ETF Selections & Timing

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February 22, 2010 (data through previous Friday close)
Volume 1
Issue 8

Rally Off Support

After holding on its major uptrend support line, the stock market mounted a substantial rally last week of 3%.

It's now time for a breather and probably some sideways backing and filling, before continuing its climb higher..

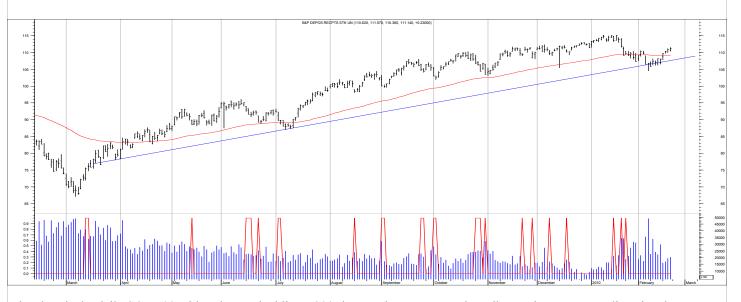
I still expect the market to rally eventually to new highs. It

will be on that event that we will watch for signs of the possibility that the bull market that commenced last March 2009 is ending. When it last peaked in January, 2010, the averages were all in gear to the upside.

The thing to keep in mind, though, is that if it fails on that next rally to new highs, then it would be an abnormally short bull market. They typically last around 2 1/2 years. This one's duration is only a year old.

As well, the magnitude of the bull market would fall short of historical averages.

So, at this stage, because of (Continued on bottom right on page 5 see REVIEW)



The chart is the daily S&P 500 with red smoothed line a 200-day moving average. The spikes on bottom are trading signals.

SCOREBOARD

Model	YTD	52-week	26-week	13-week	4-week	1-week
ETF Income Portfolio	-0.4%				-0.3	1.3%
ETF Growth Portfolio	-0.2%				0.5	1.3%
Bond						
Wilshire 5000	0.0%				1.9	3.1%

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Income Portfolio

ACTION	FOR				PORTFOLI	O DETAILS					Value as of	date:	2/19/2010
Action			Action	# of	Action	C	Closing		Start	Ending	# of	Current	Percent of
Date	Action	Symbol	Price	Shares	Value	Symbol	Stop	Description	Price	Price	Shares	Value	Total
19-Jan	buy	PHB	18.20	549.5	10,000	PHB			17.71	17.58	2,823.9	49,644.16	49.9%
19-Jan	buy	TLT	90.82	110.1	10,000	TIP			104.93	103.84	95.3	9,895.95	9.9%
						BSV			80.25	80.06	311.5	24,938.69	25.0%
25-Jan	buy	PHB	17.88	559.3	10,000								
25-Jan	sell	TLT	91.58	110	10,093								
1-Feb	buy	PHB	17.73	564.0	10,000								
0.5.1		DUD	47.45	F70.4	40.000								
8-Feb	buy	PHB	17.45	573.1	10,000								
8-Feb	buy	TIP	104.93	95.3	10,000								
10 = 1		DI 10	47.00		40.000								
16-Feb	buy	PHB	17.30	578.0	10,000								
16-Feb	buy	BSV	80.25	311.5	25,000								
						Money Ma	rkot			1.00	15,093	15,093.00	15.2%
						INDITES IVIA	ii ket				_ اعربوء -√aluation		
										iotai	v aluation=	99,571.80	100.0%

SYMBOL	NAV	RoC
TBT	49.57	19.59%
TBF	50.34	9.86%
HYG	86.77	8.74%
PHB	17.58	5.07%
PST	52.13	3.45%
BSV	80.06	-0.57%
MBB	106.91	-1.29%
SHY	83.43	-1.32%
AGG	104.00	-1.51%
BND	79.04	-1.79%
GVI	105.94	-2.17%
LQD	104.19	-2.64%
TIP	103.84	-2.91%
PCY	25.15	-4.85%
IEF	89.57	-5.80%
TLH	107.50	-7.92%
PLW	26.64	-8.75%
BWX	55.56	-10.17%
TLT	89.45	-14.06%
FXE	135.65	-17.83%

WEEKLY REVIEW and PREVIEW

The high-yield fund is bouncing nicely, but is still below the average purchase price.

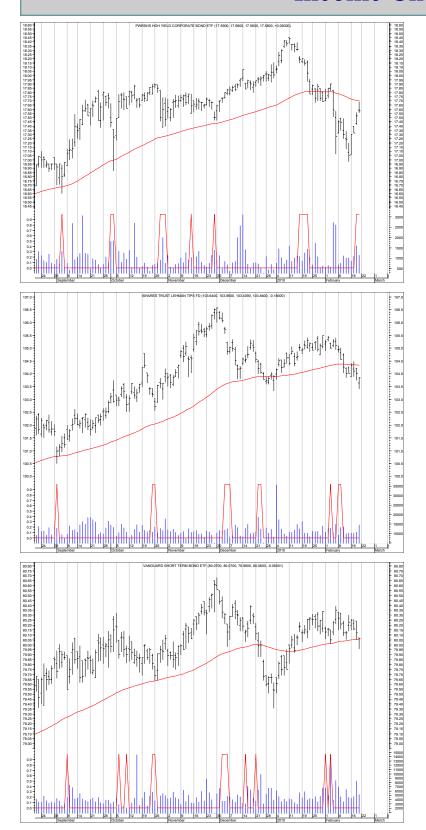
At 50% of the total portfolio, I will stop buying for now. Besides, it has rallied and I prefer to buy on corrections. The problem here is that the correction went deeper than I expected.

The background for high-yield bonds, however, still remains attractive.

To the income database on the left, I added three short ETFs. These move inversely to interest rates/bond prices. If rates rise and prices fall, these ETFs would go up in price.

No changes to the income portfolio for this week.

Income Charts



PHB—high yield ETF.

Last signal-sell/short. It's rallying back to its down trend line. We'll see what happens. Hold tight for now.

TIP—inflation protection ETF.

Current signal-buy.

BSV-short-term bond

Current signal-none. Buy.

Each chart shows daily prices (top portion), volume (bottom portion), a moving average (smoothed line on price portion, and red spikes. The spikes show potential places to buy and sell short. If the moving average is trending down, the spike shows a potential sell short. If the moving average is trending up, the spike shows a potential buy. The charts do not show selling or covering signals.

Growth Portfolio

ACTION	ACTION FOR PORTFOLI			O DETAILS	DETAILS				Value as of date:				
Action			Action	# of	Action		Closing		Start	Ending	# of	Current	Percent of
Date	Action	Symbol	Price	Shares	Value	Symbol	Stop	Description	Price	Price	Shares	Value	Total
1-Feb	buy	ľΗ	64.44	155.2	10,000	DSG			85.39	85.53	117.2	10,024.12	10.0%
1-Feb	buy	PWO	39.08	255.9	10,000	ΙΥΜ			60.25	59.91	166.4	9,969.02	10.0%
1-Feb	buy	ΙΥΜ	57.29	87.3	5,000	ΠF			44.14	42.55	226.6	9,641.83	9.7%
1-Feb	buy	ΠF	43.44	115.1	5,000	EWJ			10.10	9.76	990.8	9,670.21	9.7%
1-Feb	buy	EWJ	9.94	503.0	5,000	ľΗ			64.44	64.66	155.2	10,035.23	10.1%
						PWO			39.08	40.80	255.9	10,440.72	10.5%
16-Feb	short	XLP	26.71	374.4	10,000	WR			82.32	83.73	121.5	10,173.20	10.2%
16-Feb	buy	WR	82.32	121.5	10,000								
22-Feb	sell	ΠF		all									
22-Feb	sell	EWJ		all		XLP			26.74	27.12	(374.4)	(10,153.73)	-10.2%
						Cash fro	m short					10,000.00	10.0%
						Money N	/arket			1.00	30,000	30,000.00	30.1%
										Total \	√aluation=	99,800.60	100.0%

WEEKLY REVIEW

This portfolio rebounded along with the market last week, but lagged. That is partly because of the 30% still in cash (money market) or partly because the ETF selections lagged. I'll now move out of a couple of the laggard positions.

The short position rallied and moved higher than anticipated. I'll give it another week before possibly making further changes there.

See performance rankings of the equity oriented ETFs on page five.

ETF Growth Performance Page

SYMBOL	NAV	RoC
XLI	28.86	35.40%
DSG	85.53	32.59%
IYM	59.91	32.50%
DSV	57.95	32.10%
EWC	26.44	31.78%
VCR	47.75	30.54%
IWS	37.82	29.79%
VBK	60.76	29.73%
VBR	55.66	
EWW	49.26	29.56%
IYJ	54.11	29.54%
VB	58.44	
VO	61.03	
IGW	47.12	28.94%
VXF	43.84	
XLY	30.22	
IWR	83.73	
IWP	45.70	
IWM	63.06	
ICF	51.69	
VAW	66.83	
RSP	39.98	
IYR	45.41	26.01%
RWR	48.47	25.84%
IYC	56.31	25.73%
IYT	73.21	24.74%
IGN	27.32	24.72%
DVY	44.48	
IYK	57.02	24.05%
PWO	40.80	23.27%
XLB	32.29	
PWC	38.13	
EWA	22.38	
ELG	49.10	
ILF	45.52	21.20%
ISI	50.15	
IGE	34.17	20.76%
VTI	56.52	20.61%
VII		19.62%
	52.82	19.62%
PEY	7.74	
VDC	67.39	19.49%
XLP	27.12	19.33% 19.29%
IYH	64.66	
IAU	109.56	19.24%
IYY	55.39	19.19%
GLD	109.47	19.06%
VV	50.64	18.79%
XLV	31.53	
ELV	57.71	18.45%
VFH	29.38	
QQQQ	44.83	17.66%

IGV 45.78 17.24% XLE 57.36 17.04% VHT 54.88 16.97% IYF 51.93 16.47% IYW 55.53 15.68% EPP 40.22 15.66% XLF 14.46 15.44% VGT 53.08 15.22% EZA 54.18 15.01% IGM 52.29 14.63% OEF 51.05 14.43% EWD 23.64 13.77%			.=
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	EWP	41.50	-25.89%

The two columns to the left show the rankings of the equity oriented ETFs in our database through the previous Friday's close.

These rankings are based on momentum indicators around which we generally want to trade. Our general strategy is to invest with the stronger performing ETFs by investing with the main trend and against the minor trend down. This means that in a bear (down) market, we want to short the funds that rally against their main trend downward. In a bull market, we want to buy during selloffs with the main trend up.

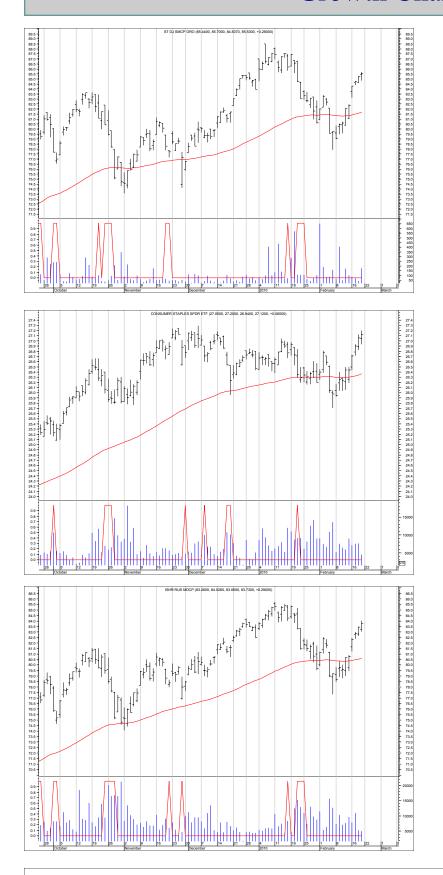
(Continued from page 1) REVIEW

the short duration and mild magnitude, we have to give the benefit of the doubt to the market's continued bull market definition.

By definition of a bull market then, I still look for higher highs and higher lows to unfold.

I still expect the market to work its way higher over the next year and by another 25-50% from here. Doing that, it will approximate historic norms for a bull market.

Growth Charts



DSG- small cap growth ETF.

Current signal-buy.

XLP—consumer staples

Current signal-sell short.

IWR—Russell midcap

Current signal-buy.

Each chart shows daily prices (top portion), volume (bottom portion), a moving average (smoothed line on price portion, and red spikes. The spikes show potential places to buy and sell short. If the moving average is trending down, the spike shows a potential sell short. If the moving average is trending up, the spike shows a potential buy. The charts do not show selling or covering signals.

ETF Database

Security (1997) Security (Exchange Traded Fund	Symbol	Base	Provider	Exchange Traded Fund	Symbol	Base	Provider
Section Control Cont			Broad	streetTRACKS			Intrntl	iShares
Section Control Cont	DIAMONDS	DIA	Broad	PDR Services LLC	iShares MSCI-Mexico	EWW	Intrntl	BGI
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Descriptions & Disclosures

PORTFOLIO DESCRIPTIONS (pages 2 and 3)

Our guiding goal is to provide the most return with the least risk consistently over time through bull and bear markets.

Income Portfolio, page2: Uses a proprietary selection methodology on all of the monitored bond-oriented ETFs to pick the top ETFs. I then use a proprietary timing model to decide whether to buy, sell, hold, or avoid.

Growth Portfolio, page 3: Uses the same methodologies as in the Income Portfolio, except as it is applied to stock-oriented ETFs.

All portfolios were started on 1/1/10 with \$100,000.

Portfolio changes will usually be made at the close on Monday, unless otherwise noted in any emailed hotline update. Issues are normally posted on Mondays by 1:30pm cst.

Portfolios are updated through the Friday close the week before.

Dividends are reinvested in additional shares. Commissions of \$5/trade and short-term redemption charges, if any, are applied. Interest is zero for the money market (cash) position.

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Unless otherwise noted, the weekly eNewsletter is posted by 1:30 PM central time each Monday, except for holidays and then on Tuesday. It may contain actionable, specific buy or sell advice to take that day at the Monday close in each portfolio. Portfolio data will be updated through the previous Friday's close. Fund symbols, rather than names, are the official identification used for activity.

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