ETF Selections & Timing

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August 2, 2010 (data through previous Friday close)
Volume 1
Issue 29

Extension of Rally

I mentioned last week that the market discounted the bad news of a slowing economy and expiring fiscal stimulus programs by selling off between April and July. The economic news recently has still been poor, but now the market is rallying. So evidently, not only was the bad news discounted, but so was the possibility of a double-dip recession.

The market's problem is that the economy is not in another recession, hence the market overshot the bad news to the downside and now has to correct its correction; it is now back in gear to the upside.

For example, the ISM manufacturing index number fell again for the third month, but it is still at 55, which is above the 50 level that is the fulcrum point between expan-

(Continued on bottom right on page 6 see REVIEW)



The chart shows the daily S&P 500 with red smoothed line an 80-day moving average and orange line a relative comparison to the bond market. The lower part shows blue volume and red spikes as possible trading signals.

SCOREBOARD

| Model | YTD | 52-week | 26-week | 13-week | 4-week | 1-week |
|----------------------|------|---------|---------|---------|--------|--------|
| ETF Income Portfolio | 4.3% | | 4.6 | 2.5 | 2.5 | 0.2% |
| ETF Growth Portfolio | 2.9% | | 4.6 | -0.5 | 4.5 | -0.2% |
| | | | | | | |
| Aggrgt Bond (AGG) | 4.5% | | 3.1 | 2.8 | 1.0 | 0.4% |
| Wilshire 5000 | 0.0% | | 3.1 | -7.4 | 7.9 | -0.1% |

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Income Portfolio

| ACTION FOR PORTFOLK | | | .IO D | ETAILS | | | | | Value as of | date: | 7/30/2010 | | | |
|---------------------|--------|--------|--------|--------|--------|----|-----------|--------|-------------|--------|-----------|------------|------------|------------|
| Action | | | Action | # of | Action | | С | losing | | Start | Ending | # of | Current | Percent of |
| Date | Action | Symbol | Price | Shares | Value | S | ymbol | Stop | Description | Price | Price | Shares | Value | Total |
| 10-May | buy | PHB | 17.75 | 563.4 | 10,000 | Pl | HB | | | 17.71 | 18.07 | 3,205.5 | 57,923.15 | 55.5% |
| | | | | | | TI | IP | | | 104.93 | 106.37 | 120.2 | 12,788.74 | 12.3% |
| 17-May | sell | PHB | 17.47 | 300 | 5,241 | В | SV | | | 80.25 | 81.43 | 302.6 | 24,642.67 | 23.6% |
| 17-May | buy | AGG | 105.13 | 47.6 | 5,000 | Α | GG | | | 105.13 | 107.85 | 47.9 | 5,165.04 | 5.0% |
| | | | | | | | | | | | | | | |
| 25-May | sell | TIP | 105.70 | 120 | 12,684 | | | | | | | | | |
| 25-May | buy | BSV | 80.53 | 149.0 | 12,000 | | | | | | | | | |
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| | | | | | | М | loney Mar | rket | | | 1.00 | 3,808 | 3,808.00 | 3.7% |
| | | | | | | | , | | | | Total | Valuation= | 104,327.60 | 100.0% |

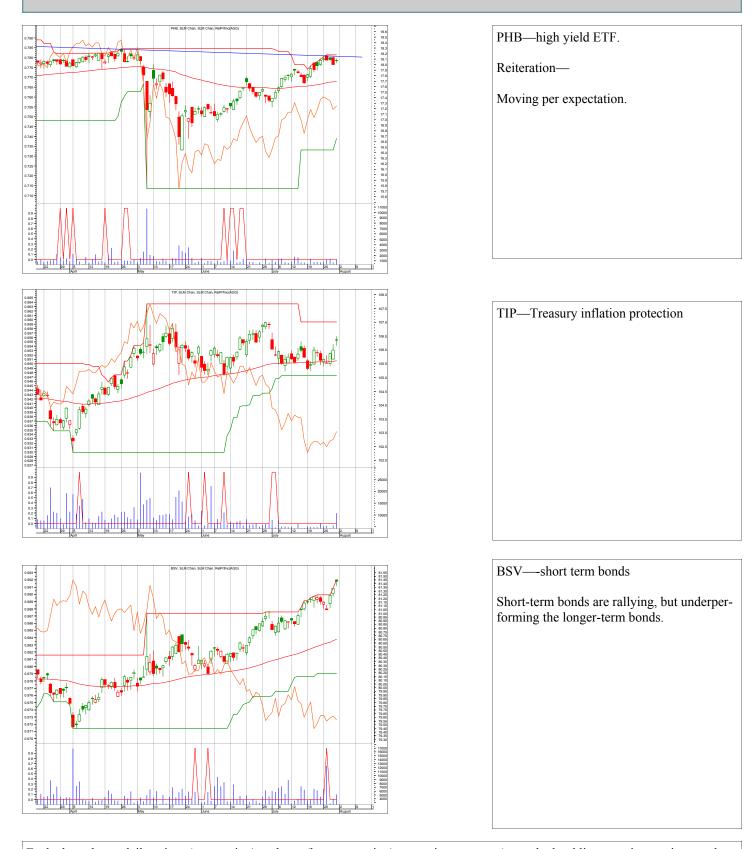
| SYMBOL | NAV | RoC |
|--------|--------|---------|
| TBF | 43.05 | |
| PFF | 39.35 | 64.14% |
| PCY | 27.03 | 36.68% |
| LQD | 110.30 | 32.39% |
| HYG | 88.62 | 32.09% |
| TLH | 117.57 | 29.47% |
| TLT | 100.48 | 29.18% |
| BWX | 57.03 | 27.17% |
| IEF | 96.29 | 23.46% |
| PLW | 28.87 | 22.60% |
| PHB | 18.07 | 22.41% |
| AGG | 107.85 | 17.64% |
| GVI | 109.50 | 16.47% |
| BND | 81.85 | 16.35% |
| IGOV | 101.10 | 16.13% |
| MBB | 110.04 | 13.18% |
| TIP | 106.37 | 11.90% |
| BSV | 81.43 | 9.44% |
| SHY | 84.21 | 3.34% |
| FXE | 129.88 | -0.85% |
| PST | 42.59 | -71.37% |
| TBT | 35.85 | -90.15% |

WEEKLY REVIEW and PREVIEW

No changes this week.

Bonds have had a nice rally, given the economy's weakness. So it shouldn't be a surprise to see some backing and filling in the month ahead.

Income Charts



Each chart shows daily prices (top portion), volume (bottom portion), a moving average (smoothed red line on price portion, a relative strength indicator between the ETF and AGG (Aggregated bond ETF) (orange line), and red spikes. The spikes show potential places to buy and sell short. If the moving average is trending down, the spike shows a potential sell shorts. If the moving average is trending up, the spike shows potential buys. The charts do not show selling or covering signals.

Growth Portfolio

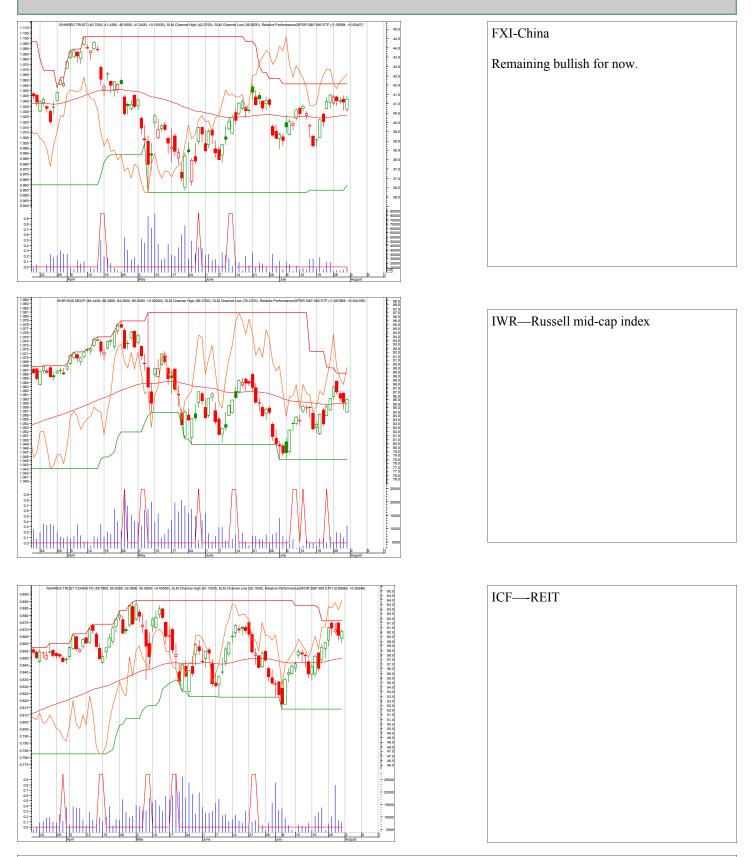
| ACTION FOR PORTFOLI | | | O DETAILS | DETAILS | | | | Value as of date: | | | | | |
|---------------------|--------|--------|-----------|---------|---------|----------|---------|-------------------|-------|---------|------------|------------|------------|
| Action | | | Action | # of | Action | | Closing | | Start | Ending | # of | Current | Percent of |
| Date | Action | Symbol | Price | Shares | Value | Symbol | Stop | Description | Price | Price | Shares | Value | Total |
| | | | | | | LONG E | TFs- | | | | | | |
| 28-Jun | sell | DBC | 22.10 | 412.2 | 9,110 | IWR | 81.43 | | 82.32 | 86.00 | 121.5 | 10,449.00 | 10.2% |
| 28-Jun | buy | ICF | 57.42 | 174.2 | 10,000 | | | | | | | | |
| | | | | | | ICF | 53.40 | | 57.42 | 60.56 | 174.2 | 10,549.55 | 10.3% |
| 12-Jul | sell | VHT | 51.31 | 176.2 | 9,041 | ΙΥΜ | 53.20 | | 61.38 | 59.93 | 162.9 | 9,762.60 | 9.5% |
| 12-Jul | sell | IBB | 78.29 | 125.5 | 9,825 | | | | | | | | |
| | | | | | | FXI | 38.72 | | 38.48 | 41.24 | 259.9 | 10,718.28 | 10.4% |
| 19-Jul | short | EWS | 11.93 | (0.008) | (9,544) | ILF | 42.55 | | 44.18 | 46.61 | 226.3 | 10,547.84 | 10.3% |
| 19-Jul | short | EWI | 15.56 | (600.0) | (9,336) | | | | | | | | |
| | | | | | | | | | | | | | |
| 26-Jul | cover | EWS | 12.24 | 0.008 | 9,792 | | | | | | | | |
| 26-Jul | cover | EWI | 16.42 | 600.0 | 9,852 | SHORT | ETFs- | | | | | | |
| | | | | | | | | | | | | | 0.0% |
| | | | | | | | | | | | | | 0.0% |
| | | | | | | | | | | | | | |
| | | | | | | | | | | | | | |
| | | | | | | Cash fro | m short | | | | | - | 0.0% |
| | | | | | | Money N | /larket | | | 1.00 | 50,836 | 50,836.00 | 49.4% |
| | | | | | | | | | | Total ' | Valuation= | 102,863.27 | 100.0% |

WEEKLY REVIEW

The two short positions were stopped out at small losses. The other positions are rallying with the market.

See performance rankings of the equity oriented ETFs on page six.





Each chart shows daily prices (top portion), volume (bottom portion), a moving average (smoothed red line on price portion), a relative performance indicator between the ETF and S&P 500 (orange line), and red spikes. The spikes show potential buy and sell short signals. Generally speaking, it the moving average is trending down, the spike shows a potential sell short. If the moving average is trending up, but the ETF declines, the spike shows a potential buy. The charts do not show selling or covering signals.

ETF Growth Performance Page

| SYMBOL | NAV | RoC |
|--------|-------|---------|
| ICF | 60.56 | 109.65% |
| RWR | 56.07 | |
| IYR | 51.65 | 94.23% |
| EWD | 26.08 | 88.13% |
| EZA | 60.65 | 83.82% |
| EWM | 12.27 | 83.31% |
| EWS | 12.31 | 75.87% |
| IYT | 79.75 | 68.64% |
| EWY | 49.05 | 65.86% |
| XLI | 30.29 | |
| IYM | | |
| | 59.93 | 63.20% |
| ILF | 46.61 | 62.81% |
| EWZ | 70.38 | 60.40% |
| EEM | 41.40 | 58.82% |
| EWW | 50.96 | 56.17% |
| DSG | 88.28 | 55.81% |
| IYJ | 56.14 | 55.15% |
| VBK | 62.93 | 55.09% |
| IGV | 47.25 | 54.28% |
| EWA | 21.55 | 54.17% |
| VCR | 50.18 | 53.03% |
| VAW | 67.21 | 52.99% |
| VB | 60.67 | 52.77% |
| IWS | 39.00 | 52.64% |
| VXF | 45.37 | 52.03% |
| EPP | 40.02 | 51.38% |
| DSV | 60.11 | 51.13% |
| VBR | 57.92 | 50.67% |
| VO | 62.74 | 50.20% |
| IWR | 86.00 | 49.84% |
| IGN | 27.42 | 49.61% |
| XLB | 32.01 | 49.39% |
| EWN | 19.38 | 48.15% |
| QQQQ | 45.81 | |
| PGJ | 24.28 | 46.87% |
| PEY | 8.14 | 46.31% |
| IYK | 57.45 | 46.23% |
| XLY | 31.44 | 46.06% |
| IWM | 65.02 | 45.99% |
| IYW | 55.44 | 45.23% |
| DVY | 45.52 | 45.07% |
| EWT | 12.41 | 44.97% |
| IWP | 46.55 | 44.77% |
| EWO | 18.19 | 44.39% |
| RSP | 40.58 | 43.74% |
| EWH | 15.94 | 43.20% |
| PWO | 41.81 | 43.20% |
| VGT | 53.02 | 43.20 % |
| EWC | 26.66 | 43.19 % |
| EWU | 15.39 | 41.90% |
| EWP | | |
| CVVP | 39.47 | 40.56% |

| | 1 | |
|------------|--------|--------|
| IGM | 51.99 | 39.59% |
| IXG | 44.09 | 39.49% |
| EWK | 12.22 | 38.92% |
| XLK | 21.92 | 38.18% |
| IXP | 53.13 | 38.06% |
| VDC | 67.93 | 37.37% |
| IGW | 45.98 | 36.14% |
| IEV | 35.68 | 35.24% |
| IXN | 53.83 | 35.00% |
| VUG | 52.28 | 34.44% |
| IYC | 57.33 | 33.96% |
| VPU | 64.29 | 33.82% |
| IDU | 73.74 | 33.35% |
| XLP | 26.98 | 33.10% |
| FEU | 31.88 | 32.67% |
| XLU | 30.37 | 32.46% |
| VTI | 56.25 | 32.37% |
| ELG | 48.41 | 31.86% |
| VFH | 30.18 | 31.47% |
| IYY | 55.07 | 31.27% |
| ISI | 49.97 | 30.73% |
| EWL | 21.22 | 30.61% |
| EWG | 20.74 | 30.12% |
| VV | 50.21 | 29.81% |
| EFA | 51.91 | 29.66% |
| ELV | 57.69 | 28.61% |
| IYF | 52.88 | 28.40% |
| 100 | 56.28 | 28.31% |
| IAU | 11.56 | 28.04% |
| GLD | 115.49 | 27.81% |
| XLF | 14.71 | 26.92% |
| OEF | 50.19 | 25.81% |
| EZU | 32.84 | 25.78% |
| FXI | 41.24 | 25.58% |
| PWC | 37.31 | |
| FEZ | 35.20 | 23.69% |
| EWI | 16.31 | 22.63% |
| EWQ | 22.40 | 21.31% |
| DBC | 22.89 | 19.03% |
| DBC DGT | 52.33 | 19.02% |
| IGE | 32.90 | 18.42% |
| XLE | 53.84 | 12.24% |
| IBB | 84.00 | 12.24% |
| IYG | 53.13 | 11.32% |
| IYE | 30.94 | 5.38% |
| ITF | 41.90 | 4.83% |
| EWJ | | |
| IXC | 9.63 | 3.73% |
| | 32.15 | 3.23% |
| VHT | 50.73 | -0.64% |
| IYH | 58.86 | -1.26% |
| IXJ | 46.68 | -3.21% |
| XLV | 28.57 | -3.35% |

The two columns to the left show the rankings of the equity oriented ETFs in our database through the previous Friday's close.

These rankings are based on momentum indicators around which we generally want to trade. Our general strategy is to invest with the stronger performing ETFs by investing with the main trend and against the minor trend down. This means that in a bear (down) market, we want to short the funds that rally against their main trend downward. In a bull market, we want to buy during selloffs with the main trend up.

(Continued from page 1) **REVIEW** sion and contraction.

Likewise, the GDP report slowed from 3.7% in the first quarter to 2.4% in the second quarter. Slowing expansion, but the key word is expansion.

The leading economic indicators have moved lower in their latest reporting period on July 22 for June. But one month does not make a trend. It is still up over the last three months and longer.

So, I expect the market to continue its climb to recovery highs. It is this recovery, however, in which some negative divergences form. The economy is slowing, I don't expect it to stop, but if it does, the market will turn down again. If the economy doesn't stop, then things should remain in gear to the upside. Close monitoring will be very necessary in the months ahead.

ETF Database

| Security (1997) Security (| Exchange Traded Fund | Symbol | Base | Provider | Exchange Traded Fund | Symbol | Base | Provider |
|--|--|--------|---------|------------------|---|--------|---------|--------------|
| Section Control Cont | | | Broad | streetTRACKS | | | Intrntl | iShares |
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Descriptions & Disclosures

PORTFOLIO DESCRIPTIONS (pages 2 and 3)

Our guiding goal is to provide the most return with the least risk consistently over time through bull and bear markets.

Income Portfolio, page2: Uses a proprietary selection methodology on all of the monitored bond-oriented ETFs to pick the top ETFs. I then use a proprietary timing model to decide whether to buy, sell, hold, or avoid.

Growth Portfolio, page 3: Uses the same methodologies as in the Income Portfolio, except as it is applied to stock-oriented ETFs.

All portfolios were started on 1/1/10 with \$100,000.

Portfolio changes will usually be made at the close on Monday, unless otherwise noted in any emailed hotline update. Issues are normally posted on Mondays by 1:30pm cst.

Portfolios are updated through the Friday close the week before.

Dividends are reinvested in additional shares. Commissions of \$5/trade and short-term redemption charges, if any, are applied. Interest is zero for the money market (cash) position.

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Unless otherwise noted, the weekly eNewsletter is posted by 1:30 PM central time each Monday, except for holidays and then on Tuesday. It may contain actionable, specific buy or sell advice to take that day at the Monday close in each portfolio. Portfolio data will be updated through the previous Friday's close. Fund symbols, rather than names, are the official identification used for activity.

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