

ETF Selections & Timing

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May 17, 2010 (data through previous Friday close)
Volume 1
Issue 19

Uncertainty Issue

Uncertainty remains over the Greece sovereign debt issue and its associations with governments around the world, even though the European Union has agreed in principle to take necessary action.

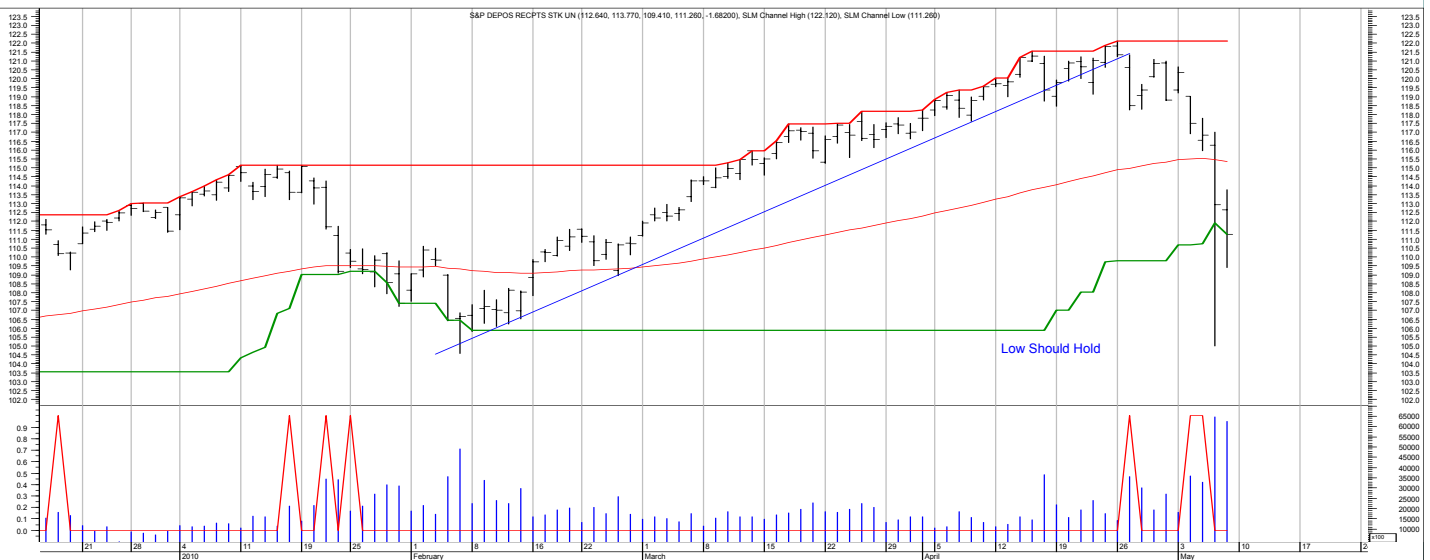
The issue that is beginning to work its way through investor

thinking is that all we're accomplishing is shifting debt from X to Y, from corporation to government, from government to government. Who and what is the final "the buck stops here" entity? It begins to look like a shell game that continues until all the suckers twice burned

wise up.

Greece has a debt to GDP ratio of about 150%. They want to reduce that to 80%. It requires belt-tightening, lower wages, austerity, and higher taxes. It's the end of an era and eras don't end without a fight.

(Continued on bottom right on page 6 see REVIEW)



The chart is the daily S&P 500 with blue smoothed line an 80-day moving average. The spikes are possible trading signals.

SCOREBOARD

Model	YTD	52-week	26-week	13-week	4-week	1-week
ETF Income Portfolio	0.9%			2.6	-0.5	0.5%
ETF Growth Portfolio	2.9%			4.4	0.3	0.1%
Aggrgt Bond (AGG)	1.7%			0.9	0.5	0.5%
Wilshire 5000	3.3%			6.5	-4.6	2.7%

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Income Portfolio

ACTION FOR			PORTFOLIO DETAILS			Value as of date: 5/14/2010						
Action Date	Action	Symbol	Action Price	# of Shares	Action Value	Symbol	Closing Stop Description	Start Price	Ending Price	# of Shares	Current Value	Percent of Total
10-May	buy	PHB	17.75	563.4	10,000	PHB		17.71	17.50	3,441.2	60,221.68	59.7%
					-	TIP		104.93	106.35	239.9	25,508.98	25.3%
17-May	sell	PHB		300		BSV		80.25	80.40	152.5	12,258.43	12.2%
17-May	buy	AGG			5,000							
						Money Market		1.00		2,883	2,883.00	2.9%
								Total Valuation=		100,872.09	100.0%	

SYMBOL	NAV	RoC
TLT	94.88	14.20%
TLH	111.86	9.46%
PLW	27.62	7.56%
IEF	91.94	6.98%
TIP	106.60	6.85%
MBB	108.13	4.36%
AGG	105.21	3.75%
BND	80.12	3.35%
GVI	106.99	2.26%
SHY	83.77	1.61%
BSV	80.40	1.32%
LQD	106.15	0.96%
PCY	25.85	0.34%
HYG	85.97	-6.45%
PHB	17.50	-8.99%
PFF	36.91	-10.18%
TBF	46.37	-19.58%
IGOV	95.75	-19.82%
BWX	53.05	-21.80%
PST	47.88	-22.25%
TBT	41.79	-40.26%
FXE	123.47	-41.99%

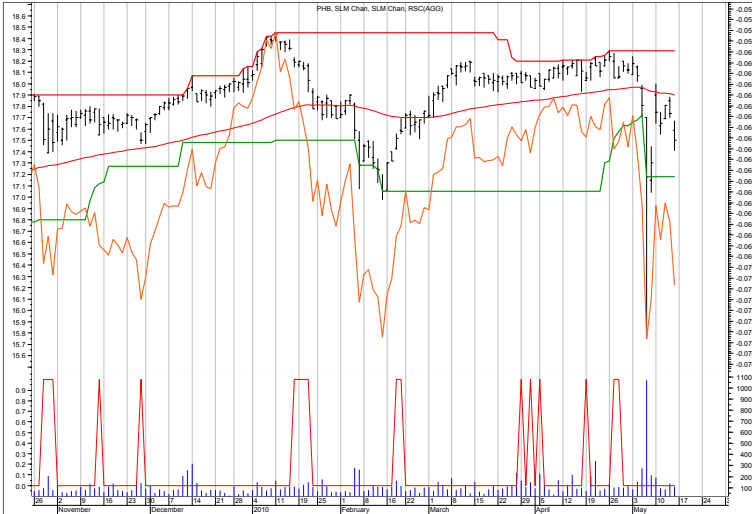
iShares Agg Bond	AGG
Vngrd Intrmtdt Bond	BND
Vngrd ShrtTrm Bond	BSV
SPDR Intrntl TBond	BWX
iShares Inter Gov	GVI
iShares High Yld	HYG
iShares 7-10yr Trsry	IEF
iShares Intrntl Tbond	IGOV
iShares Long Corp Bond	LQD
iShares Inter Bond	MBB
PS Emrg Mrkt Bnd	PCY
PS High Yield	PHB
PS Laddrd 1-30 T	PLW
iShares 1-3 yr Trsry	SHY
iShares Trsry Inflt	TIP
iShares 10-20 Trsry	TLH
iShares 20+ yr Trsry	TLT
Currency	FXE
Preferred	PFF
Ultrashort 7-10 yr T bond	PST
Short 20 yr T bond	TBF
Ultrashort 20 yr T bond	TBT

WEEKLY REVIEW and PREVIEW

Given the market uncertainties, I am going to diversify the Income Portfolio a bit. Sell a portion of PHB and buy AGG.

The high-yield sector took a big hit during the European crisis. It has bounced back a little, but too much uncertainty remains.

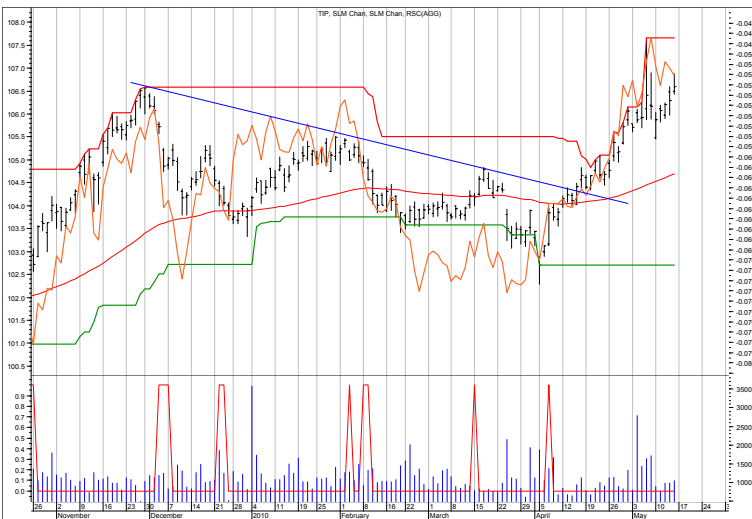
Income Charts



PHB—high yield ETF.

The high-yield area of the bond market was slammed a couple weeks ago. It bounced back some, but is now retesting the panic sell off that took place during the Greece sovereign debt crisis.

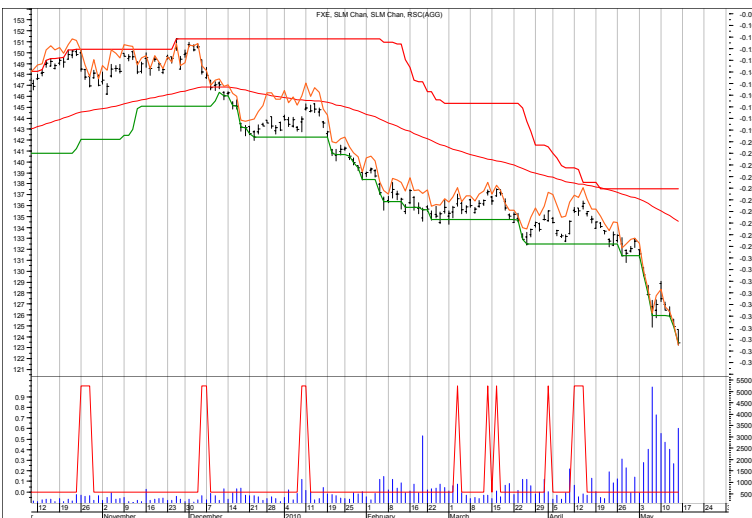
I'll use further recoveries to lighten this position in the Income Portfolio



TIP—inflation protection ETF.

This ETF benefited from the fallout in Europe. It continues to outperform the bond market.

But the strong uptrend should be met with some profit taking, before it resumes its uptrend.



FXE—foreign currency

This ETF reflects the European currency. It continues to sink against the domestic bond market in price and in performance.

Since the down trend in December, the spikes represent potential short sale points. With the FXE hitting new lows, all those short points would be profitable.

Each chart shows daily prices (top portion), volume (bottom portion), a moving average (smoothed red line on price portion, a relative strength indicator between the ETF and AGG (Aggregated bond ETF) (orange line), and red spikes. The spikes show potential places to buy and sell short. If the moving average is trending down, the spike shows a potential sell shorts. If the moving average is trending up, the spike shows potential buys. The charts do not show selling or covering signals.

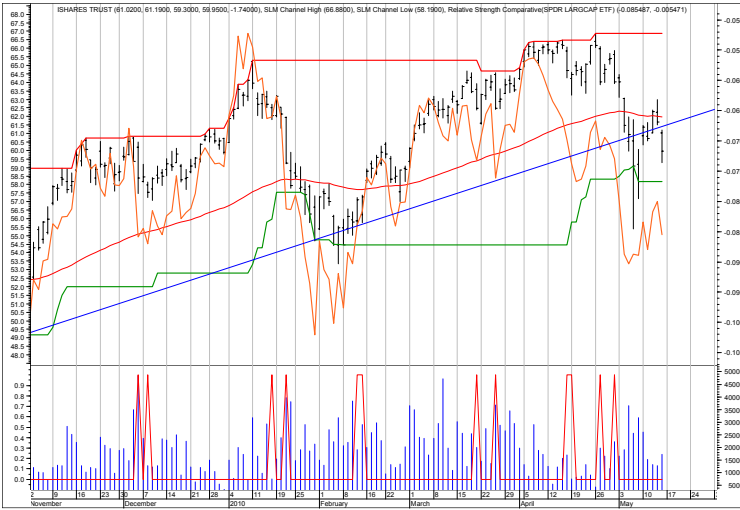
Growth Portfolio

ACTION FOR			PORTFOLIO DETAILS				Value as of date:		5/14/2010				
Action Date	Action	Symbol	Action Price	# of Shares	Action Value	Closing Symbol	Stop	Description	Start Price	Ending Price	# of Shares	Current Value	Percent of Total
3-May	sell	IYM	64.03	166.4	10,655	LONG ETFs-							
						IWR			82.32	88.87	121.5	10,797.71	10.5%
						VHT			56.74	53.21	176.2	9,375.60	9.1%
10-May	buy	IYM	61.38	162.9	10,000	DBC			24.26	22.58	412.2	9,307.48	9.0%
						IYM			61.38	59.95	162.9	9,765.86	9.5%
17-May	cover	EWP		230.8	-	SHORT ETFs-							
						EWP			43.32	33.84	(230.8)	(7,810.27)	-7.6%
						Cash from short							
						Money Market							
												8,760.00	8.5%
									1.00		62,667	62,667.00	60.9%
									Total Valuation=			102,863.37	100.0%

WEEKLY REVIEW

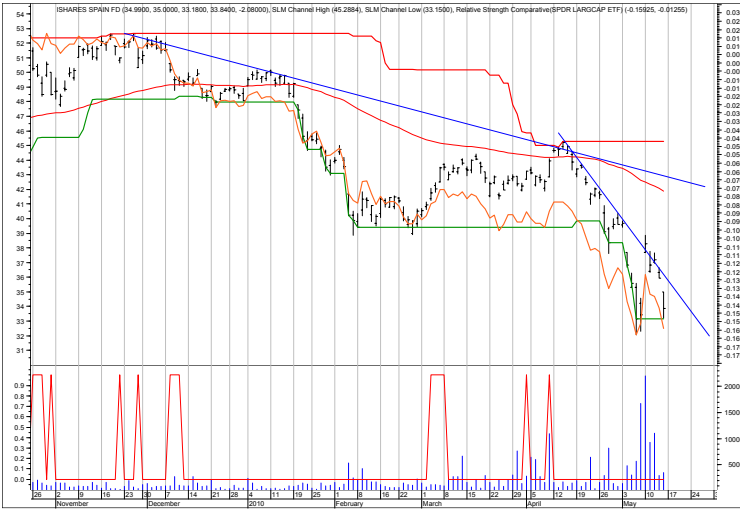
I will cover the short EWP position today as it retests its previous lows.

Growth Charts



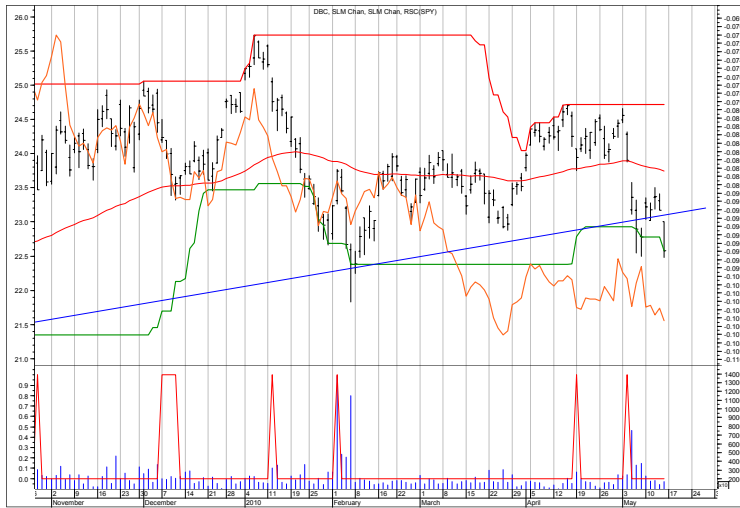
IYM

On its major support. Have reentered.



EWP

Time to cover on its retest of its recent lows.



DBC

For all the fear in the market moving gold, I'd think the commodity area would also benefit. So far, however, it hasn't.

But it is at a major uptrend, so we'll see.

Each chart shows daily prices (top portion), volume (bottom portion), a moving average (smoothed red line on price portion), a relative performance indicator between the ETF and S&P 500 (orange line), and red spikes. The spikes show potential buy and sell short signals. Generally speaking, if the moving average is trending down, the spike shows a potential sell short. If the moving average is trending up, but the ETF declines, the spike shows a potential buy. The charts do not show selling or covering signals.

ETF Growth Performance Page

SYMBOL	NAV	RoC
IAU	120.48	39.74%
GLD	120.37	39.58%
ICF	60.03	33.97%
RWR	56.18	33.89%
IYR	51.45	26.91%
IWM	69.56	23.16%
VBR	61.59	22.53%
EWM	11.86	20.38%
DSV	63.97	20.20%
VB	64.17	20.18%
DSG	92.82	18.66%
VBK	66.07	17.50%
IYT	81.26	17.40%
VXF	47.35	15.74%
PEY	8.29	15.18%
VCR	52.78	14.75%
XLI	31.19	13.95%
IYJ	58.29	11.68%
XLY	33.01	11.64%
IWS	40.31	10.13%
IYC	60.65	9.81%
EWC	27.36	9.73%
DVY	46.09	7.98%
IWR	88.66	7.88%
VO	64.44	7.64%
IGV	47.83	7.59%
PWO	43.34	7.43%
VPU	63.67	5.69%
IGN	28.45	5.46%
IDU	73.09	5.32%
RSP	41.88	5.11%
XLU	29.93	4.63%
IWP	47.87	4.39%
VFH	31.60	3.46%
VDC	68.11	3.23%
XLP	27.27	2.30%
IYW	57.22	2.16%
QQQQ	46.93	1.85%
PWC	38.86	1.78%
IBB	84.00	1.22%
VTI	58.33	1.08%
IGE	34.30	0.75%
IYK	57.52	0.69%
EZA	56.69	0.46%
ISI	51.61	0.00%
IGM	53.89	-0.21%
EWV	50.46	-0.39%
IYF	55.22	-0.79%
IYY	56.97	-0.95%
VGT	54.72	-1.08%
VV	51.87	-1.42%

XLF	15.35	-1.67%
XLK	22.41	-1.88%
ELG	49.97	-2.31%
ELV	59.20	-2.50%
VUG	53.84	-2.74%
EWS	11.42	-2.81%
EWY	48.69	-3.03%
OEF	51.82	-5.21%
IXN	55.51	-6.28%
PGJ	23.52	-6.67%
IYG	56.74	-7.05%
IYM	59.95	-8.23%
XLE	56.24	-8.66%
VAW	67.05	-9.04%
IGW	47.44	-9.78%
EEM	39.49	-10.70%
IYE	32.41	-11.61%
EWT	12.08	-12.12%
ILF	44.55	-12.95%
FXI	38.88	-15.40%
VHT	53.21	-15.57%
EWJ	9.93	-16.01%
EWD	23.65	-16.06%
XLB	31.59	-17.29%
IYH	62.02	-17.86%
XLV	29.97	-18.92%
EWB	14.94	-19.01%
DGT	52.98	-20.84%
IXG	42.97	-22.83%
IXP	49.17	-22.95%
EWG	19.81	-23.41%
IXC	33.12	-24.09%
IOO	55.54	-24.13%
EWZ	65.78	-24.38%
ITF	42.50	-24.58%
IXJ	48.16	-25.54%
EWL	20.60	-26.40%
EWN	18.37	-27.10%
EPP	38.88	-27.11%
EWK	11.43	-32.23%
EFA	49.99	-33.74%
EWA	21.21	-33.78%
EWO	17.46	-36.21%
IEV	33.64	-36.41%
EWU	14.39	-40.42%
EZU	30.56	-47.91%
FEU	29.52	-48.27%
EWQ	21.15	-49.93%
FEZ	32.76	-50.78%
EWI	14.57	-69.76%
EWP	33.84	-80.14%

The two columns to the left show the rankings of the equity oriented ETFs in our database through the previous Friday's close.

These rankings are based on momentum indicators around which we generally want to trade. Our general strategy is to invest with the stronger performing ETFs by investing with the main trend and against the minor trend down. This means that in a bear (down) market, we want to short the funds that rally against their main trend downward. In a bull market, we want to buy during selloffs with the main trend up.

(Continued from page 1) REVIEW

America's debt to GDP is approaching 100%. So it is not as if we have lots of "buying power" to support things. We spent a lot of dry powder on supporting our own economy and citizens over the last two years.

One thing is odd though. It is the emerging countries that seem to be in better fiscal shape than the developed countries. It is exactly opposite of what we should expect. A retiree shouldn't have much, if any, debt, but a youngster starting out should have the debt. The developed country should be sitting pretty, but such does not appear to be the case.

So, the risk of default and contagion has again emerged, but not at the individual and corporate level, but at the national level. Talk about too big to fail.

In the meantime, I'll let things settle a bit before making too many more adjustments.

ETF Database

Exchange Traded Fund	Symbol	Base	Provider	Exchange Traded Fund	Symbol	Base	Provider
streetTRACKS DJ Global Titans ETF	DGT	Broad	streetTRACKS	iShares MSCI United Kingdom Index Fund	EWU	Intrntl	iShares
DIAMONDS	DIA	Broad	PDR Services LLC	iShares MSCI-Mexico	EWW	Intrntl	BGI
streetTRACKS DJ Wilshire Small Cap ETF	DSC	Broad	streetTRACKS	iShares MSCI-South Korea Index Fund	EWY	Intrntl	iShares
streetTRACKS DJ Wilshire Small Cap Growth ETF	DSG	Broad	streetTRACKS	iShares MSCI-Brazil Index Fund	EWZ	Intrntl	iShares
streetTRACKS DJ Wilshire Small Cap Value ETF	DSV	Broad	streetTRACKS	iShares MSCI-South Africa	EZA	Intrntl	BGI
iShares Dow Jones Select Dividend Index Fund	DVY	Broad	BGI	iShares MSCI-EMU	EZU	Intrntl	BGI
streetTRACKS DJ Wilshire Large Cap Growth ETF	ELG	Broad	streetTRACKS	streetTRACKS Dow Jones STOXX 50 Index Fund	FEU	Intrntl	streetTRACKS
streetTRACKS DJ Wilshire Large Cap ETF	ELR	Broad	streetTRACKS	streetTRACKS Dow Jones EURO STOXX 50 Index Fund	FEZ	Intrntl	NA
streetTRACKS DJ Wilshire Large Cap Value ETF	ELV	Broad	streetTRACKS	iShares FTSE/Xinhua China 25 Index Fund	FXI	Intrntl	BGI
streetTRACKS DJ Wilshire Mid Cap Growth ETF	EMG	Broad	streetTRACKS	iShares S&P Europe 350 Index Fund	IEV	Intrntl	iShares
streetTRACKS DJ Wilshire Mid Cap ETF	EMM	Broad	streetTRACKS	iShares S&P Latin America 40	ILF	Intrntl	BGI
streetTRACKS DJ Wilshire Mid Cap Value ETF	EMV	Broad	streetTRACKS	iShares S&P/TOPIX 150	ITF	Intrntl	BGI
First Trust Dow Jones Select MicroCap Index Fund	FDM	Broad	First Trust ETF	Vanguard European VIPERs	VGK	Intrntl	Vanguard
streetTRACKS Gold Shares	GLD	Broad	streetTRACKS	Vanguard Pacific VIPERs	VPL	Intrntl	Vanguard
iShares COMEX Gold Trust	IAU	Broad	iShares	Vanguard Emerging Markets VIPERs	VWO	Intrntl	Vanguard
iShares S&P MidCap 400 Index Fund	IJH	Broad	iShares	iShares Nasdaq Biotechnology	IBB	Sector	BGI
iShares S&P MidCap 400 Value Index Fund	IJJ	Broad	iShares	iShares Cohen & Steers Realty Majors	ICF	Sector	BGI
iShares S&P MidCap 400 Growth Index Fund	IJK	Broad	iShares	iShares Dow Jones U.S. Utilities Sector Index Fund	IDU	Sector	iShares
iShares S&P SmallCap 600 Index Fund	IJR	Broad	iShares	iShares Goldman Sachs Natural Resources	IGE	Sector	BGI
iShares S&P SmallCap 600 Value Index Fund	IJS	Broad	iShares	iShares Goldman Sachs Technology	IGM	Sector	BGI
iShares S&P SmallCap 600 Growth Index Fund	IJT	Broad	iShares	iShares Goldman Sachs Networking	IGN	Sector	BGI
iShares S&P 1500 Index Fund	ISI	Broad	iShares	iShares Goldman Sachs Software	IGV	Sector	BGI
iShares S&P 500 Value Index Fund	IVE	Broad	iShares	iShares Goldman Sachs Semiconductor	IGW	Sector	BGI
iShares S&P 500 Index	IVV	Broad	iShares	iShares S&P Global Energy Sector	IXC	Sector	BGI
iShares S&P 500 Growth Index Fund	IWW	Broad	iShares	iShares S&P Global Financial Sector	IXG	Sector	BGI
iShares Russell 1000	IWB	Broad	BGI	iShares S&P Global Healthcare Sector	IXJ	Sector	BGI
iShares Russell 1000 Value	IWD	Broad	BGI	iShares S&P Global Information Technology Sector	IXN	Sector	BGI
iShares Russell 1000 Growth	IWF	Broad	BGI	iShares S&P Global Telecommunications Sector	IXP	Sector	BGI
iShares Russell 2000	IWM	Broad	BGI	iShares Dow Jones U.S. Consumer Services Sector Index Fund	IYC	Sector	iShares
iShares Russell 2000 Value	IWN	Broad	BGI	iShares Dow Jones U.S. Energy Sector Index Fund	IYE	Sector	iShares
iShares Russell 2000 Growth	IWO	Broad	BGI	iShares Dow Jones U.S. Financial Sector Index Fund	IYF	Sector	iShares
iShares Russell Midcap Growth Index Fund	IWP	Broad	BGI	iShares Dow Jones U.S. Financial Services Index Fund	IYG	Sector	iShares
iShares Russell Midcap Index Fund	IWR	Broad	BGI	iShares Dow Jones U.S. Healthcare Sector Index Fund	IYH	Sector	iShares
iShares Russell Midcap Value Index Fund	IWS	Broad	BGI	iShares Dow Jones U.S. Industrial Sector Index Fund	IYJ	Sector	iShares
iShares Russell 3000	IWV	Broad	BGI	iShares Dow Jones U.S. Consumer Goods Sector Index Fund	IYK	Sector	iShares
iShares Russell 3000 Value	IWW	Broad	BGI	iShares Dow Jones U.S. Basic Materials Sector Index Fund	IYM	Sector	iShares
iShares Russell 3000 Growth	IWZ	Broad	BGI	iShares Dow Jones U.S. Real Estate Index Fund	IYR	Sector	iShares
iShares Dow Jones U.S. Total Market Index	IYY	Broad	iShares	iShares Dow Jones Transportation Average Index Fund	IYT	Sector	iShares
MidCap SPDRs	MDY	Broad	PDR Services LLC	iShares Dow Jones U.S. Technology Sector Index Fund	IYW	Sector	iShares
iShares S&P 100 Index Fund	OEF	Broad	BGI	iShares Dow Jones U.S. Telecommunications Sector Index Fund	IYZ	Sector	iShares
SPDR O-Strip ETF	OOO	Broad	State Street	streetTRACKS KBW Bank ETF	KBE	Sector	streetTRACKS
PowerShares WilderHill Clean Energy Portfolio	PBW	Broad	PowerShares ETF	streetTRACKS KBW Capital Markets ETF	KCE	Sector	streetTRACKS
PowerShares High Yield Equity Dividend Achievers Portfolio	PEY	Broad	PowerShares ETF	streetTRACKS KBW Insurance ETF	KIE	Sector	streetTRACKS
PowerShares Dividend Achievers Portfolio	PFM	Broad	PowerShares ETF	streetTRACKS Morgan Stanley Technology ETF	MTK	Sector	streetTRACKS
PowerShares Golden Dragon Halter USX China Portfolio	PGJ	Broad	PowerShares ETF	PowerShares Dynamic Biotechnology & Genome Portfolio	PBE	Sector	PowerShares ETF
PowerShares High Growth Rate Dividend Achievers Portfolio	PHJ	Broad	PowerShares ETF	PowerShares Dynamic Food & Beverage Portfolio	PBJ	Sector	PowerShares ETF
PowerShares International Dividend Achievers Portfolio	PID	Broad	PowerShares ETF	PowerShares Dynamic Media Portfolio	PBS	Sector	PowerShares ETF
PowerShares Value Line Timeliness Select Portfolio	PIV	Broad	PowerShares ETF	PowerShares Dynamic Leisure & Entertainment Portfolio	PEJ	Sector	PowerShares ETF
PowerShares Dynamic Large Cap Growth Portfolio	PWB	Broad	PowerShares ETF	PowerShares Dynamic Water Resource Portfolio	PHO	Sector	PowerShares ETF
PowerShares Dynamic Market Portfolio	PWC	Broad	PowerShares ETF	PowerShares Dynamic Hardware & Consumer Electronics Portfolio	PHW	Sector	PowerShares ETF
PowerShares Dynamic Mid Cap Growth Portfolio	PWJ	Broad	PowerShares ETF	PowerShares Dynamic Insurance Portfolio	PIC	Sector	PowerShares ETF
PowerShares Dynamic OTC Portfolio	PWO	Broad	PowerShares ETF	PowerShares Dynamic Pharmaceuticals Portfolio	PJP	Sector	PowerShares ETF
PowerShares Dynamic Mid Cap Value Portfolio	PWP	Broad	PowerShares ETF	PowerShares Dynamic Building & Construction Portfolio	PKB	Sector	PowerShares ETF
PowerShares Dynamic Small Cap Growth Portfolio	PWT	Broad	PowerShares ETF	streetTRACKS Morgan Retail Portfolio	PMR	Sector	PowerShares ETF
PowerShares Dynamic Large Cap Value Portfolio	PWV	Broad	PowerShares ETF	PowerShares Aerospace & Defense Portfolio	PPA	Sector	PowerShares ETF
PowerShares Dynamic Small Cap Value Portfolio	PWY	Broad	PowerShares ETF	PowerShares Dynamic Semiconductors Portfolio	PSI	Sector	PowerShares ETF
PowerShares Zacks Micro Cap Portfolio	PZI	Broad	PowerShares ETF	PowerShares Dynamic Software Portfolio	PSJ	Sector	PowerShares ETF
Nasdaq-100 Index Tracking Stock	QQQQ	Broad	Nasdaq Financial Products	PowerShares Dynamic Telecom & Wireless Portfolio	PTE	Sector	PowerShares ETF
Rydex S&P Equal Weight ETF	RSP	Broad	Rydex ETF	PowerShares Dynamic Utilities Portfolio	PUI	Sector	PowerShares ETF
SPDR Dividend ETF	SDY	Broad	NA	PowerShares Dynamic Energy Exploration & Production Portfolio	PXE	Sector	PowerShares ETF
SPDRs	SPY	Broad	PDR Services LLC	PowerShares Dynamic Oil Services Portfolio	PXJ	Sector	PowerShares ETF
streetTRACKS DJ Wilshire Total Market ETF	TMW	Broad	streetTRACKS	PowerShares Lux Nanotech Portfolio	PXN	Sector	PowerShares ETF
Vanguard Small-Cap VIPERs	VB	Broad	Vanguard	PowerShares Dynamic Networking Portfolio	PXQ	Sector	PowerShares ETF
Vanguard Small-Cap Growth VIPERs	VBK	Broad	Vanguard	streetTRACKS DJ Wilshire REIT ETF	RWR	Sector	streetTRACKS
Vanguard Small-Cap Value VIPERs	VBR	Broad	Vanguard	Vanguard Materials VIPERs	VAV	Sector	Vanguard
Vanguard Mid-Cap VIPERs	VO	Broad	Vanguard	Vanguard Consumer Discretionary VIPERs	VCR	Sector	Vanguard
Vanguard Total Stock Market VIPERs	VTI	Broad	Vanguard	Vanguard Consumer Staples VIPERs	VDC	Sector	Vanguard
Vanguard Value VIPERs	VTV	Broad	Vanguard	Vanguard Energy VIPERs	VDE	Sector	Vanguard
Vanguard Growth VIPERs	VUG	Broad	Vanguard	Vanguard Financials VIPERs	VFH	Sector	Vanguard
Vanguard Large-Cap VIPERs	VV	Broad	Vanguard	Vanguard Information Technology VIPERs	VGT	Sector	Vanguard
Vanguard Extended Market VIPERs	VXF	Broad	Vanguard	Vanguard Health Care VIPERs	VHT	Sector	Vanguard
Rydex Russell Top 50 ETF	XLG	Broad	Rydex ETF	Vanguard Industrials VIPERs	VIS	Sector	Vanguard
iShares MSCI Emerging Markets	EEM	Intrntl	BGI	Vanguard REIT VIPERs	VNQ	Sector	Vanguard
iShares MSCI-EAFE	EFA	Intrntl	BGI	Vanguard Telecommunication Services VIPERs	VOX	Sector	Vanguard
iShares MSCI-Pacific Ex-Japan	EPP	Intrntl	BGI	Vanguard Utilities VIPERs	VPU	Sector	Vanguard
iShares MSCI-Australia	EWA	Intrntl	BGI	Select Sector SPDR-Materials	XLB	Sector	State Street
iShares MSCI-Canada	EWC	Intrntl	BGI	Select Sector SPDR-Energy	XLE	Sector	State Street
iShares MSCI Sweden Index Fund	EWD	Intrntl	iShares	Select Sector SPDR-Financial	XLF	Sector	State Street
iShares MSCI-Germany	EWG	Intrntl	BGI	Select Sector SPDR-Industrial	XLI	Sector	State Street
iShares MSCI Hong Kong Index Fund	EWH	Intrntl	iShares	Select Sector SPDR-Technology	XLK	Sector	State Street
iShares MSCI Italy Index Fund	EWI	Intrntl	iShares	Select Sector SPDR-Consumer Staples	XLP	Sector	State Street
iShares MSCI Japan Index Fund	EWJ	Intrntl	iShares	Select Sector SPDR-Utilities	XLU	Sector	State Street
iShares MSCI Belgium Index Fund	EWK	Intrntl	iShares	Select Sector SPDR-Health Care	XLV	Sector	State Street
iShares MSCI Switzerland Index Fund	EWL	Intrntl	iShares	Select Sector SPDR-Consumer Discretionary	XLY	Sector	State Street
iShares MSCI Malaysia Index Fund	EWM	Intrntl	iShares				
iShares MSCI Netherlands Index Fund	EWN	Intrntl	iShares	iShares Lehman Aggregate Bond Fund	AGG	Broad	BGI
iShares MSCI-Austria	EWO	Intrntl	BGI	iShares GS \$ InvesTopTM Corporate Bond Fund	LQD	Broad	BGI
iShares MSCI Spain Index Fund	EWP	Intrntl	iShares	iShares Lehman 1-3 Year Treasury Bond Fund	SHY	Broad	BGI
iShares MSCI France Index Fund	EWQ	Intrntl	iShares	iShares Lehman 7-10 Year Treasury Bond Fund	IEF	Broad	BGI
iShares MSCI Singapore (Free) Index Fund	EWS	Intrntl	iShares	iShares Lehman 20+ Year Treasury Bond Fund	TLT	Broad	BGI
iShares MSCI Taiwan Index Fund	EWT	Intrntl	iShares				

This information is reformatted from the American Stock Exchange.

Descriptions & Disclosures

PORTFOLIO DESCRIPTIONS (pages 2 and 3)

Our guiding goal is to provide the most return with the least risk consistently over time through bull and bear markets.

Income Portfolio, page2: Uses a proprietary selection methodology on all of the monitored bond-oriented ETFs to pick the top ETFs. I then use a proprietary timing model to decide whether to buy, sell, hold, or avoid.

Growth Portfolio, page 3: Uses the same methodologies as in the Income Portfolio, except as it is applied to stock-oriented ETFs.

All portfolios were started on 1/1/10 with \$100,000.

Portfolio changes will usually be made at the close on Monday, unless otherwise noted in any emailed hotline update. Issues are normally posted on Mondays by 1:30pm est.

Portfolios are updated through the Friday close the week before.

Dividends are reinvested in additional shares. Commissions of \$5/trade and short-term redemption charges, if any, are applied.

Interest is zero for the money market (cash) position.

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Unless otherwise noted, the weekly eNewsletter is posted by 1:30 PM central time each Monday, except for holidays and then on Tuesday. It may contain actionable, specific buy or sell advice to take that day at the Monday close in each portfolio. Portfolio data will be updated through the previous Friday's close. Fund symbols, rather than names, are the official identification used for activity.

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