Broad	PowerShares ETF	PowerShares Dynamic Pharmaceuticals Portfolio	PJP	Sector	PowerShares ETF
PowerShares Dynamic Mid Cap Value Portfolio	PWP	Broad	PowerShares ETF	PowerShares Dynamic Building & Construction Portfolio	PKB	Sector	PowerShares ETF
PowerShares Dynamic Small Cap Growth Portfolio	PWT	Broad	PowerShares ETF	streetTRACKS Morgan Retail Portfolio	PMR	Sector	PowerShares ETF
PowerShares Dynamic Large Cap Value Portfolio	PWV	Broad	PowerShares ETF	PowerShares Aerospace & Defense Portfolio	PPA	Sector	PowerShares ETF
PowerShares Dynamic Small Cap Value Portfolio	PWY	Broad	PowerShares ETF	PowerShares Dynamic Semiconductors Portfolio	PSI	Sector	PowerShares ETF
PowerShares Zacks Micro Cap Portfolio	PZI	Broad	PowerShares ETF	PowerShares Dynamic Software Portfolio	PSJ	Sector	PowerShares ETF
Nasdaq-100 Index Tracking Stock	QQQQ	Broad	Nasdaq Financial Products	PowerShares Dynamic Telecom & Wireless Portfolio	PTE	Sector	PowerShares ETF
Rydex S&P Equal Weight ETF	RSP	Broad	Rydex ETF	PowerShares Dynamic Utilities Portfolio	PUI	Sector	PowerShares ETF
SPDR Dividend ETF	SDY	Broad	NA	PowerShares Dynamic Energy Exploration & Production Portfolio	PXE	Sector	PowerShares ETF
SPDRs	SPY	Broad	PDR Services LLC	PowerShares Dynamic Oil Services Portfolio	PXJ	Sector	PowerShares ETF
streetTRACKS DJ Wilshire Total Market ETF	TMW	Broad	streetTRACKS	PowerShares Lux Nanotech Portfolio	PXN	Sector	PowerShares ETF
Vanguard Small-Cap VIPERs	VB	Broad	Vanguard	PowerShares Dynamic Networking Portfolio	PXQ	Sector	PowerShares ETF
Vanguard Small-Cap Growth VIPERs	VBK	Broad	Vanguard	streetTRACKS DJ Wilshire REIT ETF	RWR	Sector	streetTRACKS
Vanguard Small-Cap Value VIPERs	VBR	Broad	Vanguard	Vanguard Materials VIPERs	VAW	Sector	Vanguard
Vanguard Mid-Cap VIPERs	VO	Broad	Vanguard	Vanguard Consumer Discretionary VIPERs	VCR	Sector	Vanguard
Vanguard Total Stock Market VIPERs	VTI	Broad	Vanguard	Vanguard Consumer Staples VIPERs	VDC	Sector	Vanguard
Vanguard Value VIPERs	VTV	Broad	Vanguard	Vanguard Energy VIPERs	VDE	Sector	Vanguard
Vanguard Growth VIPERs	VUG	Broad	Vanguard	Vanguard Financials VIPERs	VFH	Sector	Vanguard
Vanguard Large-Cap VIPERs	VV	Broad	Vanguard	Vanguard Information Technology VIPERs	VGT	Sector	Vanguard
Vanguard Extended Market VIPERs	VXF	Broad	Vanguard	Vanguard Health Care VIPERs	VHT	Sector	Vanguard
Rydex Russell Top 50 ETF	XLG	Broad	Rydex ETF	Vanguard Industrials VIPERs	VIS	Sector	Vanguard
iShares MSCI Emerging Markets	EEM	Intrntl	BGI	Vanguard REIT VIPERs	VNQ	Sector	Vanguard
iShares MSCI-EAFE	EFA	Intrntl	BGI	Vanguard Telecommunication Services VIPERs	VOX	Sector	Vanguard
iShares MSCI-Pacific Ex-Japan	EPP	Intrntl	BGI	Vanguard Utilities VIPERs	VPU	Sector	Vanguard
iShares MSCI-Australia	EWA	Intrntl	BGI	Select Sector SPDR-Materials	XLB	Sector	State Street
iShares MSCI-Canada	EWC	Intrntl	BGI	Select Sector SPDR-Energy	XLE	Sector	State Street
iShares MSCI Sweden Index Fund	EWD	Intrntl	iShares	Select Sector SPDR-Financial	XLF	Sector	State Street
iShares MSCI-Germany	EWG	Intrntl	BGI	Select Sector SPDR-Industrial	XLI	Sector	State Street
iShares MSCI Hong Kong Index Fund	EWH	Intrntl	iShares	Select Sector SPDR-Technology	XLK	Sector	State Street
iShares MSCI Italy Index Fund	EWI	Intrntl	iShares	Select Sector SPDR-Consumer Staples	XLP	Sector	State Street
iShares MSCI Japan Index Fund	EWJ	Intrntl	iShares	Select Sector SPDR-Utilities	XLU	Sector	State Street
iShares MSCI Belgium Index Fund	EWK	Intrntl	iShares	Select Sector SPDR-Health Care	XLV	Sector	State Street
iShares MSCI Switzerland Index Fund	EWL	Intrntl	iShares	Select Sector SPDR-Consumer Discretionary	XLY	Sector	State Street
iShares MSCI Malaysia Index Fund	EWM	Intrntl	iShares				
iShares MSCI Netherlands Index Fund	EWN	Intrntl	iShares	iShares Lehman Aggregate Bond Fund	AGG	Broad	BGI
iShares MSCI-Austria	EWO	Intrntl	BGI	iShares GS \$ InvesTopTM Corporate Bond Fund	LQD	Broad	BGI
iShares MSCI Spain Index Fund	EWP	Intrntl	iShares	iShares Lehman 1-3 Year Treasury Bond Fund	SHY	Broad	BGI
iShares MSCI France Index Fund	EWQ	Intrntl	iShares	iShares Lehman 7-10 Year Treasury Bond Fund	IEF	Broad	BGI
iShares MSCI Singapore (Free) Index Fund	EWS	Intrntl	iShares	iShares Lehman 20+ Year Treasury Bond Fund	TLT	Broad	BGI
iShares MSCI Taiwan Index Fund	EWT	Intrntl	iShares				

This information is reformatted from the American Stock Exchange.

Descriptions & Disclosures

PORTFOLIO DESCRIPTIONS (pages 2 and 3)

Our guiding goal is to provide the most return with the least risk consistently over time through bull and bear markets.

Income Portfolio, page2: Uses a proprietary selection methodology on all of the monitored bond-oriented ETFs to pick the top ETFs. I then use a proprietary timing model to decide whether to buy, sell, hold, or avoid.

Growth Portfolio, page 3: Uses the same methodologies as in the Income Portfolio, except as it is applied to stock-oriented ETFs.

All portfolios were started on 1/1/10 with \$100,000.

Portfolio changes will usually be made at the close on Monday, unless otherwise noted in any emailed hotline update. Issues are normally posted on Mondays by 1:30pm est.

Portfolios are updated through the Friday close the week before.

Dividends are reinvested in additional shares. Commissions of \$5/trade and short-term redemption charges, if any, are applied.

Interest is zero for the money market (cash) position.

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Unless otherwise noted, the weekly eNewsletter is posted by 1:30 PM central time each Monday, except for holidays and then on Tuesday. It may contain actionable, specific buy or sell advice to take that day at the Monday close in each portfolio. Portfolio data will be updated through the previous Friday's close. Fund symbols, rather than names, are the official identification used for activity.

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