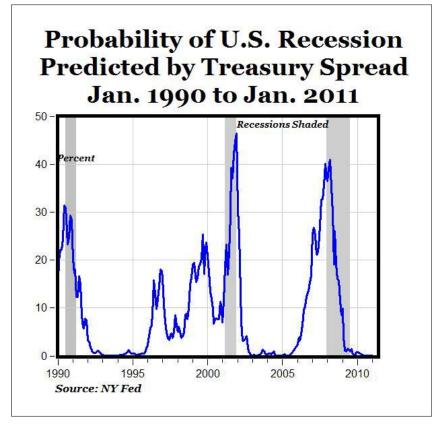
ETF Selections & Timing

Watercourse Way Holdings, LLC P.O. Box 830396 Richardson, TX 75083-0396 972-680-2366

March 1, 2010 (data through previous Friday close) Volume 1 Issue 9

Rally Off Support

When I saw this chart from the NY Fed, I found it very in-



teresting. Based on the spread between short and long term Treasury yields, they have assigned the probability of a US recession at practically zero.

Good news for investors.

It means that the fiscal and monetary stimulus programs are doing exactly what they are supposed to be doing, which is stimulating the economy by providing liquidity and growth. Short-term rates are practically at zero, while 10-year rates are 3.6% and 30-year rates are 4.6%. Borrow short and lend long, if you're a bank.

What this may mean for the stock market is fairly clear. We are still at the beginnings of a bull market, instead of at its end.

> (Continued on bottom right on page 5 see REVIEW)

(ignore) The chart is the daily S&P 500 with red smoothed line a 200-day moving average. The spikes on bottom are trading signals.

SCOREBOARD

Model	YTD	52-week	26-week	13-week	4-week	1-week
ETF Income Portfolio	0.2%				0.5	0.6%
ETF Growth Portfolio	-0.3%				1.4	-0.1%
Bond Wilshire 5000	0.1%				3.2	0.1%

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Income Portfolio

ACTION I	FOR				PORTFOL		S				Value as of	date:	2/26/2010
Action			Action	# of	Action		Closing		Start	Ending	# of	Current	Percent of
Date	Action	Symbol	Price	Shares	Value	Symbol	Stop	Description	Price	Price	Shares	Value	Total
19-Jan	buy	PHB	18.20	549.5	10,000	PHB			17.71	17.76	2,823.9	50,152.46	50.1%
19-Jan	buy	TLT	90.82	110.1	10,000	TIP			104.93	103.91	95.3	9,902.62	9.9%
						BSV			80.25	80.40	311.5	25,044.60	25.0%
25-Jan	buy	PHB	17.88	559.3	10,000								
25-Jan	sell	TLT	91.58	110	10,093								
1-Feb	buy	PHB	17.73	564.0	10,000								
8-Feb	buy	PHB	17.45	573.1	10,000								
8-Feb	buy	TIP	104.93	95.3	10,000								
16-Feb	buy	PHB	17.30	578.0	10,000								
16-Feb	buy	BSV	80.25	311.5	25,000								
	,				-,								
						Money I	Market			1.00	15,093	15,093.00	15.1%
										Total '	Valuation=	100,192.69	100.0%

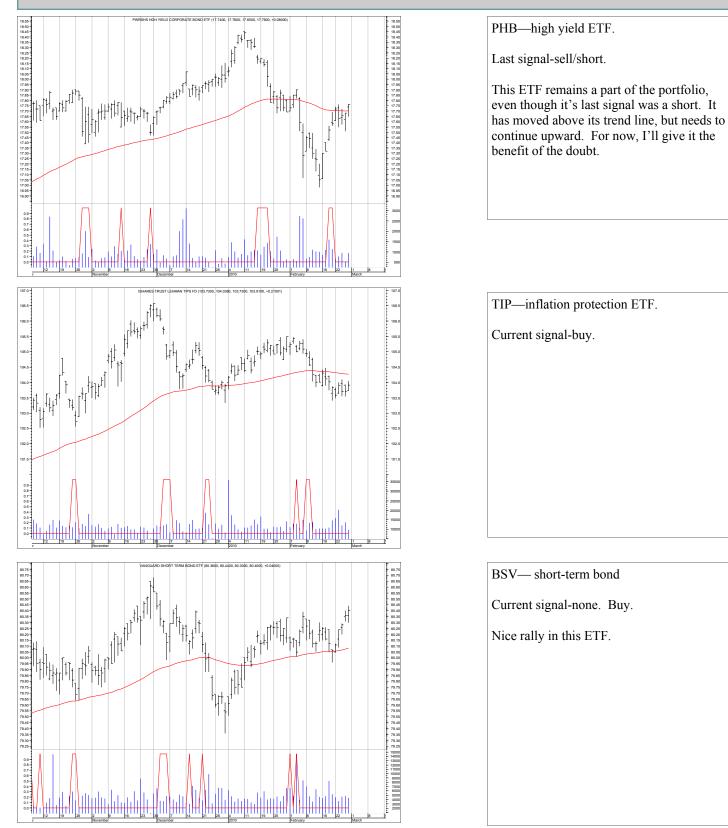
SYMBOL	NAV	RoC
PFF	38.23	23.49%
HYG	87.17	6.97%
TLH	109.25	6.55%
TLT	91.67	6.11%
LQD	105.53	5.81%
PHB	17.76	5.56%
IEF	90.69	5.38%
PLW	27.06	4.75%
GVI	106.84	4.39%
PCY	25.50	3.91%
BND	79.61	3.90%
AGG	104.53	2.85%
BSV	80.40	2.74%
MBB	107.32	2.30%
SHY	83.67	1.27%
TIP	103.91	-1.84%
IGOV	101.73	-2.16%
BWX	55.97	-4.22%
TBF	49.04	-10.40%
FXE	135.85	-14.89%
PST	50.72	-17.38%
TBT	47.05	-20.83%

WEEKLY REVIEW and PREVIEW

After accumulating the high-yield fund in five successive purchases on its admittedly deeper than expected correction, it has rallied and is now above the average cost. With the risk of a recession at practically zero, high-yield bonds should continue to benefit in this environment.

No changes last week to the positions.

Income Charts



Each chart shows daily prices (top portion), volume (bottom portion), a moving average (smoothed line on price portion, and red spikes. The spikes show potential places to buy and sell short. If the moving average is trending down, the spike shows a potential sell short. If the moving average is trending up, the spike shows a potential buy. The charts do not show selling or covering signals.

Growth Portfolio

ACTION	FOR				PORTFOL	O DETAILS	6			Value as of	date:	2/26/2010
Action			Action	# of	Action		Closing	Start	Ending	# of	Current	Percent of
Date	Action	Symbol	Price	Shares	Value	Symbol	Stop Description	Price	Price	Shares	Value	Total
1-Feb	buy	IΥΗ	64.44	155.2	10,000	DSG		85.39	84.86	117.2	9,945.59	10.0%
1-Feb	buy	PWO	39.08	255.9	10,000	IYM		60.25	58.89	166.4	9,799.30	9.8%
1-Feb	buy	IYM	57.29	87.3	5,000							
1-Feb	buy	ITF	43.44	115.1	5,000							
1-Feb	buy	EWJ	9.94	503.0	5,000	IYH		64.44	64.44	155.2	10,001.09	10.0%
						PWO		39.08	40.71	255.9	10,417.69	10.4%
16-Feb	short	XLP	26.71	374.4	10,000	W R		82.32	83.70	121.5	10,169.55	10.2%
16-Feb	buy	WR	82.32	121.5	10,000							
22-Feb	sell	ΠF	42.98	226.6	9,739							
22-Feb	sell	EWJ	9.88	990.8	9,789	XLP		26.74	27.03	(374.4)	(10,120.03)	-10.1%
						Cash fro	om short				10,000.00	10.0%
						Money N	/arket		1.00	49,528	49,528.00	49.7%
									Total '	Valuation=	99,741.18	100.0%

WEEKLY REVIEW

No portfolio changes last week.

See performance rankings of the equity oriented ETFs on page five.

ETF Growth Performance Page

SYMBOL	ΝΔν	RoC
IYT	75.00	28.31%
ICF	52.12	
RWR	48.95	25.94%
IYR	45.80	
VCR	48.29	25.13%
DSV	58.08	23.41%
XLY		
	30.52	23.03%
XLI	28.84	
IYC	56.78	
VBR	55.50	18.22%
VFH	29.79	18.12%
IWR	83.70	
IWS	37.66	
VO	60.86	17.65%
DSG	84.86	
VXF	43.67	16.84%
XLF	14.68	
IWP	45.66	16.14%
VB	58.09	15.73%
IYJ	53.97	15.60%
IYF	52.55	15.43%
VBK	60.38	15.30%
IWM	62.80	15.27%
RSP	39.82	14.18%
PGJ	23.66	
ITF	43.40	13.35%
EWW	48.64	
IYG	54.45	12.84%
PWO	40.71	12.61%
EWJ	9.94	11.51%
IGW	46.41	11.34%
IYK	56.64	
IYH	64.44	
IYM	58.89	
XLV	31.40	10.02%
XLP	27.03	
ELG	48.91	9.66%
	44.76	9.48%
QQQQ GLD	109.43	9.40%
	44.00	9.27%
VTI	44.00 56.23	9.07%
EWD	23.82	9.04%
	109.46	8.99%
ISI	49.92	8.91%
IYY	55.18	8.78%
VUG	52.58	8.74%
VDC	67.04	8.17%
EWH	15.43	8.16%
VV	50.44	8.06%
VHT	54.71	8.05%
IGV	45.68	7.92%

PEY 7.68 7.60% ELV 57.46 7.33% EWL 21.89 6.52% EWC 25.91 6.07% PWC 37.69 6.04% IXJ 51.50 5.95% EWM 10.69 5.35% OEF 50.86 4.95% IYW 55.07 4.52% VGT 52.65 3.86% VAW 65.46 3.24% IGM 51.86 3.21% IXN 53.90 3.15% EPP 40.09 2.20% IGN 26.66 1.72% EWS 11.01 1.44% IBB 84.00 1.22% IXG 43.90 0.98% XLK 21.69 0.50% EWA 22.14 0.32% XLB 31.50 -0.55% DGT 54.77 -2.13% IGE 33.41 -2.19% ILF 44.95 <td< th=""><th></th><th></th><th></th></td<>			
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EWO 18.37 -30.93% EWI 16.98 -38.55%			
EWI 16.98 -38.55%			
EWP 40.50 -44.83%			
	EWP	40.50	-44.83%

The two columns to the left show the rankings of the equity oriented ETFs in our database through the previous Friday's close.

These rankings are based on momentum indicators around which we generally want to trade. Our general strategy is to invest with the stronger performing ETFs by investing with the main trend and against the minor trend down. This means that in a bear (down) market, we want to short the funds that rally against their main trend downward. In a bull market, we want to buy during selloffs with the main trend up.

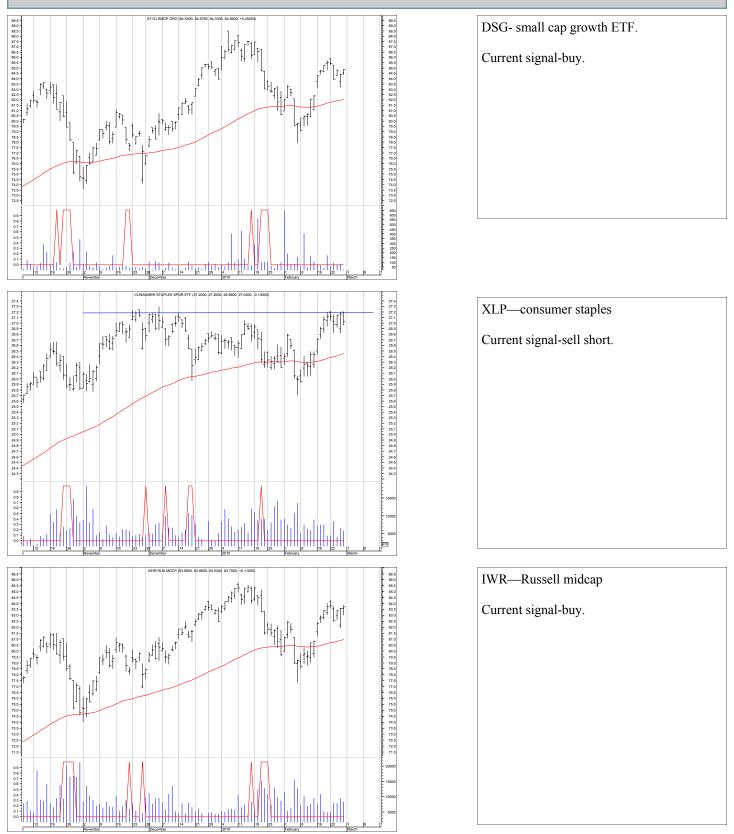
(Continued from page 1) **REVIEW**

The bull market only began about a year ago, which would be short, if it were to end now. Typically they will last 2-3 years.

To be sure, there will be backing and filling in the months ahead, but the expectation for higher highs and higher lows is there.

So with the odds of a recession at practically zero, companies should continue to benefit. In turn, the US stock market should benefit, moving higher.

Growth Charts



Each chart shows daily prices (top portion), volume (bottom portion), a moving average (smoothed line on price portion, and red spikes. The spikes show potential places to buy and sell short. If the moving average is trending down, the spike shows a potential sell short. If the moving average is trending up, the spike shows a potential buy. The charts do not show selling or covering signals.

ETF Database

Exchange Traded Fund	Symbol	Base	Provider	Exchange Traded Fund	Symbol	Base	Provider
treetTRACKS DJ Global Titans ETF DIAMONDS	DGT DIA	Broad	streetTRACKS PDR Services LLC	iShares MSCI United Kingdom Index Fund iShares MSCI-Mexico	EWU EWW	Intrntl Intrntl	iShares BGI
JIAMONDS treetTRACKS DJ Wilshire Small Cap ETF	DIA DSC	Broad Broad		IShares MSCI-Mexico IShares MSCI-South Korea Index Fund	EWW	Intrnti	BGI iShares
treetTRACKS DJ Wilshire Small Cap Growth ETF	DSG	Broad		iShares MSCI-Brazil Index Fund	EWZ	Intrntl	iShares
treetTRACKS DJ Wilshire Small Cap Value ETF	DSV	Broad	streetTRACKS	iShares MSCI-South Africa	EZA	Intrntl	BGI
Shares Dow Jones Select Dividend Index Fund	DVY	Broad		iShares MSCI-EMU	EZU	Intrntl	BGI
treetTRACKS DJ Wilshire Large Cap Growth ETF	ELG	Broad		streetTRACKS Dow Jones STOXX 50 Index Fund	FEU	Intrntl	streetTRACKS
treetTRACKS DJ Wilshire Large Cap ETF	ELR	Broad		streetTRACKS Dow Jones EURO STOXX 50 Index Fund	FEZ	Intrntl	NA
treetTRACKS DJ Wilshire Large Cap Value ETF	ELV EMG	Broad	streetTRACKS streetTRACKS	iShares FTSE/Xinhua China 25 Index Fund iShares S&P Europe 350 Index Fund	FXI IEV	Intrntl Intrntl	BGI iShares
treetTRACKS DJ Wilshire Mid Cap Growth ETF treetTRACKS DJ Wilshire Mid Cap ETF	EMM	Broad Broad		iShares S&P Europe S50 Index Fund iShares S&P Latin America 40	ILF	Intrnti	BGI
treetTRACKS DJ Wilshire Mid Cap Value ETF	EMV	Broad		iShares S&P/TOPIX 150	ITF	Intrnti	BGI
irst Trust Dow Jones Select MicroCap Index Fund	FDM	Broad		Vanguard European VIPERs	VGK	Intrntl	Vanguard
treetTRACKS Gold Shares	GLD	Broad		Vanguard Pacific VIPERs	VPL	Intrntl	Vanguard
Shares COMEX Gold Trust	IAU	Broad	iShares	Vanguard Emerging Markets VIPERs	VWO	Intrntl	Vanguard
Shares S&P MidCap 400 Index Fund	IJH	Broad	iShares	iShares Nasdaq Biotechnology	IBB	Sector	BGI
Shares S&P MidCap 400 Value Index Fund	IJJ	Broad		iShares Cohen & Steers Realty Majors	ICF	Sector	BGI
Shares S&P MidCap 400 Growth Index Fund	IJK	Broad		iShares Dow Jones U.S. Utilities Sector Index Fund	IDU	Sector	iShares
Shares S&P SmallCap 600 Index Fund	IJR IJS	Broad		iShares Goldman Sachs Natural Resources	IGE IGM	Sector	BGI
Shares S&P SmallCap 600 Value Index Fund Shares S&P SmallCap 600 Growth Index Fund	IJS	Broad Broad	iShares iShares	iShares Goldman Sachs Technology iShares Goldman Sachs Networking	IGM	Sector Sector	BGI
Shares S&P 1500 Index Fund	ISI	Broad		iShares Goldman Sachs Software	IGV	Sector	BGI
Shares S&P 500 Value Index Fund	IVE	Broad	iShares	iShares Goldman Sachs Semiconductor	IGW	Sector	BGI
Shares S&P 500 Index	IVV	Broad		iShares S&P Global Energy Sector	IXC	Sector	BGI
Shares S&P 500 Growth Index Fund	IVW	Broad		iShares S&P Global Financial Sector	IXG	Sector	BGI
Shares Russell 1000	IWB	Broad		iShares S&P Global Healthcare Sector	IXJ	Sector	BGI
Shares Russell 1000 Value	IWD	Broad		iShares S&P Global Information Technology Sector	IXN	Sector	BGI
Shares Russell 1000 Growth	IWF	Broad		iShares S&P Global Telecommunications Sector	IXP	Sector	BGI
Shares Russell 2000	IWM	Broad		iShares Dow Jones U.S. Consumer Services Sector Index Fund	IYC IYE	Sector	iShares
Shares Russell 2000 Value Shares Russell 2000 Growth	IWN	Broad Broad		iShares Dow Jones U.S. Energy Sector Index Fund iShares Dow Jones U.S. Financial Sector Index Fund	IYE	Sector Sector	iShares iShares
Shares Russell 2000 Growth Index Fund	IWP	Broad		iShares Dow Jones U.S. Financial Sector Index Fund	IYG	Sector	iShares
Shares Russell Midcap Index Fund	IWR	Broad		iShares Dow Jones U.S. Healthcare Sector Index Fund	IYH	Sector	iShares
Shares Russell Midcap Value Index Fund	IWS	Broad		iShares Dow Jones U.S. Industrial Sector Index Fund	IYJ	Sector	iShares
Shares Russell 3000	IWV	Broad		iShares Dow Jones U.S. Consumer Goods Sector Index Fund	IYK	Sector	iShares
Shares Russell 3000 Value	IWW	Broad		iShares Dow Jones U.S. Basic Materials Sector Index Fund	IYM	Sector	iShares
Shares Russell 3000 Growth	IWZ	Broad		iShares Dow Jones U.S. Real Estate Index Fund	IYR	Sector	iShares
shares Dow Jones U.S. Total Market Index	IYY MDY	Broad		iShares Dow Jones Transportation Average Index Fund	IYT	Sector	iShares
lidCap SPDRS shares S&P 100 Index Fund	OEF	Broad Broad		iShares Dow Jones U.S. Technology Sector Index Fund iShares Dow Jones U.S. Telecommunications Sector Index Fund	IYW IYZ	Sector Sector	iShares iShares
PDR O-Strip ETF	000	Broad		streetTRACKS KBW Bank ETF	KBE	Sector	streetTRACKS
owerShares WilderHill Clean Energy Portfolio	PBW	Broad		streetTRACKS KBW Capital Markets ETF	KCE	Sector	
owerShares High Yield Equity Dividend Achievers Portfolio	PEY	Broad		streetTRACKS KBW Insurance ETF	KIE	Sector	
owerShares Dividend Achievers Portfolio	PFM	Broad	PowerShares ETF	streetTRACKS Morgan Stanley Technology ETF	MTK	Sector	streetTRACKS
owerShares Golden Dragon Halter USX China Portfolio	PGJ	Broad	PowerShares ETF	PowerShares Dynamic Biotechnology & Genome Portfolio	PBE	Sector	PowerShares E
owerShares High Growth Rate Dividend Achievers Portfolio	PHJ	Broad		PowerShares Dynamic Food & Beverage Portfolio	PBJ	Sector	PowerShares E
owerShares International Dividend Achievers Portfolio	PID	Broad		PowerShares Dynamic Media Portfolio	PBS	Sector	
owerShares Value Line Timeliness Select Portfolio	PIV	Broad		PowerShares Dynamic Leisure & Entertainment Portfolio	PEJ	Sector	PowerShares E
PowerShares Dynamic Large Cap Growth Portfolio PowerShares Dynamic Market Portfolio	PWB PWC	Broad Broad	PowerShares ETF PowerShares ETF	PowerShares Water Resource Portfolio PowerShares Dynamic Hardware & Consumer Electronics Portfolio	PHO PHW	Sector Sector	PowerShares E PowerShares E
PowerShares Dynamic Mid Cap Growth Portfolio	PWJ	Broad	PowerShares ETF	PowerShares Dynamic Insurance Portfolio	PIC	Sector	PowerShares E
PowerShares Dynamic OTC Portfolio	PWO	Broad		PowerShares Dynamic Pharmaceuticals Portfolio	PJP	Sector	
PowerShares Dynamic Mid Cap Value Portfolio	PWP	Broad	PowerShares ETF	PowerShares Dynamic Building & Construction Portfolio	PKB	Sector	PowerShares ET
owerShares Dynamic Small Cap Growth Portfolio	PWT	Broad	PowerShares ETF	PowerShares Dynamic Retail Portfolio	PMR	Sector	PowerShares ET
owerShares Dynamic Large Cap Value Portfolio	PWV	Broad	PowerShares ETF	PowerShares Aerospace & Defense Portfolio	PPA	Sector	PowerShares E
owerShares Dynamic Small Cap Value Portfolio	PWY	Broad	PowerShares ETF	PowerShares Dynamic Semiconductors Portfolio	PSI	Sector	PowerShares E
owerShares Zacks Micro Cap Portfolio	PZI	Broad	PowerShares ETF	PowerShares Dynamic Software Portfolio	PSJ	Sector	PowerShares E
lasdaq-100 Index Tracking Stock tydex S&P Equal Weight ETF	QQQQ RSP	Broad Broad		PowerShares Dynamic Telecom & Wireless Portfolio	PTE PUI	Sector Sector	PowerShares E PowerShares E
PDR Dividend ETF	SDY	Broad	,	PowerShares Dynamic Utilities Portfolio PowerShares Dynamic Energy Exploration & Production Portfolio	PXE		PowerShares E
PDR Dividend ETF	SPY	Broad	PDR Services LLC	PowerShares Dynamic Energy Exploration & Production Portrollo PowerShares Dynamic Oil Services Portfolio	PXE	Sector	PowerShares E
treetTRACKS DJ Wilshire Total Market ETF	TMW		streetTRACKS	PowerShares Lux Nanotech Portfolio	PXN		PowerShares E
anguard Small-Cap VIPERs	VB		Vanguard	PowerShares Dynamic Networking Portfolio	PXQ	Sector	
anguard Small-Cap Growth VIPERs	VBK		Vanguard	streetTRACKS DJ Wilshire REIT ETF	RWR	Sector	streetTRACKS
anguard Small-Cap Value VIPERs	VBR	Broad		Vanguard Materials VIPERs	VAW	Sector	Vanguard
anguard Mid-Cap VIPERs	VO	Broad	•	Vanguard Consumer Discretionary VIPERs	VCR	Sector	Vanguard
anguard Total Stock Market VIPERs	VTI		Vanguard	Vanguard Consumer Staples VIPERs	VDC	Sector	Vanguard
anguard Value VIPERs anguard Growth VIPERs	VTV VUG		Vanguard Vanguard	Vanguard Energy VIPERs Vanguard Financials VIPERs	VDE VFH	Sector Sector	Vanguard Vanguard
anguard Growth VIPERs anguard Large-Cap VIPERs	VUG VV	Broad		Vanguard Financials VIPERs Vanguard Information Technology VIPERs	VFH VGT	Sector	Vanguard Vanguard
anguard Extended Market VIPERs	VXF	Broad		Vanguard Health Care VIPERs	VHT	Sector	Vanguard
tydex Russell Top 50 ETF	XLG		Rydex ETF	Vanguard Industrials VIPERs	VIS	Sector	Vanguard
Shares MSCI Emerging Markets	EEM	Intrntl		Vanguard REIT VIPERs	VNQ	Sector	Vanguard
Shares MSCI-EAFE	EFA	Intrntl	BGI	Vanguard Telecommunication Services VIPERs	VOX	Sector	Vanguard
Shares MSCI-Pacific Ex-Japan	EPP	Intrntl		Vanguard Utilities VIPERs	VPU	Sector	Vanguard
Shares MSCI-Australia	EWA	Intrnti		Select Sector SPDR-Materials	XLB	Sector	State Street
Shares MSCI-Canada	EWC	Intrntl		Select Sector SPDR-Energy Select Sector SPDR-Financial	XLE	Sector	State Street
Shares MSCI Sweden Index Fund Shares MSCI-Germany	EWD EWG	Intrntl Intrntl	iShares BGI	Select Sector SPDR-Financial Select Sector SPDR-Industrial	XLF XLI	Sector Sector	State Street State Street
nares MSCI-Germany shares MSCI Hong Kong Index Fund	EWG	Intrnti	iShares	Select Sector SPDR-Industrial Select Sector SPDR-Technology	XLI XLK	Sector	State Street State Street
shares MSCI Italy Index Fund	EWH	Intrnti	iShares	Select Sector SPDR-Technology Select Sector SPDR-Consumer Staples	XLR	Sector	State Street
Shares MSCI Japan Index Fund	EWJ	Intrnti	iShares	Select Sector SPDR-Otistiner Staples	XLU	Sector	State Street
shares MSCI Belgium Index Fund	EWK	Intrntl	iShares	Select Sector SPDR-Health Care	XLV	Sector	State Street
hares MSCI Switzerland Index Fund	EWL	Intrntl	iShares	Select Sector SPDR-Consumer Discretionary	XLY	Sector	State Street
hares MSCI Malaysia Index Fund	EWM	Intrntl	iShares				
hares MSCI Netherlands Index Fund	EWN	Intrntl	iShares	iShares Lehman Aggregate Bond Fund	AGG	Broad	BGI
hares MSCI-Austria	EWO	Intrntl	BGI	iShares GS \$ InvesTopTM Corporate Bond Fund	LQD	Broad	BGI
hares MSCI Spain Index Fund	EWP	Intrntl	iShares	iShares Lehman 1-3 Year Treasury Bond Fund	SHY	Broad	BGI
hares MSCI France Index Fund hares MSCI Singapore (Free) Index Fund	EWQ EWS	Intrntl Intrntl	iShares iShares	iShares Lehman 7-10 Year Treasury Bond Fund iShares Lehman 20+ Year Treasury Bond Fund	IEF TLT	Broad Broad	BGI BGI

This information is reformatted from the American Stock Exchange.

Descriptions & Disclosures

PORTFOLIO DESCRIPTIONS (pages 2 and 3)

Our guiding goal is to provide the most return with the least risk consistently over time through bull and bear markets.

Income Portfolio, page2: Uses a proprietary selection methodology on all of the monitored bond-oriented ETFs to pick the top ETFs. I then use a proprietary timing model to decide whether to buy, sell, hold, or avoid.

Growth Portfolio, page 3: Uses the same methodologies as in the Income Portfolio, except as it is applied to stock-oriented ETFs.

All portfolios were started on 1/1/10 with \$100,000.

Portfolio changes will usually be made at the close on Monday, unless otherwise noted in any emailed hotline update. Issues are normally posted on Mondays by 1:30pm cst.

Portfolios are updated through the Friday close the week before.

Dividends are reinvested in additional shares. Commissions of \$5/trade and short-term redemption charges, if any, are applied. Interest is zero for the money market (cash) position.

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Unless otherwise noted, the weekly eNewsletter is posted by 1:30 PM central time each Monday, except for holidays and then on Tuesday. It may contain actionable, specific buy or sell advice to take that day at the Monday close in each portfolio. Portfolio data will be updated through the previous Friday's close. Fund symbols, rather than names, are the official identification used for activity.

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