# ETF Selections & Timing

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Volume 2

Issue 2

### New Year and New Approach

Last week I mentioned that I'd look at some proposed changes. The reason is underperformance The Wilshire 5000 was up 16% last year, but the Growth Portfolio was up only half that (8.1%). However, the Income Portfolio did outperform the Aggregate Bond Index

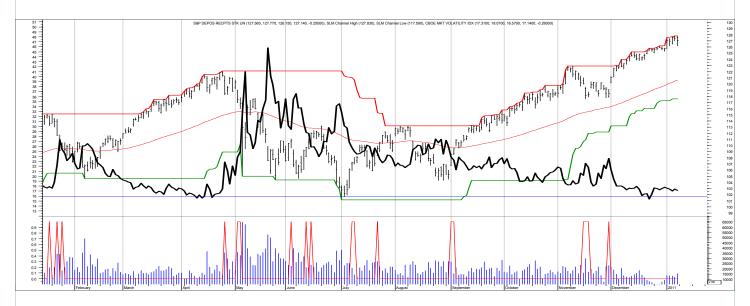
(AGG). The Portfolio was up 4.8%, while the AGG was up 2.5%.

So what should change?

Clearly the uptrends need to be taken advantage of with more emphasis. I've been talking about the two strategies of trading divergences and trends over the last few weeks. Each has advantages and disadvantages. Going forward, I plan to incorporate more trend following strategies with the divergences approach.

This should help participa-

(Continued on bottom right on page 6 see REVIEW)



The chart shows the daily S&P 500 with red smoothed line an 80-day moving average. The black is the VIX index. The lower part shows blue volume and red spikes as possible trading signals.

### **SCOREBOARD**

Model	YTD	52-week	26-week	13-week	4-week	1-week
ETF Income Portfolio	0.0%	4.9%	2.0	-1.7	0.3	0.0%
ETF Growth Portfolio	0.0%	8.0%	6.0	1.0	0.2	0.0%
Aggrgt Bond (AGG)	-0.2%	1.8%	-1.2	-3.0	0.2	-0.2%
Wilshire 5000	1.0%	14.0%	19.6	10.1	2.5	1.0%

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# **Income Portfolio**

ACTION	FOR				PORTFOL	O DETAILS	1			Value as of date:			1/7/2011
Action			Action	# of	Action		Closing		Start	Ending	# of	Current	Percent of
Date	Action	Symbol	Price	Shares	Value	Symbol	Stop	Description	Price	Price	Shares	Value	Total
						PHB			17.71	18.32	561.1	10,279.17	9.8%
4-Oct	sell	PHB	18.28	1,000	18,280	TIP	108.00		104.93	107.58	121.2	13,039.64	12.4%
						BSV	81.00		80.25	80.54	205.2	16,528.26	15.8%
18-Oct	buy	TLT	101.08	100	10,108	AGG			105.13	105.51	169.9	17,920.87	17.1%
						PCY			27.65	26.71	357	9,529.51	9.1%
22-Nov	sell	PHB	18.20	500	9,100	TLT			101.08	92.35	101	9,350.07	8.9%
22-Nov	sell	PCY	27.44	300	8,232								
10-Jan	sell	PHB		all									
10-Jan	buy	TLT		101									
10-Jan	sell	PCY		all									
						Money M	larket			1.00	28,222	28,222.00	26.9%
											Valuation=	104,869.52	100.0%

### PERFORMANCE RANK

SYMBOL	NAV	RoC
HYG	90.29	14.94%
PFF	38.80	11.22%
BWX	58.46	8.22%
PHB	18.19	7.08%
TBF	44.25	1.09%
TIP	107.52	0.42%
LQD	108.44	-0.50%
SHY	83.98	-0.77%
IGOV	102.27	-3.32%
FXE	133.09	-3.73%
AGG	105.75	-3.85%
GVI	107.88	-4.08%
BSV	80.46	-4.13%
BND	80.27	-6.05%
TBT	37.04	-8.07%
PST	42.34	-8.64%
PCY	26.67	-8.74%
IEF	93.82	-10.43%
PLW	27.95	-10.54%
MBB	105.58	-11.79%
TLH	112.70	-14.84%
TLT	94.12	-19.81%

### **INCOME DATABASE**

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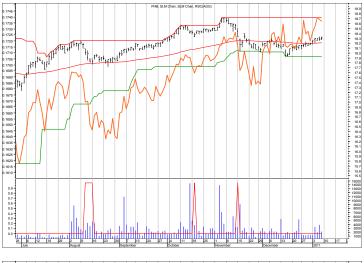
SYMBOL	NAV	RoC
HYG	90.29	14.94%
PFF	38.80	11.22%
BWX	58.46	8.22%
PHB	18.19	7.08%
TBF	44.25	1.09%
TIP	107.52	0.42%
LQD	108.44	-0.50%
SHY	83.98	-0.77%
IGOV	102.27	-3.32%
FXE	133.09	-3.73%
AGG	105.75	-3.85%
GVI	107.88	-4.08%
BSV	80.46	-4.13%
BND	80.27	-6.05%
TBT	37.04	-8.07%
PST	42.34	-8.64%
PCY	26.67	-8.74%
IEF	93.82	-10.43%
PLW	27.95	-10.54%
MBB	105.58	-11.79%
TLH	112.70	-14.84%
TLT	94.12	-19.81%

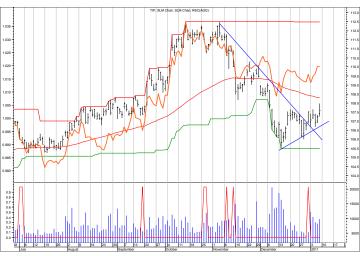
### **WEEKLY REVIEW**

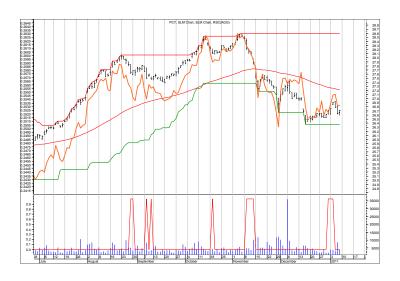
The bond market is becoming very disjointed. The high-yield area continues to outperform, while government bonds have been slammed to the mat. Given this disparity, I will sell the high-yield position (PHB) and add to the government holding (TLT). It is a contrarian trade.

I'll sell PCY on this little bounce in a bear market. Main trend is down, so stand aside.

## **Income Charts**







#### PHB—high yield ETF.

1/10/11 Will take profits.

1/3/11 No change.

12/27/10 Any more bounce?

12/20/10 No change.

12/13/10 Wait for a bounce.

12/6/10 No change.

11/29/10 No change.

11/22/10 Reduce exposure.

11/15/10 Pullback to a major uptrend line. If it declines through it, I will look to sell.

11/8/10 Still looking strong.

11/1/10 Still in an uptrend

10/25/10 Needs to hold its intermediateterm up trend line.

#### TIP—Treasury inflation protection

1/10/11 Look for more rally.

1/3/11 Rally in bear market?

12/27/10 Any more bounce?

12/20/10 Big correction. Should bounce.

12/13/10 Wait for a bounce.

12/6/10 No change.

11/29/10 No change.

11/22/10 Expect a bounce.

11/15/10 Consolidation appears to have changed to profit taking. Sit tight for now.

11/8/10 Consolidation phase.

11/1/10 Continue to hold.

10/25/10 Shot higher the past month.

#### PCY—-Emerging Market Sovereign Debt

1/10/11 Take the loss and move aside.

1/3/11 Rally in bear market?

12/27/10 Still waiting on a bounce.

12/20/10 Trend change to down.

12/13/10 Dollar stronger oddly.

12/6/10 No change.

11/29/10 Sit tight for now.

11/22/10 Reduce exposure.

11/15/10 Dollar has rallied, which has pulled

PCY lower. Will look to sell.

10/18/10 Nice trade.

Each chart shows daily prices (top portion), volume (bottom portion), a moving average (smoothed red line on price portion, a relative strength indicator between the ETF and AGG (Aggregated bond ETF) (orange line), and red spikes. The spikes show potential places to buy and sell short. If the moving average is trending down, the spike shows a potential sell shorts. If the moving average is trending up, the spike shows potential buys. The charts do not show selling or covering signals.

# **Growth Portfolio**

ACTION	FOR				PORTFOLI	O DETAIL	.S			Value as of date:			1/7/2011
Action			Action	# of	Action		Closing		Start	Ending	# of	Current	Percent of
Date	Action	Symbol	Price	Shares	Value	Symbo	Stop	Description	Price	Price	Shares	Value	Total
						LONG	ETFs-						
22-Nov	sell	XLU	31.22	300	9,376	IWR	101.00		82.25	102.26	121.5	12,424.59	11.5%
22-Nov	sell	ΙΥΜ	71.17	163	11,604								
22-Nov	short	EWP	38.90	(100)	(3,880)	ICF	64.00		63.72	65.40	100.0	6,540.00	6.1%
1-Dec	cover	EWP	36.67	100	3,677								
1-Dec	buy	ICF	63.72	100	6,382								
						RSW			47.93	37.69	100.0	3,769.00	3.5%
6-Dec	short	EWP	37.64	(100)	(3,754)								
20-Dec	sell	EWS	13.45	400	5,390								
						SHORT	ETFs-						
3-Jan	cover	EWP	36.55	100	3,665	RSW is	a 200% sl	nort position					
						Cash fi	om short			1.00	-	-	0.0%
						Money	Market			1.00	85,283	85,283.00	79.0%
										Total '	Valuation=	108,016.59	100.0%

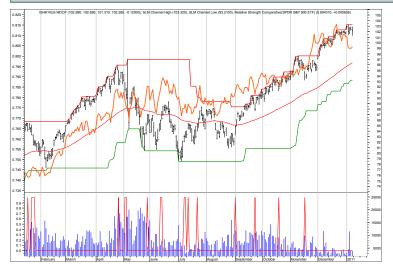
### **WEEKLY REVIEW**

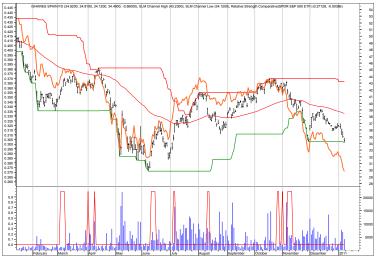
Given my short-term expectation of a market correction, I've put a new stop on ICF and will maintain the tight stop on IWR. Sell on the day it looks like they will close below the stop.

European markets are still facing debt problems. Spain has once again sold off.

See performance rankings of the equity oriented ETFs on page six.

## **Growth Charts**







#### IWR—-Midcap

1/10/11 Maintain tight stop.

1/3/11 Maintain a tight stop.

12/27/10 Tighten the stop again against the steep uptrend.

12/20/10 Will tighten a stop.

12/13/10 Still rallying.

12/6/10 No change.

11/29/10 No change.

11/22/10 Hold for now

11/15/10 Buy on the pullback.

#### EWP—-Spain

1/10/11 Very weak. Spain back in the news.

1/3/11 Cover for now.

12/27/10 Heading back down.

12/20/10 Watch the dominant trend line.

12/13/10 Hold the short.

12/6/10 Reshort.

11/29/10 I shorted this fund on the news of financial troubles.

### ICF—-REIT

1/10/11 May be topping.

1/3/11 Expect recovery highs.

12/27/10 Main trend still up.

Each chart shows daily prices (top portion), volume (bottom portion), a moving average (smoothed red line on price portion), a relative performance indicator between the ETF and S&P 500 (orange line), and red spikes. The spikes show potential buy and sell short signals. Generally speaking, it the moving average is trending down, the spike shows a potential sell short. If the moving average is trending up, but the ETF declines, the spike shows a potential buy. The charts do not show selling or covering signals.

# ETF Growth Performance Page

SYMBOL	NAV	RoC
DSG	109.87	124.21%
IYM	77.46	
EWY	61.19	
EZA	74.68	
EWT	15.62	
EWD	31.23	100.23%
VBK	78.04	
EWW	61.92	
XLE		
	68.25	
IGE	41.69	91.49%
VAW	82.60	
IYE	38.96	
IWM	78.24	
IWP	56.61	82.21%
DBC	27.55	81.72%
IGV	58.42	
VXF	54.41	81.30%
IGN	33.51	80.97%
VB	72.63	
XLB	38.41	78.76%
DSV	68.31	78.57%
ELG	56.51	77.68%
EWM	14.38	77.07%
VCR	60.47	76.57%
IYJ	65.40	75.95%
IWR	101.75	74.49%
VO	74.46	74.00%
PWO	49.80	
XLI	34.87	73.75%
IYT	92.32	73.34%
IAU	13.90	72.72%
GLD	138.72	71.90%
XLY	37.41	70.74%
EWO	22.33	
QQQQ	54.46	70.18%
IXC	39.06	
RSP	47.31	68.09%
EWL	25.08	67.52%
IWS	45.01	66.26%
VUG	61.42	64.15%
ILF	53.86	63.89%
IYW	64.38	63.12%
VBR	66.86	62.58%
EWS	13.85	
IYC	67.66	61.74%
EEM	47.64	60.26%
VGT	61.52	59.93%
EWC	31.00	59.93%
IGM		
PWC	60.45	59.67% 50.10%
	44.01	59.19%
VTI	64.93	58.62%

IYY	63.40	57.13%
ICF	65.72	56.91%
XLK	25.19	56.50%
IXN	61.42	55.91%
ISI	57.25	55.57%
VV	57.61	55.27%
IGW	47.70	55.16%
RWR	61.02	54.99%
EWA	25.44	52.76%
IYK	64.55	51.97%
EPP	46.98	51.16%
IYR	55.96	50.98%
EWH	18.92	50.85%
OEF	56.67	48.37%
ELV		47.37%
EWU	63.47	
	17.37	47.36%
ITF	47.53	45.50%
DVY	49.86	45.31%
EWJ	10.91	43.48%
PEY	8.86	43.23%
EWG	23.94	43.11%
VFH	32.88	39.09%
DGT	58.46	38.93%
EWN	21.09	37.34%
IYF	57.48	36.75%
EFA	58.22	36.68%
EWZ	77.40	36.52%
XLF	15.95	35.08%
XLP	29.31	33.85%
IYG	57.57	33.81%
100	62.27	33.22%
IXP	58.27	30.71%
IYH	65.37	30.59%
PGJ	26.64	29.93%
IEV	39.28	28.92%
VDC	73.39	27.97%
VHT	56.25	27.78%
XLV	31.50	27.05%
IX I	51.76	24.70%
IDU VPU EWQ	77.10	20.04%
VPU	67.08	19.37%
EWQ	24.45	15.79%
IXG	46.13	15.19%
XLU	31.34	14.53%
IBB	84.00	12.06%
FWK	13.13	11.57%
F7U	35.27	10.45%
EZU FEU	33.80	10.43%
FXI	43.09	2.98%
FEZ	36.84	-1.18%
EWI		
EWP	16.38	-14.85%
	36.74	-47.68%

The two columns to the left show the rankings of the equity oriented ETFs in our database through the previous Friday's close.

These rankings are based on momentum indicators around which we generally want to trade. Our general strategy is to invest with the stronger performing ETFs by investing with the main trend and against the minor trend down. This means that in a bear (down) market, we want to short the funds that rally against their main trend downward. In a bull market, we want to buy during selloffs with the main trend up.

(Continued from page 1) REVIEW

tion rates, which is being more fully in when the market is rising, but still attempting to be out when it is falling.

Additionally, I will also begin to incorporate the selection process from my monthly No-Load Mutual Fund Selections & Timing Newsletter. This too should lead to greater participation and less whipsaws in the leader boards (shown for example to the left).

All in all, 2010 wasn't a bad year, being up is always a positive, but the underperformance needs to narrow. The changes should help.

# ETF Database

Exchange Traded Fund	Symbol	Base	Provider	Exchange Traded Fund	Symbol	Base	Provider
streetTRACKS DJ Global Titans ETF	DGT	Broad	streetTRACKS	iShares MSCI United Kingdom Index Fund	EWU	Intrntl	iShares
DIAMONDS	DIA	Broad	PDR Services LLC	iShares MSCI-Mexico	EWW	Intrntl	BGI
streetTRACKS DJ Wilshire Small Cap ETF	DSC	Broad	streetTRACKS	iShares MSCI-South Korea Index Fund	EWY	Intrntl	iShares
streetTRACKS DJ Wilshire Small Cap Growth ETF	DSG	Broad	streetTRACKS	iShares MSCI-Brazil Index Fund	EWZ	Intrntl	iShares
streetTRACKS DJ Wilshire Small Cap Value ETF	DSV	Broad	streetTRACKS	iShares MSCI-South Africa	EZA	Intrntl	BGI
iShares Dow Jones Select Dividend Index Fund	DVY	Broad	BGI	iShares MSCI-EMU	EZU	Intrntl	BGI
streetTRACKS DJ Wilshire Large Cap Growth ETF	ELG	Broad	streetTRACKS	streetTRACKS Dow Jones STOXX 50 Index Fund	FEU	Intrntl	streetTRACKS
streetTRACKS DJ Wilshire Large Cap ETF	ELR	Broad	streetTRACKS	streetTRACKS Dow Jones EURO STOXX 50 Index Fund	FEZ	Intrntl	NA
streetTRACKS DJ Wilshire Large Cap Value ETF	ELV	Broad	streetTRACKS	iShares FTSE/Xinhua China 25 Index Fund	FXI	Intrntl	BGI
streetTRACKS DJ Wilshire Mid Cap Growth ETF	EMG	Broad	streetTRACKS	iShares S&P Europe 350 Index Fund	IEV	Intrntl	iShares
streetTRACKS DJ Wilshire Mid Cap ETF	EMM	Broad		iShares S&P Latin America 40	ILF	Intrntl	BGI
streetTRACKS DJ Wilshire Mid Cap Value ETF	EMV	Broad		iShares S&P/TOPIX 150	ITF	Intrntl	BGI
First Trust Dow Jones Select MicroCap Index Fund	FDM		First Trust ETF	Vanguard European VIPERs	VGK	Intrntl	Vanguard
streetTRACKS Gold Shares	GLD	Broad	streetTRACKS	Vanguard Pacific VIPERs	VPL	Intrntl	Vanguard
iShares COMEX Gold Trust	IAU	Broad	iShares	Vanguard Emerging Markets VIPERs	VWO	Intrntl	Vanguard
iShares S&P MidCap 400 Index Fund	IJH	Broad	iShares	iShares Nasdaq Biotechnology	IBB	Sector	BGI
iShares S&P MidCap 400 Value Index Fund	IJJ IJK	Broad	iShares iShares	iShares Cohen & Steers Realty Majors	ICF IDU	Sector Sector	BGI iShares
iShares S&P MidCap 400 Growth Index Fund iShares S&P SmallCap 600 Index Fund	IJR	Broad Broad	iShares	iShares Dow Jones U.S. Utilities Sector Index Fund iShares Goldman Sachs Natural Resources	IGE	Sector	BGI
iShares S&P SmallCap 600 Value Index Fund	IJS	Broad	iShares	iShares Goldman Sachs Technology	IGM	Sector	BGI
iShares S&P SmallCap 600 Growth Index Fund	IJT	Broad	iShares	iShares Goldman Sachs Networking	IGN	Sector	BGI
iShares S&P 1500 Index Fund	ISI	Broad	iShares	iShares Goldman Sachs Software	IGV	Sector	BGI
iShares S&P 500 Value Index Fund	IVE	Broad	iShares	iShares Goldman Sachs Semiconductor	IGW	Sector	BGI
iShares S&P 500 Index	IVV	Broad	iShares	iShares S&P Global Energy Sector	IXC	Sector	BGI
iShares S&P 500 Growth Index Fund	IVW	Broad		iShares S&P Global Financial Sector	IXG	Sector	BGI
iShares Russell 1000	IWB	Broad	BGI	iShares S&P Global Healthcare Sector	IXJ	Sector	BGI
iShares Russell 1000 Value	IWD	Broad		iShares S&P Global Information Technology Sector	IXN	Sector	BGI
iShares Russell 1000 Growth	IWF	Broad		iShares S&P Global Telecommunications Sector	IXP	Sector	BGI
iShares Russell 2000	IWM	Broad		iShares Dow Jones U.S. Consumer Services Sector Index Fund	IYC	Sector	iShares
iShares Russell 2000 Value	IWN	Broad		iShares Dow Jones U.S. Energy Sector Index Fund	IYE	Sector	iShares
iShares Russell 2000 Growth	IWO	Broad	BGI	iShares Dow Jones U.S. Financial Sector Index Fund	IYF	Sector	iShares
iShares Russell Midcap Growth Index Fund	IWP	Broad	BGI	iShares Dow Jones U.S. Financial Services Index Fund	IYG	Sector	iShares
iShares Russell Midcap Index Fund	IWR	Broad		iShares Dow Jones U.S. Healthcare Sector Index Fund	IYH	Sector	iShares
iShares Russell Midcap Value Index Fund	IWS	Broad		iShares Dow Jones U.S. Industrial Sector Index Fund	IYJ	Sector	iShares
iShares Russell 3000	IWV	Broad		iShares Dow Jones U.S. Consumer Goods Sector Index Fund	IYK	Sector	iShares
iShares Russell 3000 Value	IWW	Broad	BGI	iShares Dow Jones U.S. Basic Materials Sector Index Fund	IYM	Sector	iShares
iShares Russell 3000 Growth	IWZ	Broad	BGI	iShares Dow Jones U.S. Real Estate Index Fund	IYR	Sector	iShares
iShares Dow Jones U.S. Total Market Index	IYY	Broad	iShares	iShares Dow Jones Transportation Average Index Fund	IYT	Sector	iShares
MidCap SPDRS	MDY	Broad	PDR Services LLC	iShares Dow Jones U.S. Technology Sector Index Fund	IYW	Sector	iShares
iShares S&P 100 Index Fund	OEF	Broad	BGI	iShares Dow Jones U.S. Telecommunications Sector Index Fund	IYZ	Sector	iShares
SPDR O-Strip ETF	000	Broad	State Street	streetTRACKS KBW Bank ETF	KBE	Sector	streetTRACKS
PowerShares WilderHill Clean Energy Portfolio	PBW	Broad	PowerShares ETF	streetTRACKS KBW Capital Markets ETF	KCE	Sector	streetTRACKS
PowerShares High Yield Equity Dividend Achievers Portfolio	PEY	Broad	PowerShares ETF	streetTRACKS KBW Insurance ETF	KIE	Sector	streetTRACKS
PowerShares Dividend Achievers Portfolio	PFM	Broad	PowerShares ETF	streetTRACKS Morgan Stanley Technology ETF	MTK	Sector	streetTRACKS
PowerShares Golden Dragon Halter USX China Portfolio	PGJ	Broad	PowerShares ETF	PowerShares Dynamic Biotechnology & Genome Portfolio	PBE	Sector	PowerShares ETF
PowerShares High Growth Rate Dividend Achievers Portfolio	PHJ	Broad		PowerShares Dynamic Food & Beverage Portfolio	PBJ	Sector	PowerShares ETF
PowerShares International Dividend Achievers Portfolio	PID		PowerShares ETF	PowerShares Dynamic Media Portfolio	PBS	Sector	
PowerShares Value Line Timeliness Select Portfolio	PIV	Broad	PowerShares ETF	PowerShares Dynamic Leisure & Entertainment Portfolio	PEJ	Sector	PowerShares ETF
PowerShares Dynamic Large Cap Growth Portfolio	PWB	Broad	PowerShares ETF	PowerShares Water Resource Portfolio	PHO	Sector	PowerShares ETF
PowerShares Dynamic Market Portfolio	PWC	Broad	PowerShares ETF	PowerShares Dynamic Hardware & Consumer Electronics Portfolio	PHW	Sector	PowerShares ETF
PowerShares Dynamic Mid Cap Growth Portfolio	PWJ	Broad	PowerShares ETF	PowerShares Dynamic Insurance Portfolio	PIC	Sector	PowerShares ETF
PowerShares Dynamic OTC Portfolio	PWO	Broad	PowerShares ETF	PowerShares Dynamic Pharmaceuticals Portfolio	PJP		PowerShares ETF
PowerShares Dynamic Mid Cap Value Portfolio	PWP	Broad	PowerShares ETF	PowerShares Dynamic Building & Construction Portfolio	PKB	Sector	PowerShares ETF
PowerShares Dynamic Small Cap Growth Portfolio	PWT	Broad	PowerShares ETF	PowerShares Dynamic Retail Portfolio	PMR	Sector	
PowerShares Dynamic Large Cap Value Portfolio	PWV	Broad	PowerShares ETF	PowerShares Aerospace & Defense Portfolio	PPA	Sector	PowerShares ETF
PowerShares Dynamic Small Cap Value Portfolio	PWY	Broad	PowerShares ETF	PowerShares Dynamic Semiconductors Portfolio	PSI	Sector	PowerShares ETF
PowerShares Zacks Micro Cap Portfolio	PZI	Broad	PowerShares ETF	PowerShares Dynamic Software Portfolio	PSJ	Sector	PowerShares ETF
Nasdaq-100 Index Tracking Stock	QQQQ RSP	Broad	Nasdaq Financial Products Rydex ETF	PowerShares Dynamic Telecom & Wireless Portfolio	PTE PUI	Sector	PowerShares ETF
Rydex S&P Equal Weight ETF SPDR Dividend ETF	SDY	Broad Broad	,	PowerShares Dynamic Utilities Portfolio PowerShares Dynamic Energy Exploration & Production Portfolio	PXE	Sector	PowerShares ETF PowerShares ETF
SPDR Dividend ETF SPDRS	SPY		PDR Services LLC	PowerShares Dynamic Energy Exploration & Production Portfolio  PowerShares Dynamic Oil Services Portfolio	PXL	Sector	PowerShares ETF
streetTRACKS DJ Wilshire Total Market ETF	TMW		streetTRACKS	PowerShares Lux Nanotech Portfolio	PXJ		PowerShares ETF
Vanguard Small-Cap VIPERs	VB		Vanguard	PowerShares Dynamic Networking Portfolio	PXQ		PowerShares ETF
Vanguard Small-Cap Virers  Vanguard Small-Cap Growth VIPERs	VBK		Vanguard	streetTRACKS DJ Wilshire REIT ETF	RWR	Sector	
Vanguard Small-Cap Value VIPERs	VBR		Vanguard	Vanguard Materials VIPERs	VAW	Sector	Vanguard
Vanguard Mid-Cap VIPERs	VO	Broad		Vanguard Consumer Discretionary VIPERs	VCR	Sector	Vanguard
Vanguard Total Stock Market VIPERs	VTI		Vanguard	Vanguard Consumer Staples VIPERs	VDC	Sector	Vanguard
Vanguard Value VIPERs	VTV		Vanguard	Vanguard Energy VIPERs	VDE	Sector	
Vanguard Growth VIPERs	VUG		Vanguard	Vanguard Financials VIPERs	VFH		Vanguard
Vanguard Large-Cap VIPERs	VV	Broad		Vanguard Information Technology VIPERs	VGT	Sector	Vanguard
Vanguard Extended Market VIPERs	VXF	Broad		Vanguard Health Care VIPERs	VHT	Sector	Vanguard
Rydex Russell Top 50 ETF	XLG		Rydex ETF	Vanguard Industrials VIPERs	VIS	Sector	-
iShares MSCI Emerging Markets	EEM	Intrntl		Vanguard REIT VIPERs	VNQ	Sector	-
iShares MSCI-EAFE	EFA	Intrntl		Vanguard Telecommunication Services VIPERs	VOX		Vanguard
iShares MSCI-Pacific Ex-Japan	EPP	Intrntl	BGI	Vanguard Utilities VIPERs	VPU	Sector	Vanguard
iShares MSCI-Australia	EWA	Intrntl	BGI	Select Sector SPDR-Materials	XLB	Sector	State Street
iShares MSCI-Canada		Intrntl	BGI	Select Sector SPDR-Energy	XLE	Sector	State Street
iShares MSCI Sweden Index Fund	EWC			Select Sector SPDR-Financial	XLF	Sector	State Street
iShares MSCI-Germany	EWD	Intrntl	iShares				State Street
	EWD EWG	Intrntl	BGI	Select Sector SPDR-Industrial	XLI	Sector	
iShares MSCI Hong Kong Index Fund	EWD EWG EWH	Intrnti Intrnti	BGI iShares	Select Sector SPDR-Technology	XLK	Sector	State Street
iShares MSCI Hong Kong Index Fund iShares MSCI Italy Index Fund	EWD EWG EWH	Intrntl Intrntl Intrntl	BGI iShares iShares	Select Sector SPDR-Technology Select Sector SPDR-Consumer Staples	XLK XLP	Sector Sector	State Street State Street
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# **Descriptions & Disclosures**

### **PORTFOLIO DESCRIPTIONS (pages 2 and 3)**

Our guiding goal is to provide the most return with the least risk consistently over time through bull and bear markets.

Income Portfolio, page2: Uses a proprietary selection methodology on all of the monitored bond-oriented ETFs to pick the top ETFs. I then use a proprietary timing model to decide whether to buy, sell, hold, or avoid.

Growth Portfolio, page 3: Uses the same methodologies as in the Income Portfolio, except as it is applied to stock-oriented ETFs.

All portfolios were started on 1/1/10 with \$100,000.

Portfolio changes will usually be made at the close on Monday, unless otherwise noted in any emailed hotline update. Issues are normally posted on Mondays by 1:30pm cst.

Portfolios are updated through the Friday close the week before.

Dividends are reinvested in additional shares. Commissions of \$5/trade and short-term redemption charges, if any, are applied. Interest is zero for the money market (cash) position.

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Unless otherwise noted, the weekly eNewsletter is posted by 1:30 PM central time each Monday, except for holidays and then on Tuesday. It may contain actionable, specific buy or sell advice to take that day at the Monday close in each portfolio. Portfolio data will be updated through the previous Friday's close. Fund symbols, rather than names, are the official identification used for activity.

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